The Oast Newsletter

November 2026



What we got up to in September

We had just one birthday this month,

Jill enjoyed her cake



We played games



Our ladies enjoyed a manicure



We tried musical bingo which was so much fun,





We saw Benny the therapy dog ,





As always we had some fun dancing and singing





Our Head Cook Sharon won employee of the month



And we got ready for Halloween, Pumpkins galore!







All finished off with a lovely Halloween Buffet



What we look forward to in November:

- 3rd , Phil and Kathy will sing for us
- 5th Kevin Walsh singing and dancing
- 5th Bonfire day special lunch
- 9th Diwali lunch
- 12th Seated exercises
- 17th a visit from the church
- 20th Reiki with Nick

As always, thank you for your support.

Sarah and The Oast family