

# Blair Park



# Newsletter

March 2026 Issue

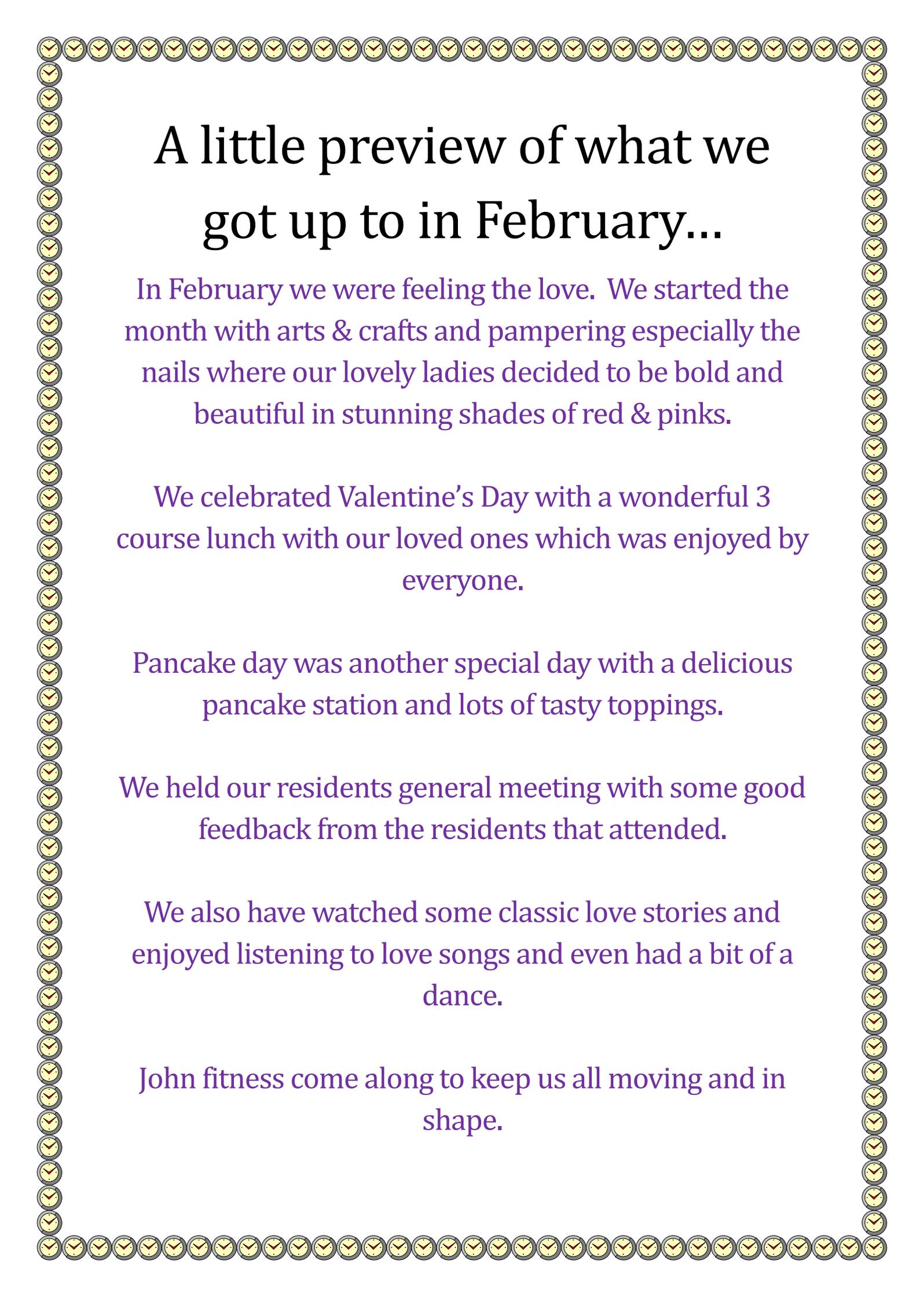
*Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park. We hope you enjoy!*



Residents celebrating their birthday this month  
are...



Wishing you all a very happy birthday xx



# A little preview of what we got up to in February...

In February we were feeling the love. We started the month with arts & crafts and pampering especially the nails where our lovely ladies decided to be bold and beautiful in stunning shades of red & pinks.

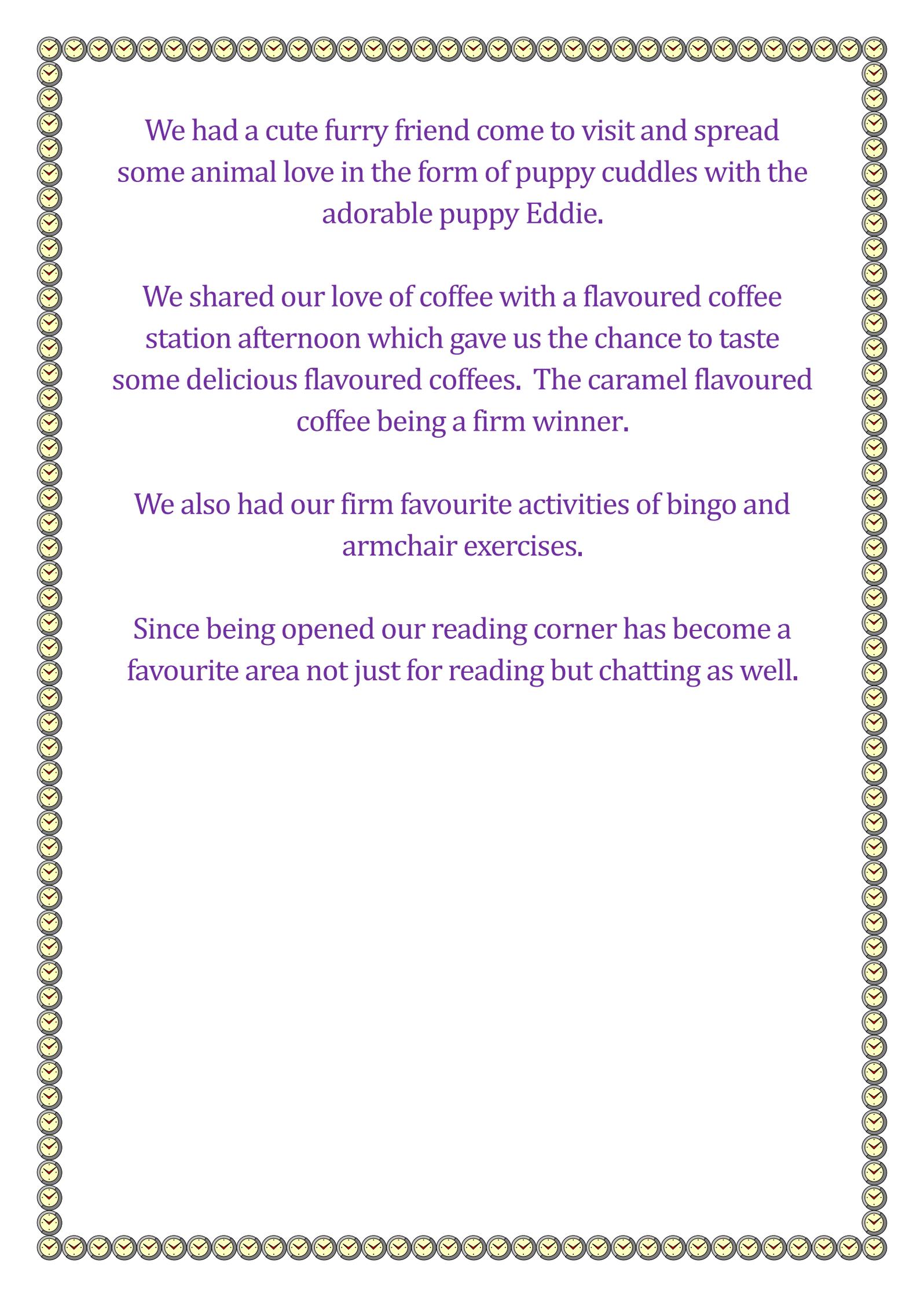
We celebrated Valentine's Day with a wonderful 3 course lunch with our loved ones which was enjoyed by everyone.

Pancake day was another special day with a delicious pancake station and lots of tasty toppings.

We held our residents general meeting with some good feedback from the residents that attended.

We also have watched some classic love stories and enjoyed listening to love songs and even had a bit of a dance.

John fitness come along to keep us all moving and in shape.



We had a cute furry friend come to visit and spread some animal love in the form of puppy cuddles with the adorable puppy Eddie.

We shared our love of coffee with a flavoured coffee station afternoon which gave us the chance to taste some delicious flavoured coffees. The caramel flavoured coffee being a firm winner.

We also had our firm favourite activities of bingo and armchair exercises.

Since being opened our reading corner has become a favourite area not just for reading but chatting as well.



*February  
4th*

*Ice cream station*

PIC-COLLAGE



*February  
4th*

*Virtual seaside  
tour*

*Ice cream station*

PIC-COLLAGE



*February 4th*

*Musical memories*

*Valentine arts and  
crafts*

PIC-COLLAGE



**Beautiful nails**



**February 5th**

PIC•COLLAGE



**Dominoes  
February 6th**

PIC•COLLAGE



**February 6th**



**Armchair exercise  
and sing along**



PIC•COLLAGE

Happy 100th birthday  
Joyce!







Card games 13th Feb

HAPPY VALENTINE'S



Pretty nails  
13th February

Happy  
Valentine's  
Day



Valentines lunch 13th  
February



Valentines lunch  
13th February



Playing cards  
16th February



17th February



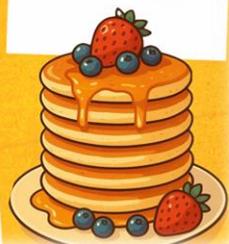
17th  
February

JOIN US FOR BOOK CLUB!

**We love  
pancakes  
17th February**



**We love  
pancakes  
17th  
February**



**We love  
pancakes  
17th February**





Movie time  
and nails

February 18th



PIC•COLLAGE



February  
19th

Bingo



PIC•COLLAGE



February 20th



John fitness

PIC•COLLAGE



Word search

February  
19th



**Dominoes**  
**February 23rd**



PIC•COLLAGE



**Weaving**  
**February 23rd**



PIC•COLLAGE



**A walk in the park**

**February 23rd**

PIC•COLLAGE



**Puppy power!**

**February 22nd**

PIC•COLLAGE



**Puppy power!**

**February 23rd**

PIC•COLLAGE



**Puppy power!**

PIC•COLLAGE



**February 24th**

**Sensory Gym**

PIC•COLLAGE



**February 25th**

**Sensory sorting!**



PIC•COLLAGE



**February 25th  
Reading and puzzles**



PIC•COLLAGE



**February 25th**



**Reading and puzzles**

PIC•COLLAGE



Every  
Friendship  
has a story..



26th February

The joy of reading



Every  
Friendship  
has a story..



26th February

The joy of reading



26th February



There's nothing quite  
like friendship.



Reading  
FRIENDS

cinema  
experience  
Gone with  
the wind

26th February



ART CLASS  
26th February



ART CLASS

26th February  
Stone painting



# Coming up in the future

As we spring into March we have a packed month of spring themed activities.

We have some great events planned and dates for your diary.

We start the month with World Wildlife Day and our dementia friendly trip to the Cinema to see 'Mamma 'Mia'.

We then jump into world book day where our staff, residents and visitors are encouraged to join us in taking part and dressing up as a favourite book character.

Our wonderful pre-schoolers will be back in March and again will be joining us with some fun interactive activities. If you have a little one you would like to bring along, please let us know. We would love to have you.

Mother's Day afternoon tea on Sunday, 15<sup>th</sup> March is a booked event and then on Tuesday, 17<sup>th</sup> March we have the luck of the Irish with St Patrick's day activities.



# \*Friends & Family\*

We would like to welcome all our new residents and their relatives to Blair Park.

We are holding a couple of events which you are welcome to participate in this month. Please keep an eye out for emails with more details.

We have started collecting donations for our Easter raffle if you would like to donate anything. As always, it's very much appreciated.

Bingo prizes are also running low if you can donate. Again, we would appreciate it and thank you

## Upcoming dates:

Tuesday, 3<sup>rd</sup> March – Creepy Claws handling session



Wednesday, 4<sup>th</sup> March cinema trip – Mamma Mia

Thursday, 5<sup>th</sup> March – World Book Day

Thursday, 12<sup>th</sup> March - Seniors & Pre-schoolers

afternoon

Sunday, 15<sup>th</sup> March – Mother's Day afternoon tea. This is a booked time slot event.

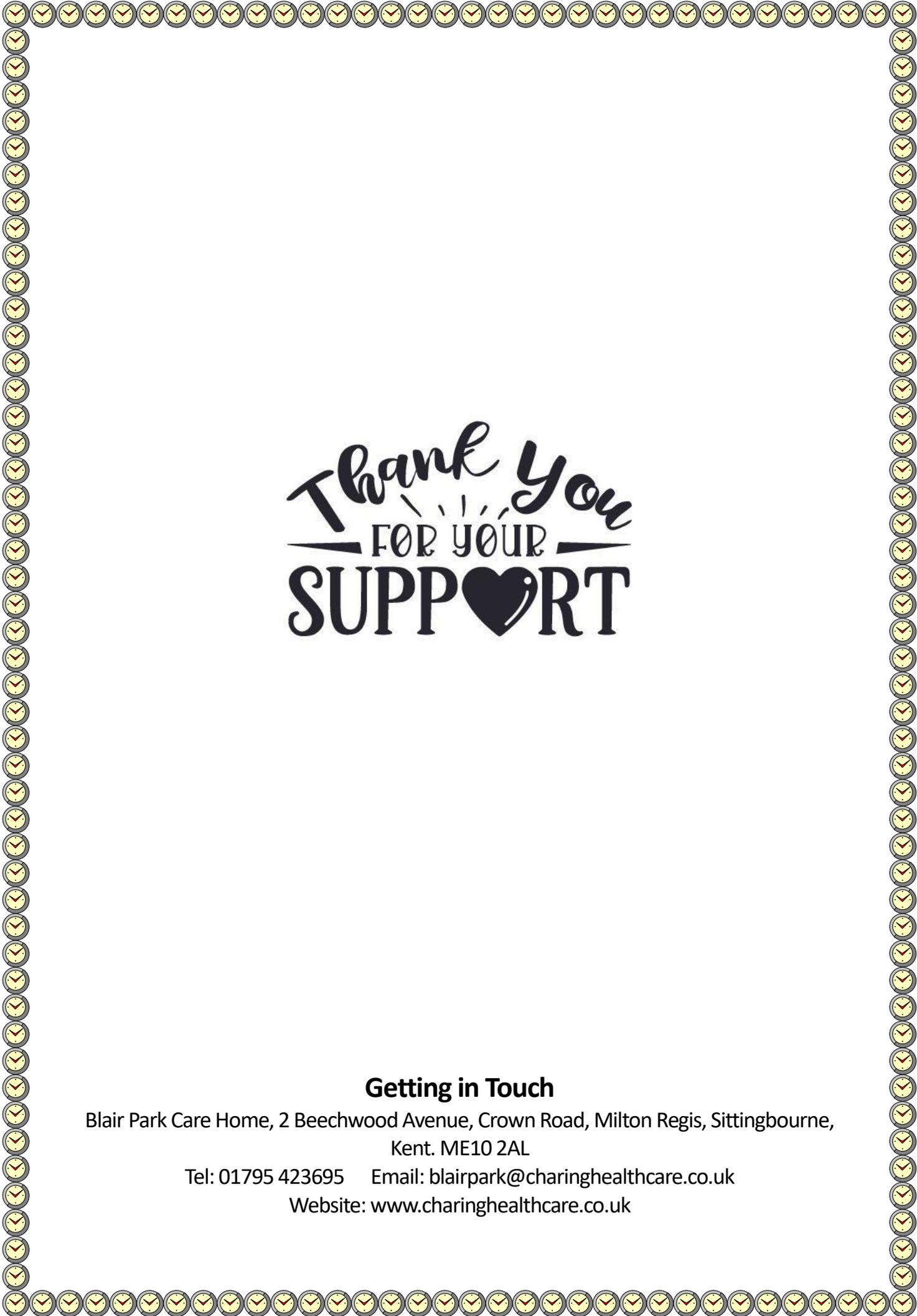
Tuesday, 17<sup>th</sup> March – St Patrick's day

Friday, 3<sup>rd</sup> April – Easter Bonnet parade and party.  
Tickets cost £3.00 pp.



May we remind you, when bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have lots of activities planned so please check the activities board when you come and visit your relative.



Thank You  
FOR YOUR  
SUPPORT

**Getting in Touch**

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