

The Oast Newsletter

March 2026



What we got up to in February

We had four birthdays to celebrate this month

David on 6th, Anne and Sylvia on 18th and Gill on 26th





We played Bingo and kept fit with our seated exercise class



We made some delicious sausage rolls





And iced some cakes



We made and decorated red hearts on Valentine's day to hang on our loved ones tree





Decorated some willing faces



And Kevin sang for us



So February was a really busy month!

What we look forward to in March :

- On March 5th John will come for exercises
- On March 5th Chaplain Sue will come for holy communion
 - On 11th PJ and Rose will sing for us
 - On 12th Naomi and her animals will visit
 - On 23rd Kevin will rerun and entertain us
- And in March we will celebrate Margarets birthday

Thank you for all your continued support from Sarah and all the team at
The Oast