

# Hillbeck Newsletter

February 2026

We hope you enjoy reading about all the exciting things that happen at Hillbeck where everyone is made to feel welcome with our warm and friendly atmosphere.



Happy Valentine's Day

## Internal Activities

Both activities ladies organise a range of activities that take place every morning and afternoon... These include the multi-games table, Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair Exercise's, Board Games, Nail painting for the ladies and much more. Should your loved one have any particular interest then please speak with Louise or Lisa

## Birthday's This Month

2<sup>nd</sup> - Sue W  
10<sup>th</sup> - Janet  
20<sup>th</sup> - Norma

## Quote of the Month

"Youth is a gift of nature, but age is a work of art"

## Getting to our staff

We would like to welcome Lisa to the Hillbeck team. Lisa has started her role as dining room assistant.



## Employee of the month

Kushum has been awarded Employee of the month, Kushum is a great team player nothing is ever too much trouble.  
Thank you Kushum for all your hard work.



## Hillbeck News

After a very busy December January has been a little quieter. We have had the wonderful Michael in singing, Michael has a way of getting everyone up dancing and singing along, having a great time.

By popular demand our afternoon teas are back. Where a few of us get together have a chat and enjoyed some finger sandwiches and sweet treats all washed down with a lovely cup of tea.

We would like to thank Joyce and Lesley Handford who have very kindly offered to volunteer here at Hillbeck once a week we are all very grateful.

We were also entertained by Kevin Walsh, Kevin is always a great hit here at Hillbeck we all love to dance when he is here singing.





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## What's Coming up in February

The Hairdresser is here every Friday

4<sup>th</sup> - Andrew the Barber

6<sup>th</sup> - Singing by Michael at 2.30pm

10<sup>th</sup> - Singing by Jason Allen for Valentines day  
2.30pm

12<sup>th</sup> - Valentines biscult/cake decorating

16<sup>th</sup> - Chinesse New year Themed lunch

17<sup>th</sup> - Pancake decorating

Zowie and Laura's door is always open for you should you have any concerns.

Once again thank you for all your ongoing to support.



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