Park View Newsletter



November 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Park View, where everyone is made to feel welcome with our warm, friendly atmosphere, a real home away from home for all.

Birthdays this month…

1st – Pam B

3rd – Gillian H

16th – Olive R

EMPLOYEE OF THE MONTH GOES TO...

Thank you, Susmita, for all of your hard work.

Susmita



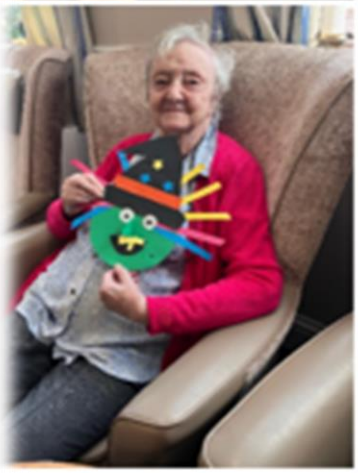
November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
						Getting to Know You 1
Bowling Golden Oldies Sing Along 2	Famous Faces and Places Quiz Armchair exercises Move with Maz 3	Bonfire reminisce Bingo Yoga with Clemmie 2pm 4	Leo singing in the lounge Hot dogs and firework fun 5	News and Natter Bowling Rise and Shine exercises 6	Poppy colouring and puzzles 7	Remembrance Sunday Service from Cenotaph on tv 8
Bean Bag Toss Balloon and and Ball Games 9	11am Music Therapy Simon Says Armchair exercises Move with Maz 10	Remembrance Day Reminisce and Remember stories from our past War Time songs 11	Target Toss News and Natter 12	Garden tidy Catchphrase 13	Musical Bingo Rise and Shine Exercises 14	Memory Games Salvation Army Visit 2pm 15
Puzzle afternoon Name Five Quiz 16	Card Games Armchair exercises Move with Maz 17	Christmas photos Bingo 18	Puzzles and word search 19	Caberet with Janet 2pm group dice games 20	Puzzles and word search 21	Monthly matinee 22
Arts and Crafts Matching Games Puzzles and word search 23	group dice games Clare singing 2pm Armchair exercises Move with Maz 24	Puzzles and word search Yoga with Clemmie 2pm Bingo Card Games 25	Complete the Phrase Quiz Hand Exercises 26	Games Afternoon Themed Bingo Puzzles and word search group dice game 27	News and Natter Rise and Shine Exercises 28	Puzzles and word search 29
Jigsaws and mental agility puzzles 30						

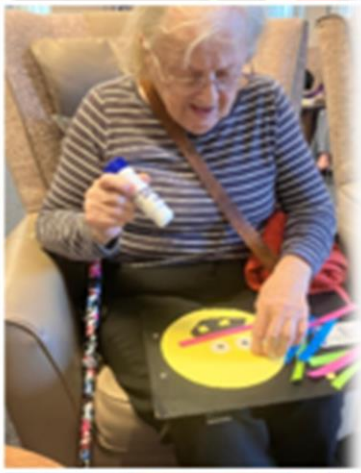
Halloween craft

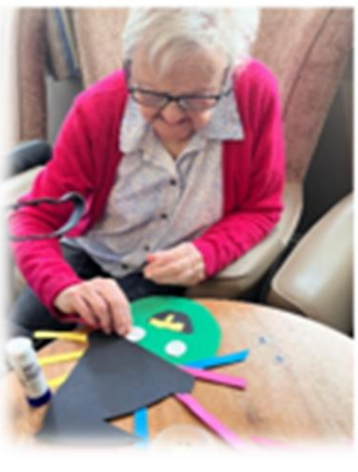
















Music Therapy







Billy Be Band

















Anna













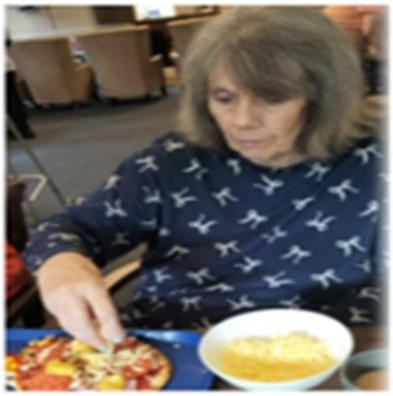


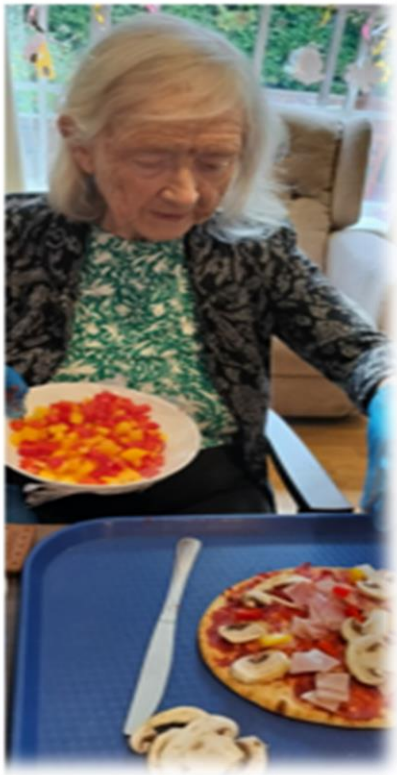


Pizza Making









Rosa's Retirement

















October Round Up…

Hello everyone.



Well Autumn has definitely arrived now and we have enjoyed the cooler days.
Here at Park View we have been busy.
We made some delicious pizzas (Dominos eat your heart out)which were enjoyed as a lovely hot snack in the afternoon. Our artistic skills were channeled into some fabulous decorations for the lounge ready for Halloween.

We have been singing and dancing to the brilliant Billy Be Band and with the beautiful Anna. They have given us some wonderful afternoons and we really do have some great dancers here and pitch perfect singers
Clemmie has been keeping us relaxed and calm with her yoga classes.
We had a blast as ever with our regular music therapy from the lovely Claire getting us all moving.

Sadly we said farewell and happy retirement to the lovely Rosa. 😢We gave her a rousing send off and last game of Bingo. Thank you to everyone who came. She will be greatly missed
Looking forward to November we will be having a visit from the local nursery school who have some harvest gifts for us.

Leo singing on Thursday 5th 2pm followed indoor lights and hot dogs and soup
Cabaret by Janet on 20th at 2pm
Clare singing on Tuesday 24th 2pm

We shall be having a Christmas fundraising raffle in December and any donations will be gratefully received
As always thank you for all your help and support you make everything possible. Keep smiling and stay safe .

Much love Marion and Rosa 😁