

Woodside Newsletter

February 2026





"A short month to accomplish
big things." — Unknown

February

“Though February is short, it is
filled with lots of love and sweet
surprises.”

Dates for the diary:

February 2026

- Chiropodist- To be confirmed
- Hair dressers - Tuesday 24th February @ 13:30

The next Resident & Family meeting will be held on Thursday 5th February at 2:30pm.

Birthday's



We'd like to wish a **Happy Birthday** to:

Bill

Cindy

Sylvia

Everyone at Woodside hopes that you all enjoy your special day.

Activities to look forward to this month

- **Chute & Shout** (with the rainbow parachute and balloons to promote gross motor skills, coordination, social interaction and communication)
- **Conjuring melodies** (using different instruments to encourage musical interaction helping sensory stimulation and rhythm)
 - **Jenga**
 - **Bullseye beanbags**
 - **Move & Groove**
 - **Arts & Crafts**
- **Valentines display** (Residents will be asked questions around love this month, who they love, any advice they would like to share, what love feels like. These will be added to the love tree that will be the centre of this months display board)

Activities enjoyed last month



Woodside's knitting circle



Cozying up with a good book!



Parachute fun

Our lovely ladies have enjoyed pamper sessions getting their nails done along with hand massages.

Woodside's Employee Of The Month



Leo

Leo has been voted as one of Woodside's employee of the month for February. He is Woodside's maintenance man. Leo has been commended for being more than "just the maintenance man", he always goes the extra mile and helps in all ways that he can.

Here are a few reasons as to why Leo was voted this month:

"Funny, caring, makes your day go better. Always always helpful no matter what."

"Works hard, always willing to help, always friendly"

"Helpful, kind will be truly missed at Woodside"

"Goes above and beyond."

Well done Leo! We all appreciate everything you do here at Woodside for the residents and for your colleagues.

Woodside's Employee Of The Month



Arun

Arun has been voted as one of Woodside's employee of the month for February. He is one of Woodside's happy go lucky carer's that always has a smile on his face.

Here are a few reasons as to why Arun was voted this month:

"He's very helpful and a hard worker."

"He is approachable and kind"

"Helpful to everyone and always smiling"

"Helpful, kind, supportive and fun to work with."

Well done Arun! We all appreciate everything you do here at Woodside for the residents and for your colleagues.

Thank you to all of our
friends and family for your
ongoing love and support
here at Woodside.

If anyone would like to reach out to us please feel free to contact: **01304 825713**

Julie- Manager- julie@charinghealthcare.co.uk

Mollie- Deputy Manager- woodside@charinghealthcare.co.uk

Karen- Administrator- adminwoodside@charinghealthcare.co.uk