

The Oast Newsletter

February 2026



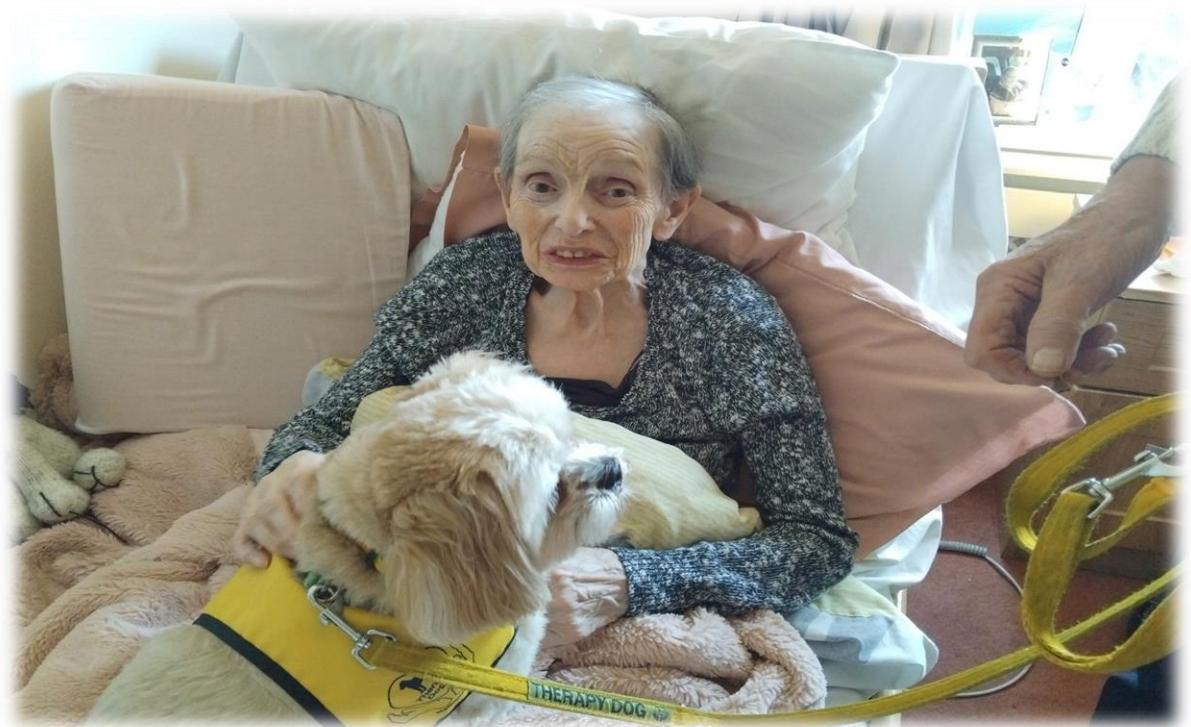
What we got up to in January

We had just one birthday to celebrate this month, Valerie on the 6th





We saw Benny every week, the best therapy dog!



Did some great exercises with John



Quite a lot of crafting this month and decorating biscuits..





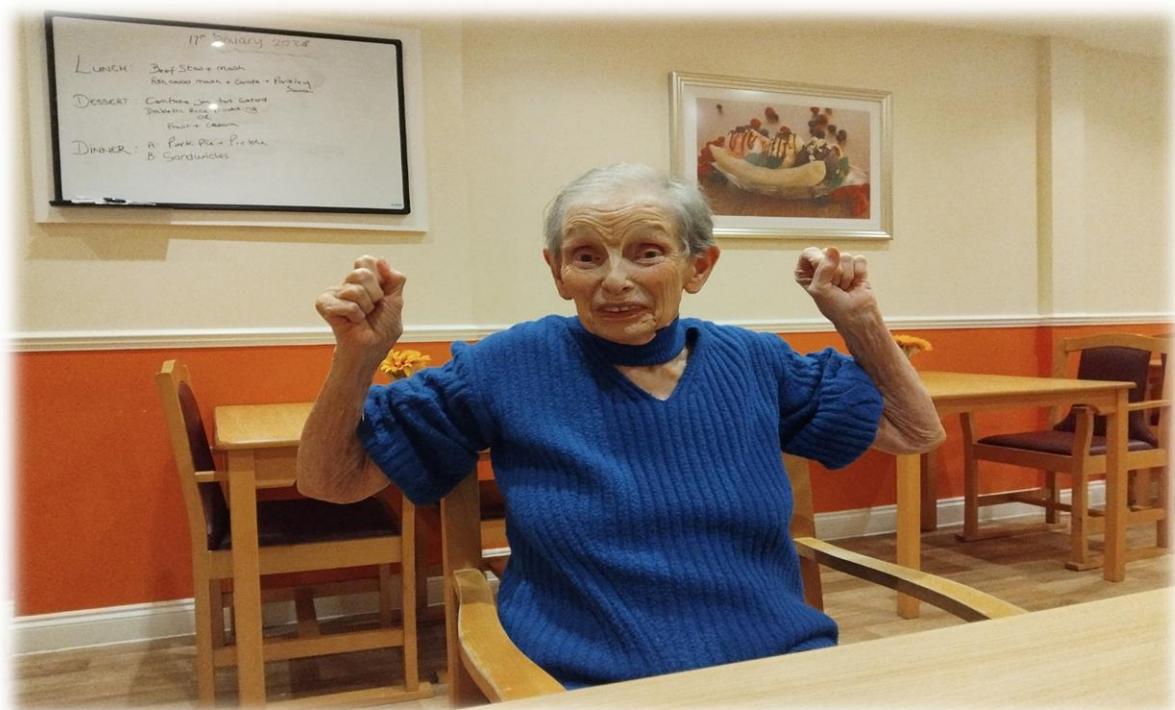
The usual fun playing Bingo



Rob sang for us and of course the staff did some great dancing to entertain us !



And to end the month, a very happy face !



What we look forward to in February

- On Feb 1st PJ and Rose will sing for us
- On 17th Kevin will entertain us
- Exercises with John on 19th
- Reiki with Nick on 24th
- And four birthdays coming up, David, Anne, Sylvia and Gill !

Thank you for all your continued support from Sarah and all the team at The Oast.