

The Vale Newsletter



*Welcome to The Vale's February 2026
Newsletter, we hope you enjoy!*



Birthdays we celebrated



In January



Ron



We had Nicole bring her Guinea pig to The Vale, for our residents to have a cuddle



Jasmine came to entertain us on 16th January.

All of residents enjoyed this.





Our finished jars



*Thank you to our local
Co-Op for donating £250
so we can buy some much
needed garden plants and
accessories.*

This gesture is much appreciated.

Upcoming events

*February 10th at 11am we
have Marco the Magician
coming to entertain us.*

Daily activities to include:

Painting

Arts and crafts

Nail care/hand massage

Puzzles

Bracelet making

The Vale Care Home

191 Willington Street

Maidstone Kent

ME15 8ED

Tel: 01622 762332

Fax: 01622 75115

Email: thevale@charinghealthcare.co.uk