

# The Oast Newsletter

February 2026



## What we got up to in January

We had just one birthday to celebrate this month, Valerie on the 6<sup>th</sup>





We saw Benny every week, the best therapy dog!





Did some great exercises with John



Quite a lot of crafting this month and decorating biscuits..







The usual fun playing Bingo





Rob sang for us and of course the staff did some great dancing to entertain us !



And to end the month, a very happy face !





## What we look forward to in February

- On Feb 1<sup>st</sup> PJ and Rose will song for us
- On 17<sup>th</sup> Kevin will entertain us
- Exercises with John on 19<sup>th</sup>
- Reiki with Nick on 24<sup>th</sup>
- And four birthdays coming up, David, Anne, Sylvia and Gill !

**Thank you for all your continued support from Sarah and all the team at The Oast.**