

# The Oast Newsletter

December 2025



# What we got up to in November

We had just one birthday to celebrate this month, Daphne on the 16<sup>th</sup>



We had Reiki with Nick



We played some games





We did a lot of crafting activities, we did some painting and colouring







We made some christmas decorations and put our lovely trees up







We did some seated exercises with John





Started to get in the Christmas mood



We did our own 'Bah humbug' impressions



And had some happy days !



### What we look forward to in December

- The Oast Christmas Party on December 13<sup>th</sup>
- A visit from Dee and her miniature pony on December 15<sup>th</sup>
- Mince pies and mulled wine afternoon on December 22<sup>nd</sup>

Thank you for all your continued support and we wish all our residents and their friends and families a very happy Christmas and a peaceful New Year

