

Blair Park



Newsletter

January 2026 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month
are...

Derek



Pat



Dorothy



Wishing you all a very happy birthday xx



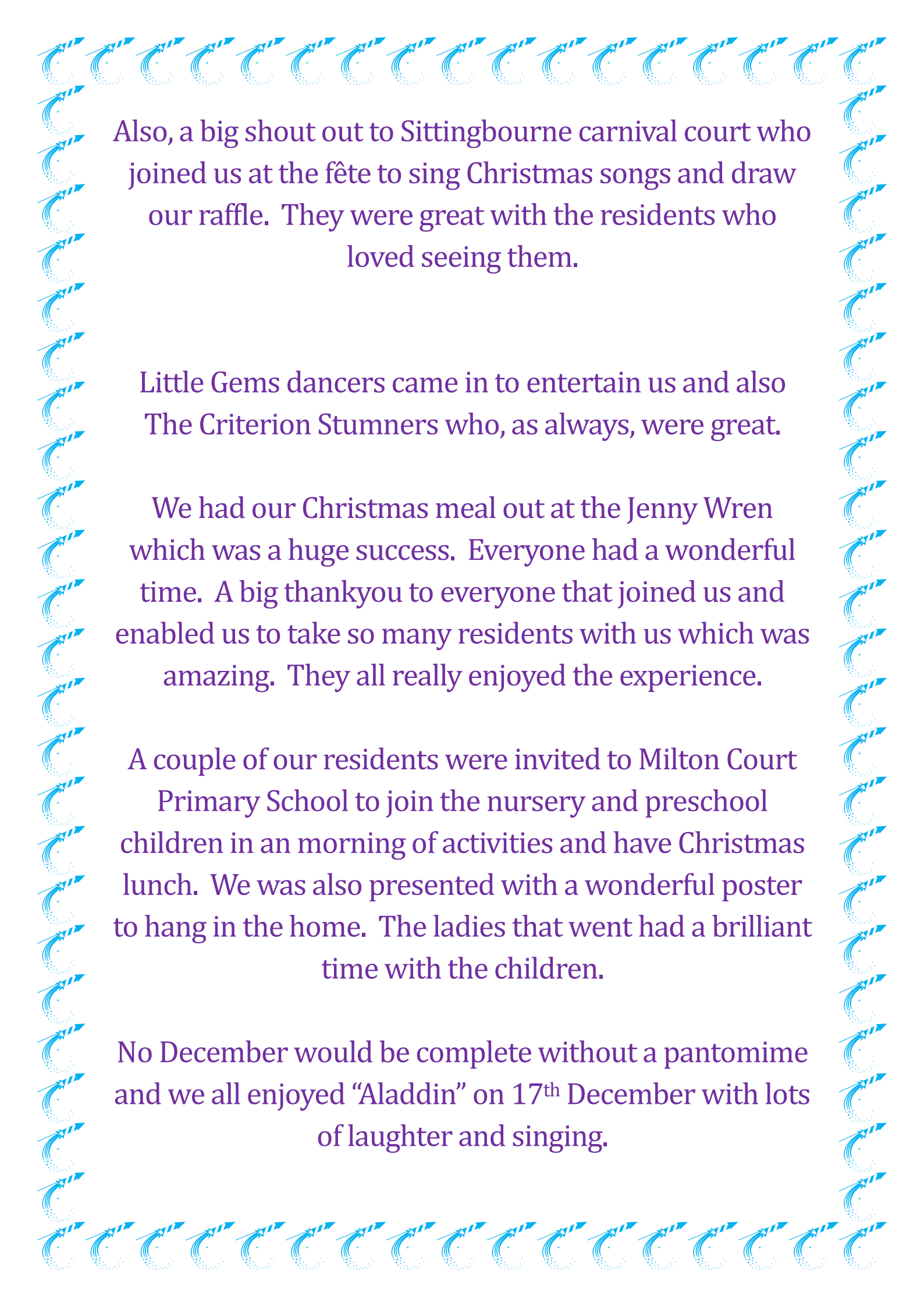
A little preview of what we got up to in December...

December has been a very busy month with lots of activities taking place within the home. We decorated the home with Christmas trees and chains to celebrate the festive season.

We went to The Light cinema to watch “White Christmas” on Wednesday, 3rd December. We also had the privilege to see local children sing us carols and we enjoyed a lovely mini buffet in the interval which was appreciated by us all.

The church ladies were in on the 4th to give us another great service. They will be back in February.

Our Christmas fête was a wonderful day. A huge thank you to everyone that supported us and attended and to the staff and volunteers on the day. A big thank you also to our stall holders and Santa and his elf. We raised £351.00 for the Residents’ Fund which is fantastic.




Also, a big shout out to Sittingbourne carnival court who joined us at the fête to sing Christmas songs and draw our raffle. They were great with the residents who loved seeing them.

Little Gems dancers came in to entertain us and also The Criterion Stummers who, as always, were great.

We had our Christmas meal out at the Jenny Wren which was a huge success. Everyone had a wonderful time. A big thankyou to everyone that joined us and enabled us to take so many residents with us which was amazing. They all really enjoyed the experience.

A couple of our residents were invited to Milton Court Primary School to join the nursery and preschool children in an morning of activities and have Christmas lunch. We was also presented with a wonderful poster to hang in the home. The ladies that went had a brilliant time with the children.

No December would be complete without a pantomime and we all enjoyed “Aladdin” on 17th December with lots of laughter and singing.



We had another fun filled day on 22nd with our Polar Express experience with staff and residents wearing pyjamas to capture the atmosphere. We had our lovely preschoolers join us for another session of arts & crafts with biscuit decorating. We were escorted by our very own conductor who made sure we had our tickets and was all aboard for a great experience. Everyone had a fantastic time.

Also this month, we made sausages rolls, played bingo and did arts & crafts.

We had a great time at our Christmas Eve party dancing and singing along with Storm King.

On Christmas Day, Santa joined us to give out gifts followed by a delicious Christmas lunch which was enjoyed by all.

New Year's Eve was party time again with entertainment from Steve Hubbard where a lovely time was had by all



Christmas
tree art



1st December

PIC•COLLAGE



Indoor
games



December 2nd



PIC•COLLAGE



Indoor games



December 2nd

PIC•COLLAGE

Blair Parks
New hydration
station



2nd December















Our beautiful
hand tree from
the children
And their
write up

This morning Nursery and Pre-school had some special visitors from Blair Park Care Home. As part of the 11 before 11 initiative at Reach Academies, Nursery and Preschool were asked to create something special. Both classes decided to create this large Christmas tree display for the residents at Blair Park. Our visitors and the children enjoyed sharing the activities and chatting together. We then presented them with our creation. The residents also stayed to have Christmas dinner with the children 😊

And our gift
hanging in
Blair park
17th December





Sensory

19th December

*Polar express day biscuit
decoration with preschoolers
15th December*



*Polar express afternoon arts
& crafts with our preschoolers
15th December*



All aboard the polar express
19th December



Frames
Christmas
Party ready



23rd December

CHRISTMAS EVE BAKING



BAKING SPIRITS BRIGHT



BAKING SPIRITS BRIGHT



BAKING SPIRITS BRIGHT





CHRISTMAS
CARDS



Christmas Day lunch



Christmas Day lunch



Christmas Day lunch



Christmas Day lunch











Coming up in the future

We start the month of January with a lazy pyjama day on the 1st.

On 7th January we will be going to the cinema to watch “Willy Wonka and the Chocolate Factory”.

The 9th January, John fitness will be in to get us all moving.

Tina will entertain us on the 14th with her drum fit activity.

We have planned a trip to the new local pie & mash shop and a fish & chip shop lunch is planned for January, trips to the local tearooms, weather permitting, as well as all our usual favourite activities.



Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned so please check the activities board when you come and visit your relative.

We would like to wish everyone a Happy New Year.

We also would like to take this opportunity to thank you all for your support in 2025

From Louise, Charlene and all the staff at Blair Park



Thank You FOR YOUR SUPPORT

Getting in Touch

Blair Park Care Home, 2 Beechwood Avenue, Crown Road, Milton Regis, Sittingbourne,
Kent. ME10 2AL

Tel: 01795 423695 Email: blairpark@charinghealthcare.co.uk

Website: www.charinghealthcare.co.uk