

ST. STEPHENS

NEWSLETTER

October 2026



Employee of the Month

CHARLOTTE



A colorful poster celebrating Charlotte as the Employee of the Month for September. The poster features a rainbow border, stars, and confetti. At the top, the text 'EMPLOYEE of the MONTH' is written in large, colorful letters. Below this, a pink banner reads 'LAST 15 YEARS' and a gold banner reads 'SEPTEMBER'. A circular photo of Charlotte, a woman with blonde hair wearing a pink shirt and a flower lei, is positioned on the left. To the right of the photo, there are three paragraphs of text. At the bottom left, the name 'Charlotte' is written in a large, stylized font. At the bottom right, there is a 'Thank you for everything you do!' message and the St. Stephen's logo.

EMPLOYEE
— of the —
MONTH
LAST 15 YEARS
SEPTEMBER


Charlotte

We are delighted to award Employee of the Month to our absolute rockstar, **Charlotte**, who has officially been our Star Employee for the last **15 years!**

As our Senior Healthcare Assistant, Charlotte has stuck with St. Stephen's Nursing Home through thick and thin. She remembers the legendary pre-COVID days of a higher staffing levels and bustling resident activities and outings, powered through the dark, chaotic days of the pandemic when everything felt uphill, and has been completely integral in building our home back up to the warm, vibrant place it is today.

To say she is skilled and organised is an understatement—Charlotte is basically the glue holding us together! All the residents know they can count on her to have their best interests at heart, and her dedication is unmatched.

Let's be honest, anyone who is not only willing to take residents out at a moment's notice but will push a wheelchair up the steep hill back to our home deserves not only a medal, but a fully funded subscription to a chiropractor!

We are so incredibly grateful that you stuck with us, Charlotte, and we are holding onto you tightly as you help us carry St. Stephen's forward to becoming the absolute best it has ever been. You are truly amazing, and we value you more than words can say!

Thank you for everything you do!

 **St. Stephen's**

Welcome to our September roundup!

Well, September certainly didn't believe in sitting still! From seaside adventures and ice creams to chair dancing, vintage buses and getting ambushed by skeletons and disembodied hands, it's safe to say we've had a month full of fun, laughter and the occasional *"What on earth is going on here?"* moment!



We headed to the seaside for the traditional fish and chips... although, rather hilariously, **nobody actually had fish and chips!** There were ice creams, drinks and plenty of seaside fun instead.



We ventured out for trips to Deal, tested our skills (and possibly our luck!) in the amusement arcades and enjoyed a trip to the ice cream parlour.



Folkestone to see the boats and visit the beer garden!



We also made time for plenty of drinks.....

indoors



and outdoors



Back at the home the amazing Carole from CJ Dance and fitness brought her abundance of energy to a seated chair dancing session



Then we joined her at the exercise classes at Temple Ewell Village Hall



And kept up the moving and grooving at MAPS!



Explored the vintage bus rally



Went on the hunt for Halloween and Christmas decorations



And discovered that skeletons and bodyless hands have no respect for personal space!!



and when our lift decided it needed a holiday of its own for a day or 2, we simply turned the bedrooms into themed diners



And invited our friends to dinner!



Nothing was stopping us having fun!!

We got in some music practice ahead of our Music Therapy Session this month



And our gardener put together new planters



And to round off the month, we headed to Wingham Wildlife Park to hang around with the monkeys and meet plenty of other furry residents!



OCTOBERS' EVENTS

3rd

Bernards Birthday

7th

Davids Birthday

Residents Meeting

13th

Exercise with Loren

16th

Trevor to Sing & Play Guitar

27th

Exercise with Loren

28th

Halloween Party

29th

Music & Pet Therapy

GETTING IN TOUCH

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