

Blair Park



Newsletter

July 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park. We hope you enjoy!



Residents celebrating their birthday this month
are...



Wishing you all a very happy birthday xx

A little preview of what we got up to in June

Despite the blistering hot temperatures we enjoyed musical entertainment from Keeley as well as plenty of ice cream.

We stepped back to 1966 and watched England be victorious in the World Cup. We also got creative with football arts and crafts.

Royal Ascot was the order of the day on the 18th June. There was great excitement with hobby horse races, a sweepstake, which was won by Rita B and awards for best dressed and picking a winning horse!

Our trip to The Light Bowling Alley provided us with a fantastic morning's entertainment with light refreshments included.

We enjoyed our picnic lunch under the shade from the gazebos in our courtyard garden. This was followed by water target games to help cool us down.

John G Fitness came again to keep us fit.

We also had special food events this month of fish and chips from the chippy and a Father's Day roast.





You make
my heart
Sing



*Entertainment from
Keely 8th June*

You make
my heart
Sing



**BOWLING TRIP
10TH JUNE**

STRIKE





STRIKE



STRIKE



*World Cup arts and crafts
June 11th*



*Hairdressers and nails
June 11th*











**TARGET PRACTICE WATER
BALLOONS TO KEEP COOL IN
THE SUNSHINE**

24TH JUNE





Coming up in the future

“Around the World in 31 Days”

During July we will be participating in activities from each continent. We will also be visiting the local tea rooms and take a trip to the beach.

Our dementia friendly cinema movie trip is to see “Summer Holiday” – a classic favourite.

We will also be tapas tasting and indulging in delicious ice creams.

We’ll be starting our Tuesday walking club so fingers crossed for some slightly cooler weather!!

On Tuesday 7th July we will be celebrating World Chocolate Day with games and a movie.

On Wednesday 8th July we will be taking some of our residents to Minster Leas beach. If you would like to come along and join your relative please let us know by Friday 3rd July for numbers.

On Thursday 16th July, children from Milton Court School will be coming in and decorating cookies with our residents.

Friday 17th July is when we are holding a Stroke Awareness meeting from 2.30pm to 3.30pm. This will be an informative afternoon for families and staff. All are welcome.

On Saturday 18th July at 11.00am we will be having our Relatives’ Meeting. Please let us know if you are attending as

refreshments will be provided. This is a chance to come along and be updated with what's happening at Blair Park and have any questions you may have answered.

On Tuesday 21st July we will be having entertainment from Rob and his ukelele.

On Thursday 23rd July Tina will be in with her Drumfit class.

On Wednesday 29th July, we will be taking some of our residents for a trip to the local tea room.

Dates to Remember:

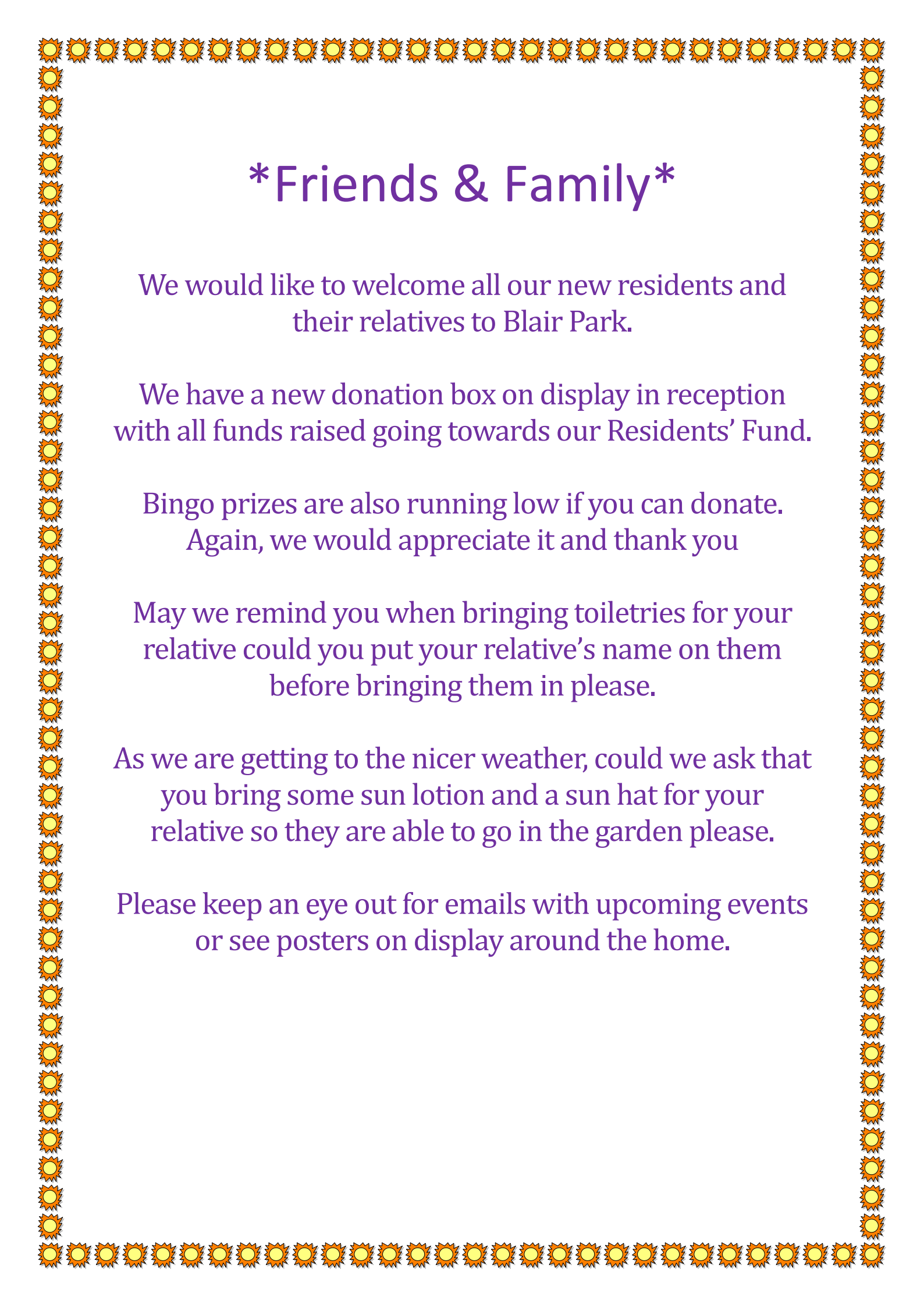
Summer Fair – 1st August – 2.00pm to 5.00pm

We will be having our annual Summer Fayre which is always a fantastic event with lots of family fun.

We have various visiting arts and craft stalls as well as our usual raffle and tombola. Let's not forget the excellent live music from The Criterion Strummers!

We would love for as many people as possible to get involved whether you have a few hours to spare on the day or can donate a raffle or tombola prize. All will be appreciated.

Raffle tickets are now available from Gemma or Tara.



Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

We have a new donation box on display in reception with all funds raised going towards our Residents' Fund.

Bingo prizes are also running low if you can donate. Again, we would appreciate it and thank you

May we remind you when bringing toiletries for your relative could you put your relative's name on them before bringing them in please.

As we are getting to the nicer weather, could we ask that you bring some sun lotion and a sun hat for your relative so they are able to go in the garden please.

Please keep an eye out for emails with upcoming events or see posters on display around the home.



Thank You
FOR YOUR
SUPPORT

Getting in Touch

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