Blair Park

CHC
CHARING HEALTHCARE
committed to care and support

Newsletter

September 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!

Residents celebrating their birthday this month are…

Wishing you all a very happy birthday xx

A little preview of what we got up to in August…

August has certainly been a busy month at Blair Park – and an extremely hot one too! Despite the seemingly endless sunshine and heatwaves, we have still managed to pack the month with plenty of fun, outings, entertainment and special moments.

We started August in style with our Summer Fair. Residents, families, friends and visitors enjoyed a wonderful afternoon listening to the Criterion Strummers, cooling down with ice creams and browsing the fantastic craft stalls.

The event raised just over £400 for our Residents' Fund. We would like to say a huge thank you to everyone who helped make the day possible; whether you volunteered, donated, bought raffle tickets, ran a stall or simply came along and supported us on the day, we are incredibly grateful. Every penny raised helps us provide more activities, outings and special experiences for our residents.

With the temperatures continuing to rise, there has been no shortage of ice lollies, ice creams & cooling refreshments around the home! We have enjoyed time relaxing in the garden when the weather allowed and had lots of water and sand fun during our visits from the preschool children.

We also discovered a little piece of local history with a visit to the Old Courthouse Museum in Milton High Street. We were made incredibly welcome and our ladies thoroughly enjoyed

reminiscing, watching old videos and looking through photographs and memorabilia. There was plenty of conversation and lots of memories shared.

Our Walking Club has continued throughout August whenever the temperature has allowed, with residents enjoying some gentle exercise and fresh air.

Blair Park Adventures Begin!

August also saw the beginning of our new Blair Park Adventures, where each month we will explore a different destination – with our own Blair Park twist!

Our first adventure took us to the New Forest – or our take on it anyway. We brought the theme to life with activities and conversation in the home as well as some mini adventures of our own, including a trip to the beach, a visit to Barton's Point and, of course, meeting some beautiful horses along the way.

We have also celebrated some wonderful milestone birthdays this month and enjoyed fantastic entertainment from John Fitness and Phil & Den, who had us singing and dancing along to some much-loved old tunes.

As August draws to a close, we are also hoping to cheer on and support the Sittingbourne Carnival as it passes Blair Park, waving everyone on from outside the home.

It has been another month full of laughter, friendship, memories and plenty of ice cream!

1ST AUGUST
1ST AUGUST
SUMMER FAIR

1ST AUGUST
Tombola
3 tickets for £1
SUMMER FAIR
SUMMER FAIR

Happy birthday
13th February
Make A Wish!

LENA OUT &
ABOUT

shop
local
ENJOY
THE
SUNSHINE
SHOPPING TRIP 3RD AUGUST

MILTON COURT MUSEUM
12TH AUGUST

MILTON COURT MUSEUM
12TH AUGUST

Musical memories
August 11th
PIC·COLLAGE

August
11th
Tuesday walking
club
PIC•COLLAGE

Dominoes game
10th August
PIC•COLLAGE

MILTON COURT MUSEUM
12TH AUGUST

Blair parks take on "new forest" adventure 13th August
explore the World

explore the World

SUMMER VIBES
Trip to the beach
13th August

IT'S YOUR
SPECIAL DAY!

Happy
80th
Birthday
80

Armchair movement 14th August

Armchair movement 14th August

PHIL &
DEN
14TH AUGUST

PHIL &
DEN
14TH AUGUST

Ger Gemini clothes
17th
August

Gemini clothes
17th
August

Milton court museum
19th August
good vibes

Milton court museum
19th August
good vibes

Milton court museum
19th August
good vibes

YAY for ICE CREAM
August 24th
PIC•COLLAGE

YAY For ICE CREAM
August 24th
PIC•COLLAGE

YAY For ICE CREAM
August 24th
PIC•COLLAGE

Barber
August 25th
PIC•COLLAGE

The Tuesday walking club
August 25th

The Tuesday
walking club
PIC•COLLAGE

Memory Lane
Photos
Newspapers
August 26th
Archive music videos!
PIC•COLLAGE

Bingo
August 26th
PIC•COLLAGE

Carnival Day
30th
August

A CARNIVAL TO REMEMBER!

What a fantastic afternoon! Twelve of our residents headed outside to enjoy the carnival procession as it passed right by Blair Park. Armed with colourful streamers, pom-poms and plenty of enthusiasm, we waved and cheered as the wonderful floats and performers passed by. There were smiles, laughter and lots of waving – a wonderful afternoon and some very special memories made.

Coming up in the future

We have lots to look forward to over the coming weeks here at Blair Park.

September may mean the end of summer, but there is certainly no slowing down at Blair Park!

Our next Blair Park Adventure is taking us to...
BLACKPOOL!

Throughout September our activities will have a Blackpool and seaside flavour, bringing some of the fun of this famous seaside town right here to Blair Park.

We are hoping to enjoy a beach trip, weather permitting, along with plenty of Blackpool-inspired activities, treats and mini adventures throughout the month.

We will also be holding an End of Summer Staff Appreciation BBQ, giving us the opportunity to say a huge thank you to all of our wonderful staff for their continued hard work and dedication – particularly throughout the seemingly never-ending heatwaves we have experienced this summer.

Blair Park Community Colour Run

Our Community Colour Run is planned for Sunday, 6th September at 2.00 pm at Milton Recreation Ground.

Sponsorship forms are still available and we would love to see residents' families, staff and members of our local community joining us for what we hope will be a colourful and fun afternoon together.

Further information will be shared with families.

There have also been some exciting developments behind the scenes.

A Fresh New Look for Our Dining Room

Our residents' dining room has had a lovely re-fresh this month, creating a brighter, more welcoming space for everyone to enjoy mealtimes together. We're really pleased with how it has come together and hope residents and families love the new look as much as we do.

Our Monthly Raffle Begins!

September also sees the launch of our new Monthly Raffle. Tickets will be available for just 50p a strip, with a different prize each month. All money raised will go towards our Residents' Fund and help support future activities and outings.

Our improved **Key Worker System** has now been introduced, with new Key Worker packs in place and personalised posters up in residents' rooms so residents and families can easily see who their Key Worker is.

Friends & Family

We would like to welcome all our new residents and their families to Blair Park.

As always, we would like to thank our families and friends for your continued support of Blair Park. Whether you attend our events, donate prizes, buy raffle tickets, sponsor us, volunteer your time or simply join us for a cup of tea and a chat, your involvement really does make a difference.

Please keep an eye on your emails and the posters displayed around the home for information about upcoming events.

We look forward to another busy month and to making many more wonderful memories together.

Dates for the future

Monthly Themed Raffle – Launching September

Friday, 4th September - End of Summer Staff Appreciation BBQ

Sunday, 6th September – Community Colour Run

Friday, 30th October – Halloween Party

Wednesday, 4th December – Panto – Jack & the Beanstalk

Wednesday, 16th December – Christmas Meal at the Jenny Wren

Tuesday, 22nd December – Polar Express Day

Thursday, 24th December – Christmas Eve party

Thursday, 31st December – New Year's Eve party

Getting in Touch

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