

Blair Park



Newsletter

September 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



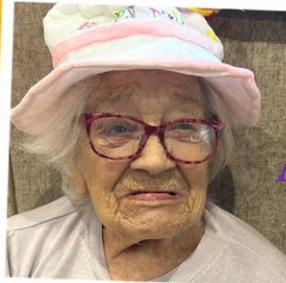
Residents celebrating their birthday this month
are...



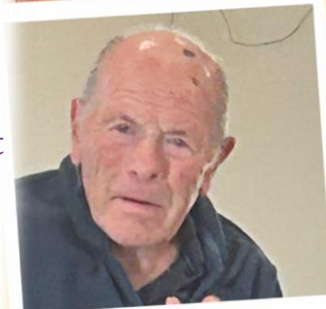
Bill - 25th



Wendy - 12th



Audrey - 26th



Brian - 21st



Chris - 29th



Jackie - 23rd



Wishing you all a very happy birthday xx



A little preview of what we got up to in August...

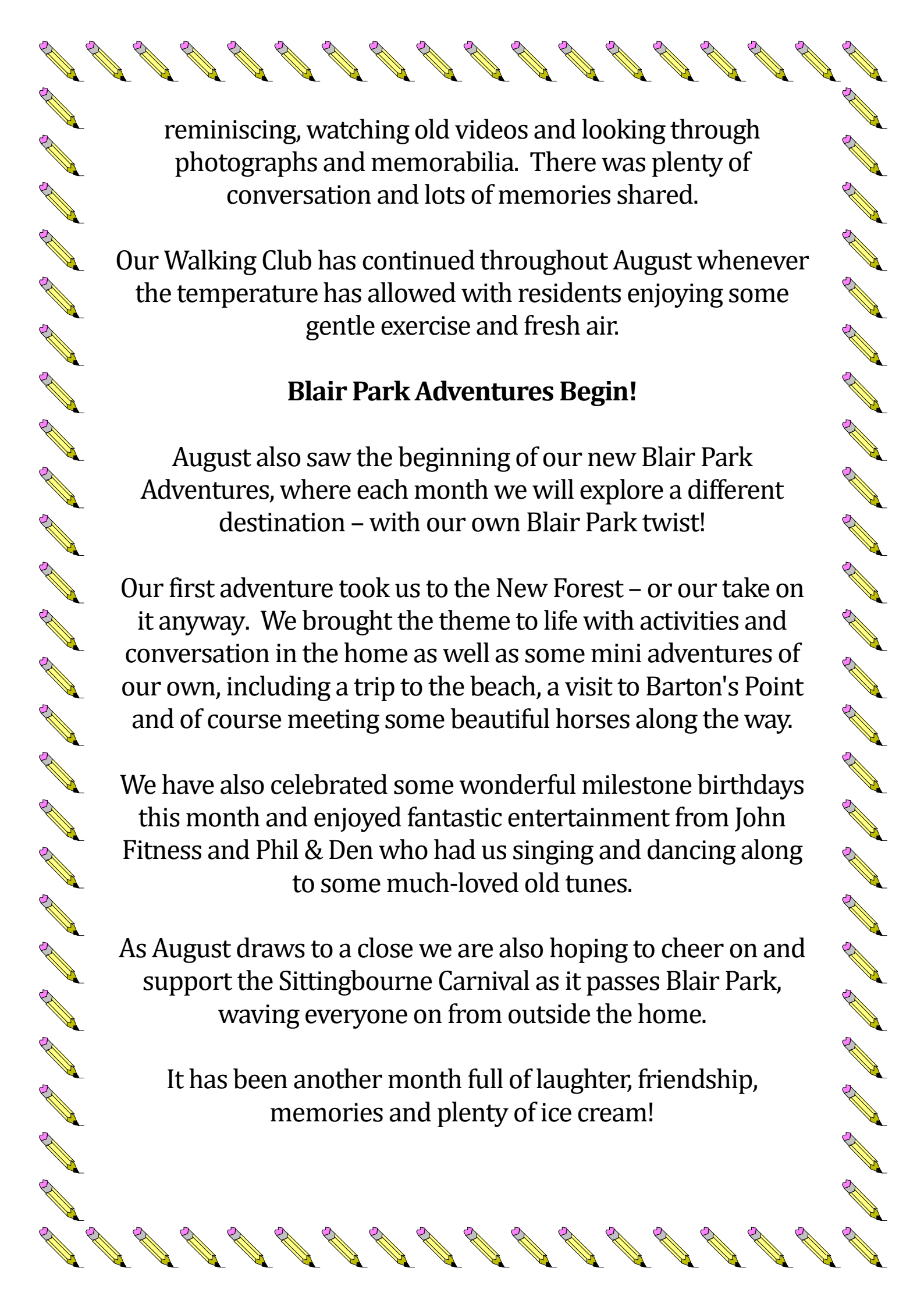
August has certainly been a busy month at Blair Park – and an extremely hot one too! Despite the seemingly endless sunshine and heatwaves we have still managed to pack the month with plenty of fun, outings, entertainment and special moments.

We started August in style with our Summer Fair. Residents, families, friends and visitors enjoyed a wonderful afternoon listening to the Criterion Strummers, cooling down with ice creams and browsing the fantastic craft stalls.

The event raised just over £400 for our Residents' Fund. We would like to say a huge thank you to everyone who helped make the day possible; whether you volunteered, donated, bought raffle tickets, ran a stall or simply came along and supported us on the day we are incredibly grateful. Every penny raised helps us provide more activities, outings and special experiences for our residents.

With the temperatures continuing to rise there has been no shortage of ice lollies, ice creams & cooling refreshments around the home! We have enjoyed time relaxing in the garden when the weather allowed and had lots of water and sand fun during our visits from the preschool children.

We also discovered a little piece of local history with a visit to the Old Courthouse Museum in Milton High Street. We were made incredibly welcome and our ladies thoroughly enjoyed



reminiscing, watching old videos and looking through photographs and memorabilia. There was plenty of conversation and lots of memories shared.

Our Walking Club has continued throughout August whenever the temperature has allowed with residents enjoying some gentle exercise and fresh air.

Blair Park Adventures Begin!

August also saw the beginning of our new Blair Park Adventures, where each month we will explore a different destination – with our own Blair Park twist!

Our first adventure took us to the New Forest – or our take on it anyway. We brought the theme to life with activities and conversation in the home as well as some mini adventures of our own, including a trip to the beach, a visit to Barton's Point and of course meeting some beautiful horses along the way.

We have also celebrated some wonderful milestone birthdays this month and enjoyed fantastic entertainment from John Fitness and Phil & Den who had us singing and dancing along to some much-loved old tunes.

As August draws to a close we are also hoping to cheer on and support the Sittingbourne Carnival as it passes Blair Park, waving everyone on from outside the home.

It has been another month full of laughter, friendship, memories and plenty of ice cream!



LENA OUT &
ABOUT



SHOPPING TRIP 3RD AUGUST



MILTON COURT MUSEUM
12TH AUGUST



Tuesday walking
club





MILTON COURT MUSEUM
12TH AUGUST



MILTON COURT MUSEUM
12TH AUGUST





Blair parks
take on
"new
forest"
adventure
13th August

Explore
the World

Explore
the World



SUMMER VIBES

Trip to the beach
13th August

IT'S YOUR
SPECIAL DAY!

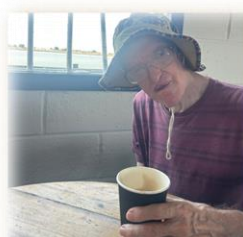




Armchair movement 14th August

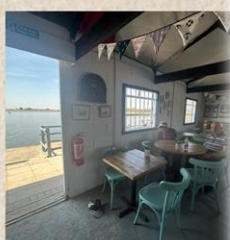


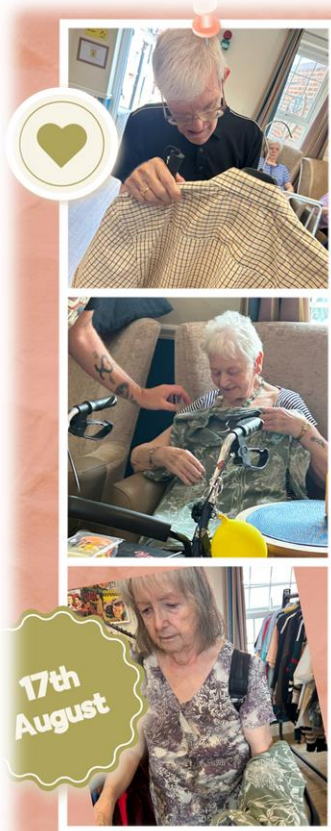
Armchair movement 14th August



Our take on the "new forest" 14th August

explore
the
World

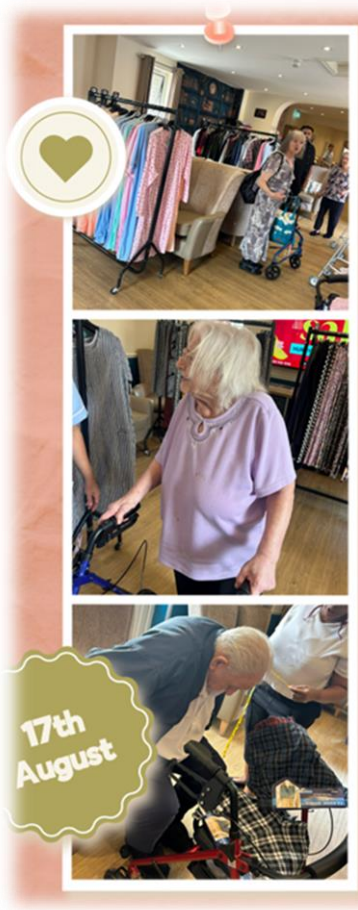




Gemini clothes



Gemini clothes



Gemini clothes

17th August

HELLO sunshine
18th August



**Seniors & preschoolers
afternoon water
& sand fun**

Hello sunshine
18th August



**Seniors & preschoolers
afternoon bubble
fun**

Hello sunshine
18th August



**Seniors & preschoolers
afternoon bubble
fun**





The Tuesday walking club

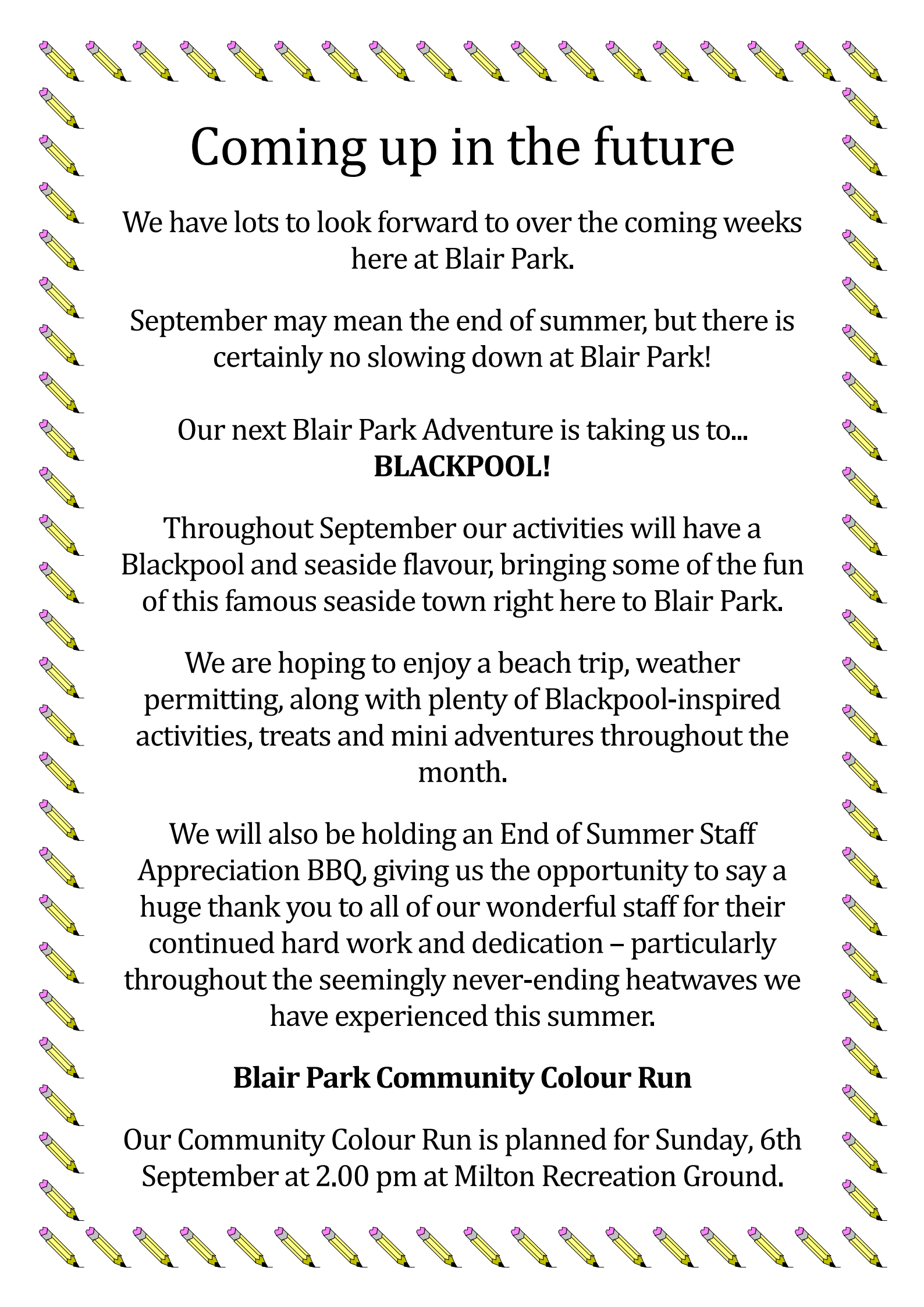


August 25th









Coming up in the future

We have lots to look forward to over the coming weeks here at Blair Park.

September may mean the end of summer, but there is certainly no slowing down at Blair Park!

Our next Blair Park Adventure is taking us to...
BLACKPOOL!

Throughout September our activities will have a Blackpool and seaside flavour, bringing some of the fun of this famous seaside town right here to Blair Park.

We are hoping to enjoy a beach trip, weather permitting, along with plenty of Blackpool-inspired activities, treats and mini adventures throughout the month.

We will also be holding an End of Summer Staff Appreciation BBQ, giving us the opportunity to say a huge thank you to all of our wonderful staff for their continued hard work and dedication – particularly throughout the seemingly never-ending heatwaves we have experienced this summer.

Blair Park Community Colour Run

Our Community Colour Run is planned for Sunday, 6th September at 2.00 pm at Milton Recreation Ground.

Sponsorship forms are still available and we would love to see residents' families, staff and members of our local community joining us for what we hope will be a colourful and fun afternoon together.

Further information will be shared with families.

There have also been some exciting developments behind the scenes.

A Fresh New Look for Our Dining Room

Our residents' dining room has had a lovely re-refresh this month, creating a brighter, more welcoming space for everyone to enjoy mealtimes together. We're really pleased with how it has come together and hope residents and families love the new look as much as we do.



Our Monthly Raffle Begins!

September also sees the launch of our new Monthly Raffle. Tickets will be available for just 50p a strip with a different prize each month. All money raised will go towards our Residents' Fund and help support future activities and outings.



Our improved **Key Worker System** has now been introduced with new Key Worker packs in place and personalised posters up in residents' rooms so residents and families can easily see who their Key Worker is.

Friends & Family

We would like to welcome all our new residents and their families to Blair Park.

As always, we would like to thank our families and friends for your continued support of Blair Park. Whether you attend our events, donate prizes, buy raffle tickets, sponsor us, volunteer your time or simply join us for a cup of tea and a chat your involvement really does make a difference.

Please keep an eye on your emails and the posters displayed around the home for information about upcoming events.

We look forward to another busy month and to making many more wonderful memories together.



Dates for the future

Monthly Themed Raffle – Launching September

Friday, 4th September - End of Summer Staff
Appreciation BBQ

Sunday, 6th September – Community Colour Run

Friday, 30th October – Halloween Party

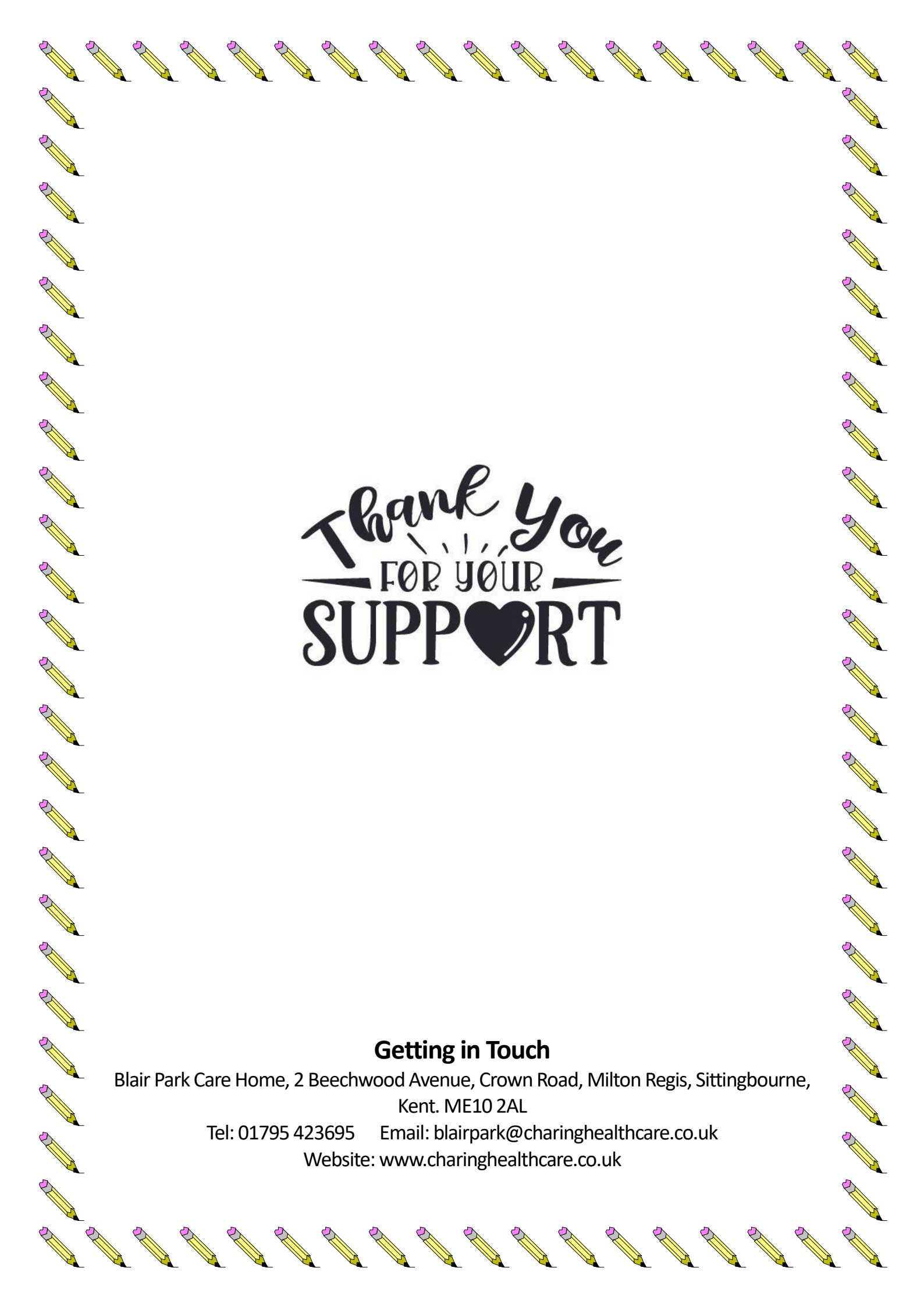
Wednesday, 4th December – Panto – Jack & the
Beanstalk

Wednesday, 16th December – Christmas Meal at the
Jenny Wren

Tuesday, 22nd December – Polar Express Day

Thursday, 24th December – Christmas Eve party

Thursday, 31st December – New Year's Eve party



Thank You FOR YOUR SUPPORT

Getting in Touch

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