

Blair Park



Newsletter

August 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month
are...

Karen



Marcie



Daisy



Irene



Wishing you all a very happy birthday xx



A little preview of what we got up to in July...

July brought plenty of sunshine to Blair Park and although the hot weather meant we had to adapt some of our plans, residents still enjoyed a wonderful month filled with music, laughter and activities.

We were entertained by **Rob and his ukulele**, enjoyed keeping active with **John Fitness** and his popular armchair exercise sessions and welcomed the lovely **Year One children from Milton Court Primary School** who joined us to decorate biscuits and share stories together.

Residents also enjoyed a trip to the cinema to watch *Summer Holiday*, along with a variety of summer-themed activities throughout the home.

To help everyone stay cool during the heatwave we have enjoyed homemade smoothies, ice creams and ice lollies, while making the most of the cooler parts of the day with gentle Walking Club outings and relaxing visits to local tea rooms.

Our creative sessions saw residents making colourful honeycomb bee sun catchers and our summer pub quiz brought plenty of laughter and a little friendly competition.



Blair Park Ascot
sweepstake draw 2nd July

And the Winner
is... **RITA**

Well done & thank
you to all that took
park £23 for the
residents fund and
£23 to the winner





When temperatures rise **STAY COOL**



Cooling
down
with
smoothies



8th July



Cooling
down
with
smoothies



8th July



Cooling
down
with
smoothies



8th July



JULY 8TH

ICE CREAM
STATION

PIC•COLLAGE



ICE CREAM
STATION

JULY 8TH

PIC•COLLAGE













Afternoon walk
23rd July

PIC•COLLAGE



Bingo



July 23rd

PIC•COLLAGE



JULY 24TH

VIRTUAL TOUR OF
AUSTRALIA

PIC•COLLAGE



JULY 24TH

ICE CREAM
STATION

PIC•COLLAGE



DOMINOES GAME
JULY 24TH



July 28th
Pub quiz



PIC•COLLAGE



July 28th
Pub quiz



PIC•COLLAGE



July 28th

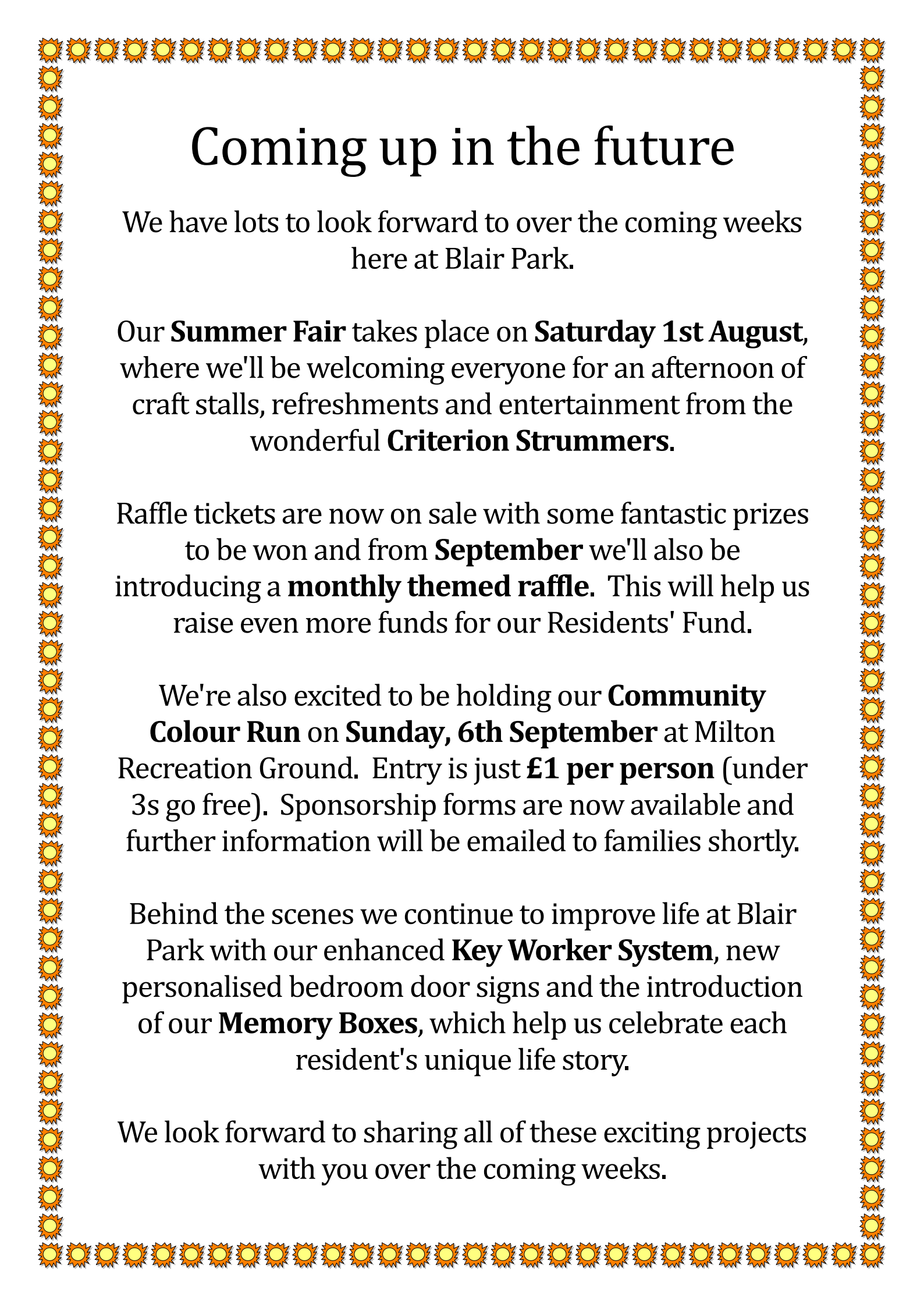


Pub quiz



PIC•COLLAGE





Coming up in the future

We have lots to look forward to over the coming weeks here at Blair Park.

Our **Summer Fair** takes place on **Saturday 1st August**, where we'll be welcoming everyone for an afternoon of craft stalls, refreshments and entertainment from the wonderful **Criterion Strummers**.

Raffle tickets are now on sale with some fantastic prizes to be won and from **September** we'll also be introducing a **monthly themed raffle**. This will help us raise even more funds for our Residents' Fund.

We're also excited to be holding our **Community Colour Run** on **Sunday, 6th September** at Milton Recreation Ground. Entry is just **£1 per person** (under 3s go free). Sponsorship forms are now available and further information will be emailed to families shortly.

Behind the scenes we continue to improve life at Blair Park with our enhanced **Key Worker System**, new personalised bedroom door signs and the introduction of our **Memory Boxes**, which help us celebrate each resident's unique life story.

We look forward to sharing all of these exciting projects with you over the coming weeks.



Friends & Family

We would like to welcome all our new residents and their families to Blair Park.

Thank you to everyone who continues to support our events, fundraising and activities. Your generosity helps us create even more special experiences for our residents.

Please keep an eye on your emails and our notice boards for upcoming events and opportunities to get involved.

If you have any photographs or memorabilia that could help us create your loved one's **Memory Box**, please speak to Tara or Gemma. We would love your support in bringing in these special life stories together.

Thank you for the donations left in our Residents' Fund Donation Box. This will go towards more activity supplies.

With the temperatures still hot can we please ask you to supply a named sunhat and sunscreen (if not already done so) for your loved one so they are able to enjoy going outside. We cannot allow them outside without both on. Thank you.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

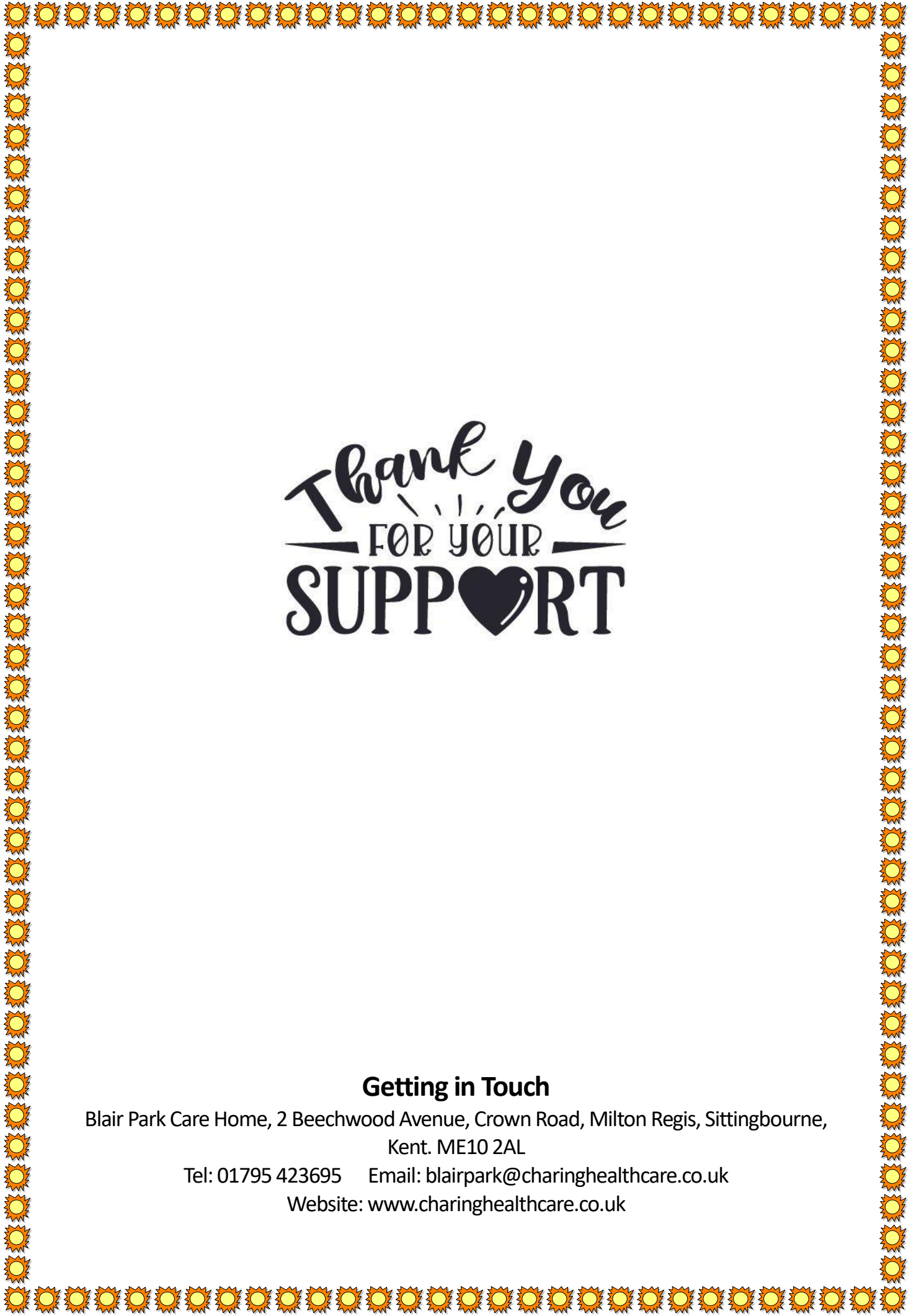
Dates for the future

Saturday, 1st August – 2.00 pm to 5.00 pm - Summer Fair

Tuesday, 18th August – 1.45 pm – 2.30 pm - Seniors & Pre-Schoolers

Sunday, 6th September – Community Colour Run

Monthly Themed Raffle – Launching September



Thank You
FOR YOUR
SUPPORT

Getting in Touch

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