



# Blair Park

CHC  
CHARING HEALTHCARE  
committed to care and support

# Newsletter

May 2026 Issue

*Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park. We hope you enjoy!*



Residents celebrating their birthday this month  
are...

Dot - 6<sup>th</sup>

HAPPY BIRTHDAY



Rita - 27<sup>th</sup>

Wishing you all a very happy birthday xx

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# A little preview of what we got up to in April...

April has been a wonderful month here at Blair Park filled with laughter, connection, and plenty of seasonal fun.

We enjoyed a range of Spring and Easter-themed activities, including a fantastic Easter party with live entertainment from the wonderful Kevin Walsh, who had us all singing and dancing along.

Residents also enjoyed traditional hot cross buns and a lovely church service, bringing a meaningful and reflective touch to the celebrations.

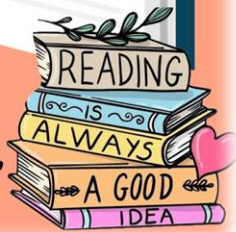
With the beautiful sunshine, we made the most of our garden and local park enjoying walks and relaxing outdoors. A highlight was our trip to the local tearoom, where residents enjoyed delicious homemade cakes and coffee.

We also kept minds active with reading, crosswords, and, of course, a good game of bingo

1st April



"Reading gives us  
someplace to go  
when we have to  
stay where we are"



1st April

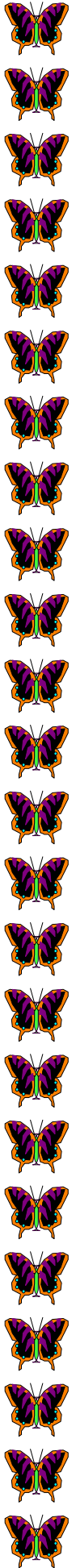


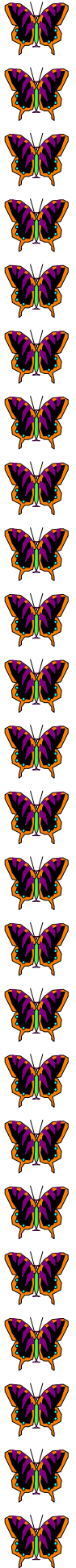
Coffee with Derek

COFFEE  
is  
Always  
Good idea













Enjoying the garden  
9th April

Your mind  
is a garden,  
your thoughts  
are the seeds.



DANCE  
SING AND  
BE MERRY!



Storm king



DANCE  
SING AND  
BE MERRY!

Storm king  
10th April



DANCE  
SING AND  
BE MERRY!







Joy of reading  
13th April

Life is better with Books



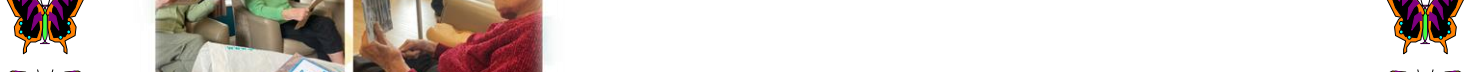
WORD SEARCH  
13TH APRIL

Card games  
14th April

Watercolour painting  
14th April









*Sensory activities*

*April 21st*



PIC•COLLAGE



*Arts and crafts*



*Spring collages*



*April 21st*

PIC•COLLAGE



*Dominoes*

*April 22nd*



PIC•COLLAGE



FITNESS PROGRESS



EXERCISE  
27TH APRIL



10  
5

FITNESS PROGRESS



EXERCISE  
27TH APRIL



10  
5



READING  
27TH APRIL







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# Coming up in the future

We have lots to look forward to over the coming weeks.

May will see us travelling back in style to 1940s with our activities.


**6th May** – Trip to The Light Cinema. We'll be heading out to watch "*Back to the Future*" – always a favourite!

**8th May – VE Day Celebration** – Join us for a wonderful 1940s-style street party with entertainment, music, and a buffet. Tickets are still available at **£3 per person**.

We will also be dressing up in 1940s attire. We would love you to join in if you can!

**18th May – Culture Day**. We are very excited for this special day celebrating diversity and community. We will be entertained by African dancers and drummers. There will be a variety of foods from different cultures to sample, including dishes kindly brought in by staff.

We are also delighted to welcome the Mayor, who will be joining us to support the event.



**22nd May – National Tea Day** – Celebrate with us at our tea dance, with entertainment from the Criterion Strummers, plus tea and scones. Tickets are £3 per person.

**27th May – Dementia Awareness Afternoon (2:30pm)** – An informal and welcoming session for families and friends to come along, learn more, share experiences, and enjoy a relaxed chat over tea or coffee.

**Dates to Remember:**

**Barber – 2<sup>nd</sup> June**

**Father's Day – 21<sup>st</sup> June**

**Summer Fair – 1<sup>st</sup> August**

**Sittingbourne Carnival – 30<sup>th</sup> August**

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## \*Friends & Family\*

We would like to welcome all our new residents and their relatives to Blair Park.

We have a new donation box on display in reception with all funds raised going towards our Residents' Fund.

Bingo prizes are also running low if you can donate. Again, we would appreciate it and thank you

May we remind you, when bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

As we are getting to the nicer weather, could we ask that you bring some sun lotion and a sun hat for your relative so they are able to go in the garden please.

Please keep an eye out for emails with upcoming events or see posters on display around the home.



Thank You  
FOR YOUR  
SUPP♥️RT

**Getting in Touch**

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