Hillbeck Newsletter

December 2025

We hope you enjoy reading about all the exciting things that happen at Hillbeck where everyone is made to feel welcome with our warm and friendly atmosphere.





Internal Activities

Both activities ladies organise a range of activities that take place every morning and afternoon...

These include the multi-games table, Bingo, Arts & Crafts, Quiz's,

Sing-a-longs, Armchair Exercise's, Board Games, Nail painting for the ladies and much more. Should your loved one have any particular interest then please speak with Louise or Lisa

Birthday's This Month

8th – John 31st – Pat. L

Quote of the Month

"May you never be too old to search the skies on Christmas eve"

Getting to our staff

We would like to welcome Joanna to the Hillbeck team.



Employee of the month



Micky has been awarded employee of the month for helping to cover shifts and mentoring new staff, thank you Micky!



We have had another busy month!

We are really enjoying the sweet trolley coming around, there have been many new suggestions for different things to stock.

We had a wonderful time when we were visited by petset party animals. There were Guinea pigs, ferrets, snakes, rabbits, some of us were brave enough to put the snakes around our necks.

We were entertained by Michael, he sung us some great classics, we all enjoyed a sing along and a dance, we are looking forward to his next visit.

Our afternoon tea sessions are being enjoyed every Friday, a small group of us enjoy a chat and lovely sandwich and a fancy cake with a nice hot drink.

We have made a start on making our home extra Christmasy this year by making decorations for around the home that we can all enjoy.

We have started a weekly choir where we have been practicing a Christmas carol to sing to our family and friends at this year's Christmas party
We finished the month with a trip to Elm court garden centre, it was lovely to stretch our legs and see all the beautiful Christmas decorations, we finished the morning with a nice slice of cake and a cup of tea.





For those everyday hair styles we now have a new downstairs area to have a blowdry and a restyle. This has been well used this month by some of our lovely ladies.













What's Coming up in December

Hair dresser comes every Friday

1ST December - Decorating the home

2nd December - Decorating the home

3rd December - AM Christmas decoration making - Mini horses at 2.30pm

4th December – Decorating Gingerbread men

 $5^{\rm th}$ December – Roseacre primary school children singing Christmas carols at $3 {\rm pm}$

6th December -Christmas movies

7th December -Festive games

8th December -Christmas arts & crafts

9th December – Festive cupcake making

10th - December - Friends and family Christmas meal (tickets required)

11th December - Christmas jumper day - Thurnham school carols at 10.30am - Singing by Micael at 2.30pm

12th December – Christmas card making

13th December – Christmas choir at 2.30pm

14th December – Christmas movie

15th December - Pamper day 3pm Holy cross church service

16th December -Trip to Elm court garden centre

17th December -Christmas Party – entertainment by Jason Allen from 2pm

18th December – Barber & a visit from Santa

19th December -Christmas biscuit decorating 20th December - Holy cross Choir at 3pm

21st December -Christmas panto on TV

22nd December - Festive sing along

23rd December -Singing by Claire at 2.30pm - mince pie making

24th December -Christmas PJ day – hot chocolate with choice of toppings – Pamper day

 25^{th} December – Christmas gifts giving – traditional Christmas lunch lpm – Kings speech 3pm

26th December - Christmas games

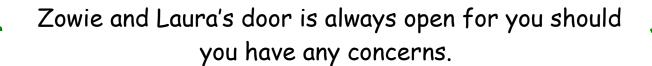
27th December – Christmas movie

28th December - Christmas sing along

29th December - Christmas word games

30th December - Christmas word puzzles

31st December - New year quiz - Pamper day



Once again thank you for all your ongoing to support.



Hillbeck Residential Home Roundwell Bearsted Kent ME14 4HN

Tel: 01622 737847 / Fax: 01622 735971

Emails: hillbeck@charinghealthcare.co.uk Website: www.charinghealthcare.co.uk