

Park View Newsletter



October 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Park View, where everyone is made to feel welcome with our warm, friendly atmosphere, a real home away from home for all.

Birthdays this month...

3rd – Barbara

6th – Kim

10th – John K

13th – Valerie

31st - Glynis

EMPLOYEE OF THE MONTH GOES TO...

Helen

Thank you, Helen, for all of your hard work.



October 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1 Autumn Flower Arranging Autumn Arts and Crafts	2 Bingo Fun Relax with Rosa	3 Musical Bingo Rise and Shine Exercises Decorate your Walker	4 Getting to Know You Residents' Choice
5 Move with Maz Bowling Golden Oldies Sing Along	6 Famous Faces and Places Quiz Armchair Exercises Leo singing 2pm	7 Bingo Yoga with Clemmie 2pm	8 Target Toss Reminisce With Rosa	9 Relax With Rosa Catchphrase	10 News and Natter	11 Monthly Matiee
12 Bean Bag Toss Move with Maz Balloon and and Ball Games	13 11am Music Therap y Carpet Bowls	14 Who Wants to Be a Millionaire Quiz Bingo Pizza Making afternoon	15 Matching Pairs Games Nature Quiz	16 Crosswords and Word Search Pumpkin Decorating	17 Rise and Shine Exercises Sing along	18 Nail Painting Afternoon
19 Card Games Move with Maz Name Five Quiz	20 Armchair exercises Billy Be Band 2pm Pumpkin Bowling	21 Bingo Yoga with Clemmie 2pm	22 Chocolate Quiz Paper Flower Craft	23 Games Afternoon Themed Bingo Nursery visit 9.30	24 News and Natter	25 Salvation Army Visit 2pm
26 Move with Maz Halloween Trivia Quiz	27 Armchair exercises Anna Entertains 2pm Pumpkin bowling	28 Autumn Crafts Bingo Card Games	29 Halloween Decorating Complete the Phrase Quiz Hand Exercises	30 Halloween Party 2pm	31 Rise and Shine Exercises	















Marion & Rosa's Round Up



A very warm welcome to this month's newsletter.

We can't really believe it's Autumn already with all this lovely sunshine. The garden is looking superb and we have been lucky enough to have had some afternoons outside .

We began with the handsome Alex singing all our favourite songs followed by a superb afternoon with Jenny who made superstars of our talented residents. We had a chance to hear your individual singing voices which was amazing.

We said farewell and good luck to Audrey as she moves to her new home. The Salvation Army gave her a great send off followed by heartthrob Matt (who many of our ladies have a soft spot for) singing.

We had a fun morning planting up our pots and flower boxes with some spring bulbs so hopefully we should have a lovely display next year.

Cake decorating made a welcome return this month always a firm favorite especially the eating!!!!

Many thanks to everyone, families and staff who came to support the Macmillian fund raising afternoon. We raised £63 for this important charity.

Our regular yoga sessions with Clemmie kept us relaxed and calm .

Claire brought her boundless energy with another fun session .

Looking forward to October we have some sad news. Rosa is hanging up her Bingo Wings and retiring on 30th October. We will be having a party in the afternoon so please come and wish her well. She will be very much missed by everyone, so come and give her a rousing send off (and a final game of bingo)

Other events this month include

Leo singing on the 6th at 2pm

Billy Be Band on 19th at 2pm

Anna entertaining on 27th at 2pm

Yoga on 7th and 21st at 2pm

Music Therapy on 13th at 11am

We are very fortunate to have been donated a holiday at Allhallows Caravan park for 2027 season. This will be raffled to raise money for the residents fund. Details to follow soon.

Keep your eyes on the notice board for more details and other activities. We welcome families and friends to come-along and join in.

Well I think that's all for now. hope everyone has a happy and healthy month. Thank you for your continued help and support.

Rosa and Marion x