



Blair Park



Newsletter

June 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park. We hope you enjoy!



Residents celebrating their birthday this month
are...



JUNE 9TH MO 24TH



Wishing you all a very happy birthday xx



A little preview of what we got up to in May...

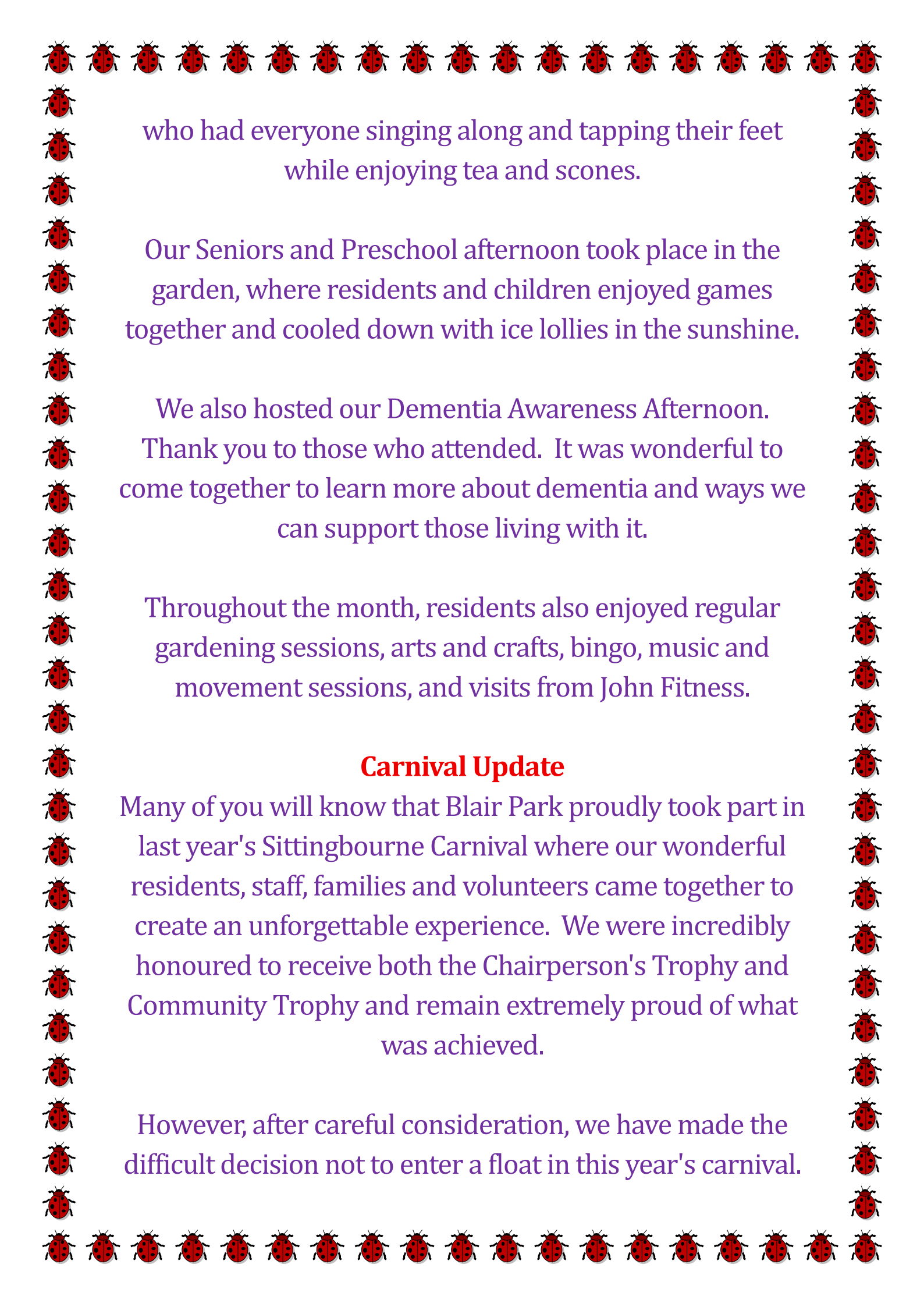
May was a busy and enjoyable month for everyone at Blair Park.

We enjoyed our trip to the light cinema where we watched "Back to the Future". We had a wonderful church service and enjoyed spending time together reflecting and sharing in the occasion.

We celebrated VE Day in style with a delightful 1940s-themed afternoon. Residents enjoyed the fantastic singing of Karis Gous and joined in with a traditional street party complete with memorabilia and dress-up props to help transport us back to the 1940s. It was a wonderful afternoon filled with music, laughter and memories.

Our Cultural Day was another great success. Staff dressed up, music filled the home and residents enjoyed dancing, drumming workshops and a variety of activities celebrating different cultures. We were also honoured to welcome the Mayor, who joined us and enjoyed taking part in the day. Our thanks to all the performers.

Residents enjoyed a lovely trip to the tea rooms. We were delighted to welcome back the Criterion Strummers Band



who had everyone singing along and tapping their feet while enjoying tea and scones.

Our Seniors and Preschool afternoon took place in the garden, where residents and children enjoyed games together and cooled down with ice lollies in the sunshine.

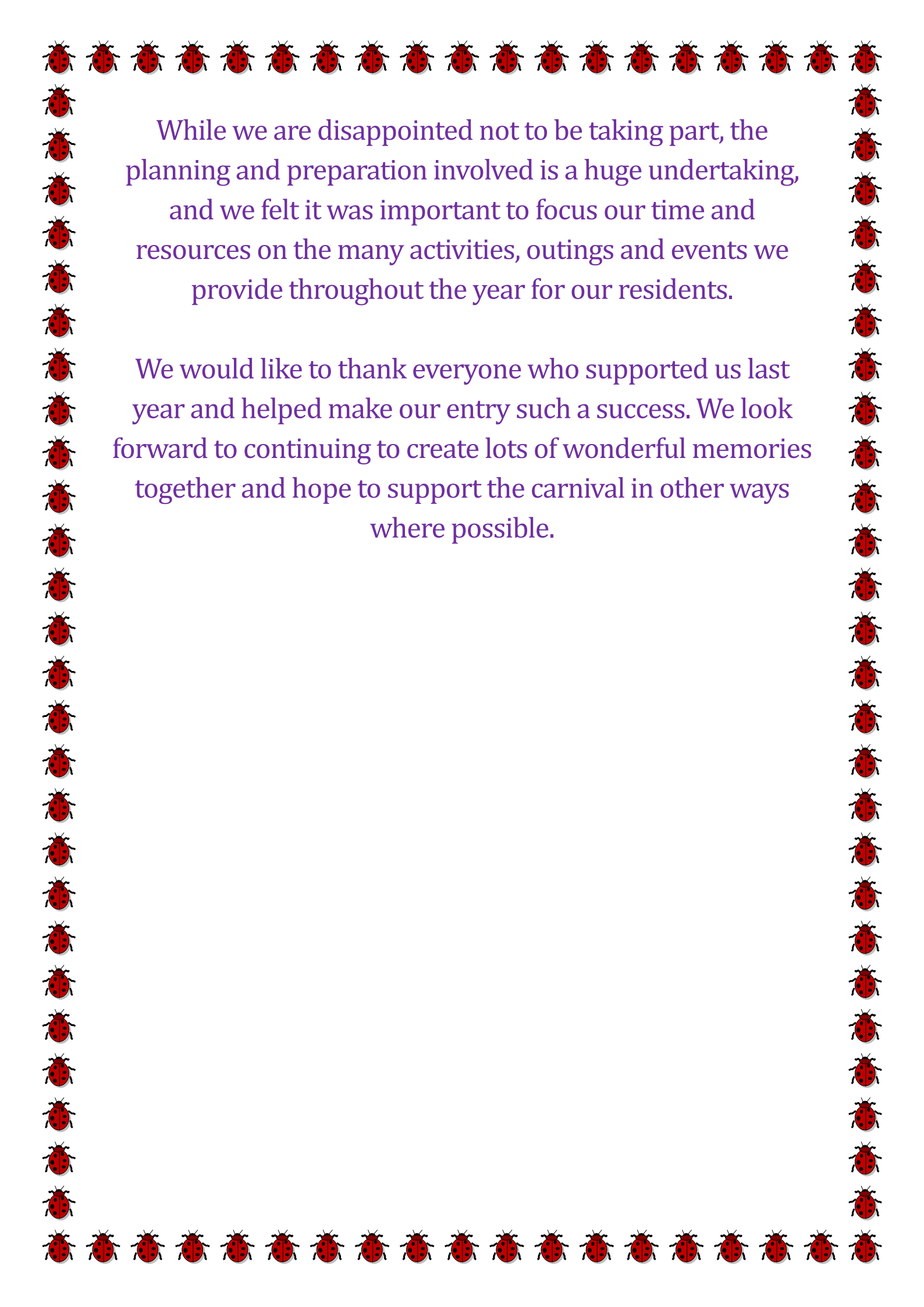
We also hosted our Dementia Awareness Afternoon. Thank you to those who attended. It was wonderful to come together to learn more about dementia and ways we can support those living with it.

Throughout the month, residents also enjoyed regular gardening sessions, arts and crafts, bingo, music and movement sessions, and visits from John Fitness.

Carnival Update

Many of you will know that Blair Park proudly took part in last year's Sittingbourne Carnival where our wonderful residents, staff, families and volunteers came together to create an unforgettable experience. We were incredibly honoured to receive both the Chairperson's Trophy and Community Trophy and remain extremely proud of what was achieved.

However, after careful consideration, we have made the difficult decision not to enter a float in this year's carnival.



While we are disappointed not to be taking part, the planning and preparation involved is a huge undertaking, and we felt it was important to focus our time and resources on the many activities, outings and events we provide throughout the year for our residents.

We would like to thank everyone who supported us last year and helped make our entry such a success. We look forward to continuing to create lots of wonderful memories together and hope to support the carnival in other ways where possible.











Tearoom
Trip
19th May

PIC•COLLAGE



1940s
musical
memories



And a sing
along



May 19th

PIC•COLLAGE



Bingo



May 20th

PIC•COLLAGE



Indoor games

May
20th



PIC•COLLAGE



Indoor games



May 20th

PIC•COLLAGE

A walk in the park



May 20th



PLANTING SEEDS AS PART OF GARDENING ACTIVITIES 21ST MAY



Your mind is a garden, your thoughts are the seeds.



PLANTING SEEDS AS PART OF GARDENING ACTIVITIES 21ST MAY



PLANTING SEEDS AS PART OF GARDENING ACTIVITIES 21ST MAY





STAY COOL
25TH MAY



Lots of fun in garden for seniors & preschoolers afternoon 26th May with games & ice-cream



10years service



A huge Thank you and congratulations for 10 years at Blair Park

A huge thank you to our amazing volunteer Lyn for all her assistance



Thank you very much!
for all you do





Coming up in the future

We have lots to look forward to over the coming weeks.

June is shaping up to be another exciting month at Blair Park.


We are looking forward to launching our new Walking Club, which will take place on Tuesdays, weather permitting. Residents will be able to enjoy gentle walks, fresh air and time together outdoors.

National Fish and Chip Day will be celebrated with a traditional fish and chip lunch from our local chip shop.

We have entertainment from Keely planned, along with an exciting bowling trip for residents.

Our Father's Day Roast Lunch will take place on Sunday 21st June. Places are available at £5 per person and we kindly ask families to book as soon as possible to help our kitchen team prepare.

Our next Seniors and Preschool afternoon will take place on Tuesday 23rd June and Tina will be joining us with Drumfit for an energetic and enjoyable session.



We are also hoping to make the most of the warmer weather with outdoor games and activities in the local park.

As always, thank you for your continued support. We look forward to sharing more wonderful moments and memories with our residents and families throughout the summer.

Dates to Remember:

Father's Day 21st June

Seniors & pre-schoolers 23rd June

Cinema trip 1st July

Summer Fair – 1st August



Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

We have a new donation box on display in reception with all funds raised going towards our Residents' Fund.

Bingo prizes are also running low if you can donate. Again, we would appreciate it and thank you

May we remind you, when bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

As we are getting to the nicer weather, could we ask that you bring some sun lotion and a sun hat for your relative so they are able to go in the garden please.

Please keep an eye out for emails with upcoming events or see posters on display around the home.



Thank You
FOR YOUR
SUPPORT

Getting in Touch

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