

Blair Park



Newsletter

February 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month
are...



Wishing you all a very happy birthday xx



A little preview of what we got up to in January...

January was our mega mix month. It gave us the opportunity to re-visit a few of our popular activities as well as create some new favourites.

2026 started with a bang with virtual fireworks. We also enjoyed a variety of arts and crafts including some beautiful floral woollen creations which are on display in our lounge.

January has been a fantastic month for us to get fit with a visit from Tina and her lively Drumfit workshop, music and keep fit with John Fitness and not forgetting our own armchair exercise and musical memory activities.

The start of the year has seen us have a delicious fish and chip takeaway lunch and a tapas tasting afternoon as well as a chance to get creative with some biscuit decorating!

This month's trips were to the cinema to see Willy Wonka and we also took some residents to the new Pie & Mash shop for lunch.

And finally, not forgetting the usual fun at Bingo, quizzes and indoor games.



have a cozy chat with friends



6th January



A snowflake
is winter's
butterfly

Arts & crafts 6th January



6th
January
Kath
entertaining
us all Playing the piano



PIC COLLAGE





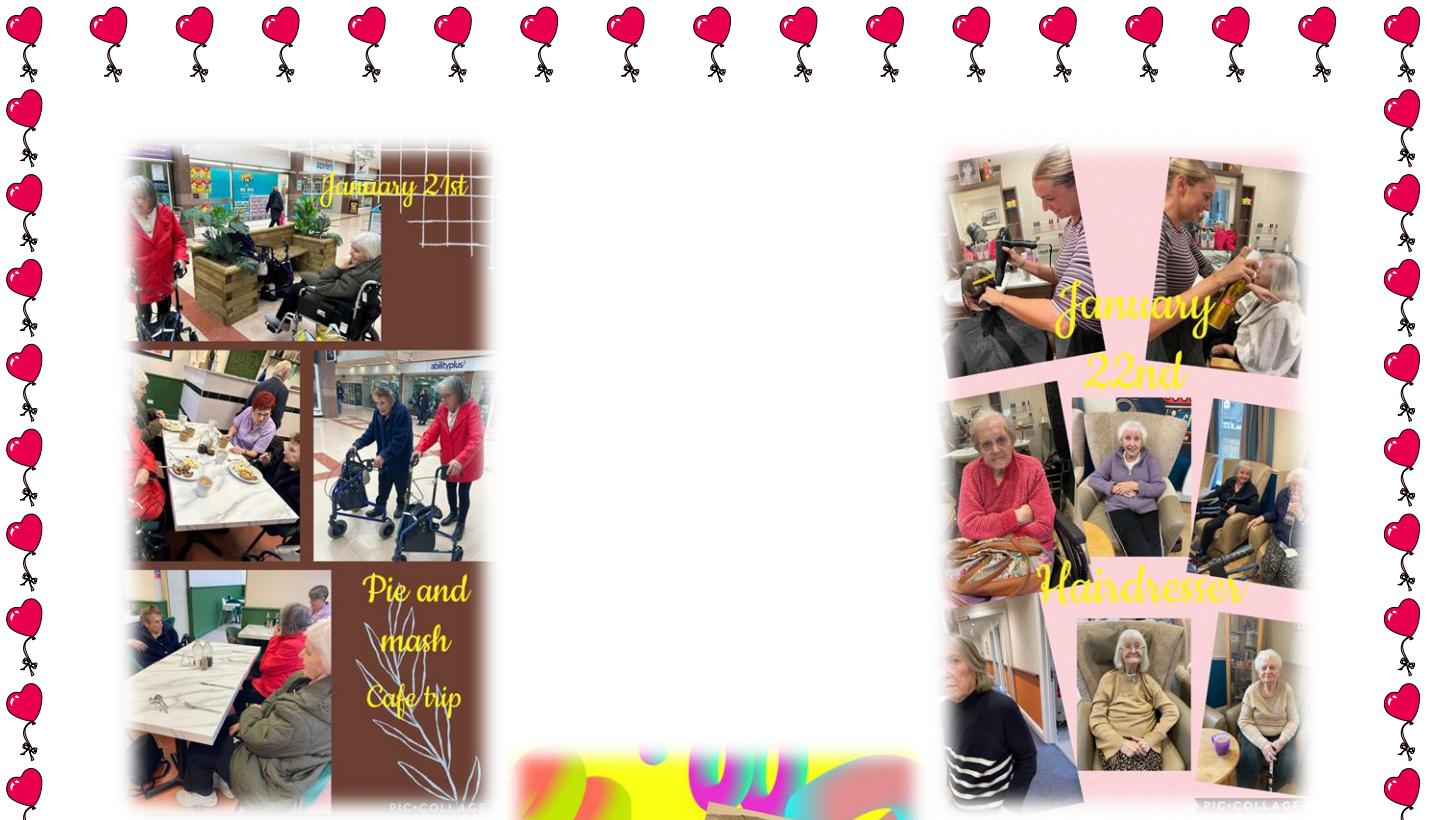






Wishing OLA a very
"happy"
Birthday
40th







Armchair exercise



Musical memories



January 23rd



Dominoes and card games

January 23rd

PIC•COLLAGE



Richard the Barber

January 26th



January 26th
Trip into town

PIC•COLLAGE





Coming up in the future

We will be getting creative in February with Valentine's themed activities and making pizzas for National Pizza Day on Monday, 9th February.

On Friday, 13th February we will be having a Valentine's themed 3-course lunch. Families can book to come and enjoy this with their loved one at a cost of £5.00 pp. If you would like to make a booking, please do so by Thursday, 5th February.

Also, we will be enjoying pancakes and Chinese New Year activities as well as getting fit with John Fitness.

In March we will be holding our annual Mother's Day afternoon tea. Please see poster below for details.



Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned for most weekdays so please check the activities board when you come and visit your relative.

Thank You
FOR YOUR
SUPPORT

Getting in Touch

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