

The Vale Newsletter



*Welcome to The Vale's February 2026
Newsletter, we hope you enjoy!*



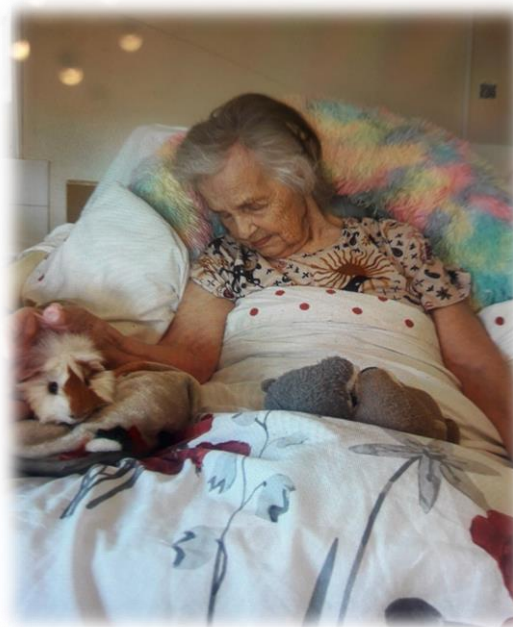
Birthdays we celebrated
In January



Ron



We had Nicole bring her Guinea pig to The Vale, for our residents to have a cuddle



*Jasmine came to entertain us on 16th January.
All of residents enjoyed this.*





Our finished jars





*Thank you to our local
Co-Op for donating £250
so we can buy some much
needed garden plants and
accessories.*

This gesture is much appreciated.

A decorative border of colorful balloons (blue, pink, orange) with black strings, arranged in a repeating pattern around the edges of the page.

Upcoming events

*February 10th at 11am we
have Marco the Magician
coming to entertain us.*



Daily activities to include:

Painting

Arts and crafts

Nail care/hand massage

Puzzles

Bracelet making

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