

Blair Park



Newsletter

February 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month
are...



Wishing you all a very happy birthday xx



A little preview of what we got up to in January...

January was our mega mix month. It gave us the opportunity to re-visit a few of our popular activities as well as create some new favourites.

2026 started with a bang with virtual fireworks. We also enjoyed a variety of arts and crafts including some beautiful floral woollen creations which are on display in our lounge.

January has been a fantastic month for us to get fit with a visit from Tina and her lively Drumfit workshop, music and keep fit with John Fitness and not forgetting our own armchair exercise and musical memory activities.

The start of the year has seen us have a delicious fish and chip takeaway lunch and a tapas tasting afternoon as well as a chance to get creative with some biscuit decorating!

This month's trips were to the cinema to see Willy Wonka and we also took some residents to the new Pie & Mash shop for lunch.

And finally, not forgetting the usual fun at Bingo, quizzes and indoor games.



CARD BINGO 5TH JANUARY
COZY WINTER



have a cozy chat with friends



6th January



6th
January

Kath
entertaining
us all Playing the piano



A snowflake
is winter's
butterfly

Arts & crafts 6th January

January 7th
Cinema trip





Game of jenga
January 8th







Dominoes

January 12th



Card bingo



PIC•COLLAGE



Floral wool pictures



January 13th



PIC•COLLAGE



Drum fit



January 14th



PIC•COLLAGE



Drumfit



January 14th



PIC•COLLAGE

82

67

52

31

Game of bingo
16th January

5

3

11

9

1

BINGO GO

4	16	17	40	69	39	58
8	26	51	33	68	2	65
7	18	★	42	71	73	
2	25	44	55	62	57	
3	21	30	39	65		

Meal of the day

Fish & chip lunch
16th January

Card bingo
19th January

ART CLASS
20th January

ART CLASS



ART CLASS



ART CLASS



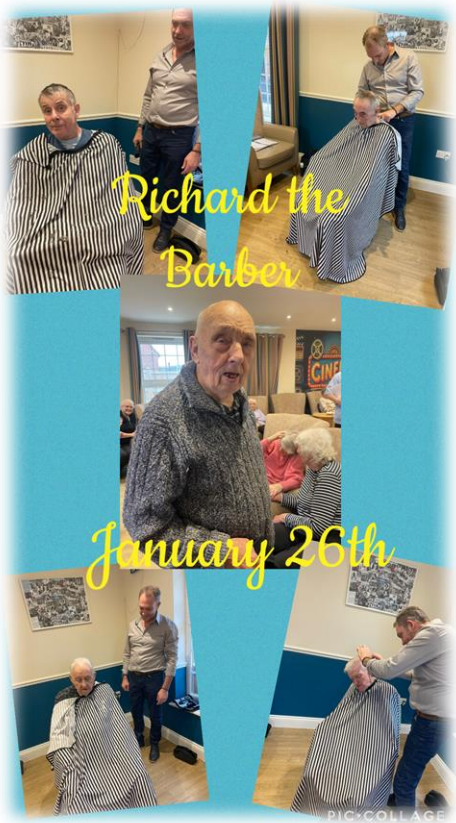
ART CLASS



Wishing OLA a very
(happy)
Birthday
40th





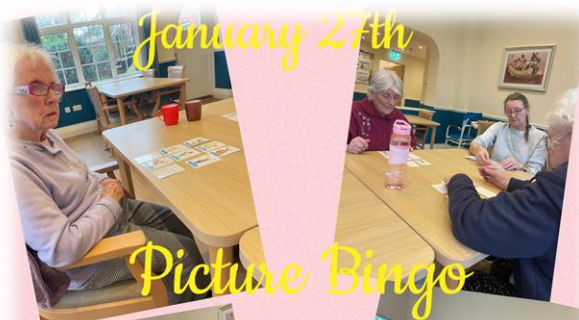




January
26th

Game of
cards

PIC•COLLAGE



January 27th

Picture Bingo

PIC•COLLAGE



January 27th

Indoor games

PIC•COLLAGE



Biscuit decorating



January



27th

PIC•COLLAGE



Sweet shop

28th January



PIC•COLLAGE

Coming up in the future

We will be getting creative in February with Valentine's themed activities and making pizzas for National Pizza Day on Monday, 9th February.

On Friday, 13th February we will be having a Valentine's themed 3-course lunch. Families can book to come and enjoy this with their loved one at a cost of £5.00 pp. If you would like to make a booking, please do so by Thursday, 5th February.

Also, we will be enjoying pancakes and Chinese New Year activities as well as getting fit with John Fitness.

In March we will be holding our annual Mother's Day afternoon tea. Please see poster below for details.





Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned for most weekdays so please check the activities board when you come and visit your relative.

Thank You
FOR YOUR
SUPPORT

Getting in Touch

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