

CHARING HEALTHCARE

committed to care and support

## Newsletter

November 2025 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month are...



Wishing you all a very happy birthday xx

A little preview of what we got up to in October... October's theme was 'Awesome Autumn' with lots of autumnal and Halloween themed activities to enjoy. We knitted pumpkins and made autumnal wreaths, as well as spooky lanterns and halloween artwork. Kite flying at our local park followed our kite making session as well as some well-deserved tea and cake at our local tearooms. We went to see 'Pride and Prejudice' at the local cinema this month which the ladies greatly enjoyed. Our first Toddlers and Seniors session was a great success this month. Our visiting toddlers and their families enjoyed songs and games alongside our residents who had an equally wonderful time. Our next session will be held on Monday, 17th November from 1.45 pm to 2.30 pm. We also enjoyed our regular activities of Bingo, musical memories, armchair exercises, fitness with John G, movies and games. Our halloween party was fun for all with entertainment provided by Steve Hubbard. 

Cinema trip

Cinema trip

Cinema trip

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PIC COLLAGE















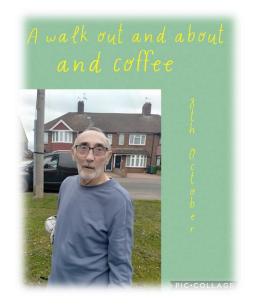


















CHALLENGES Attending of 14th Outober decorating































JOHN FITNESS
MUSIC & MOVEMENT
24TH OCTOBER
24TH OCTOBER









HALLOWEEN PARTY
OCTOBER 31ST









## Coming up in the future Next month we will continue our round the world tour by visiting Wales! There will be Welsh themed arts and crafts and virtual tours. Concerts from Tom Jones and Shirley Bassey can be enjoyed. We will also be showing 'The Snowman' with the beautiful voice of Wales' own Aled Jones in the run up to Christmas. Our ice cream station will be open for this film. Dates for the future:

3rd Nov - Richard, the visiting barber

5<sup>th</sup> Nov – Trip to The Light cinema

6<sup>th</sup> Nov – Visiting Church

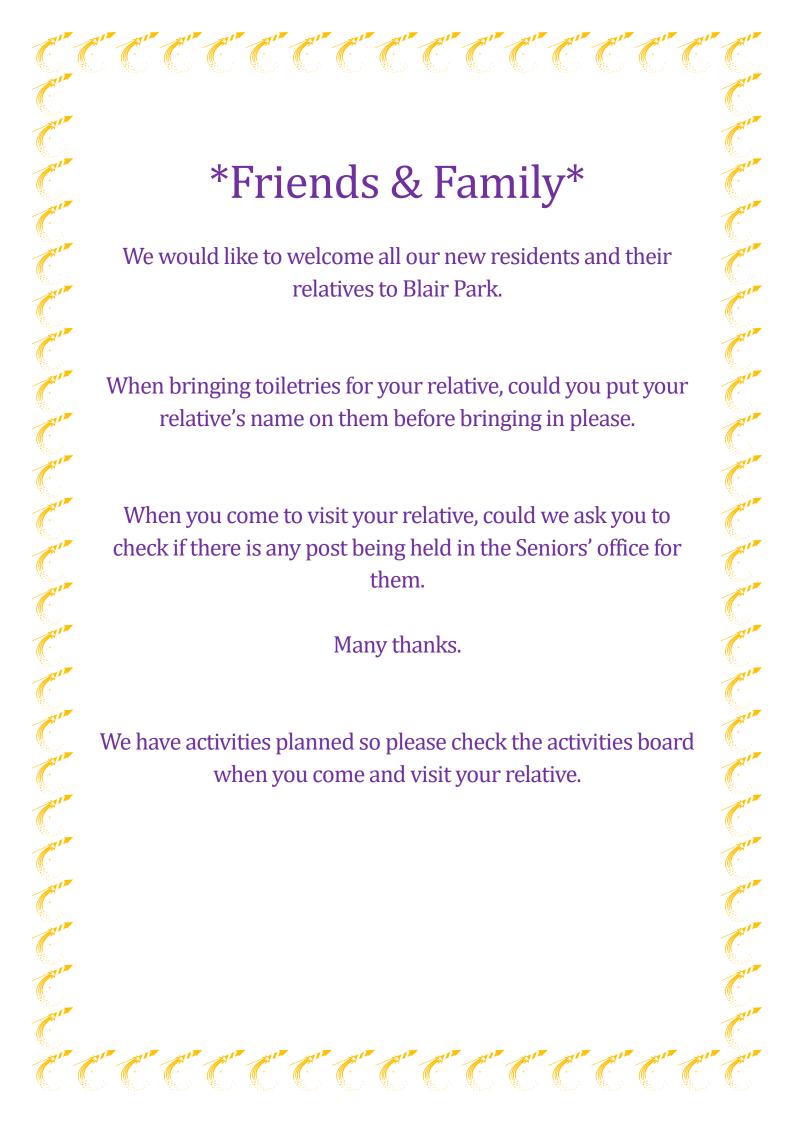
17th Nov - Seniors & Toddlers - 1.45 pm to 2.30 pm

18th Nov – Entertainment from Storm King @ 2.00 pm

21st Nov - Armchair fitness session with John G Fitness

6th Dec - Christmas Fair from 2.00 pm Our wonderful Christmas Fair will soon be here! It is always a wonderful event to be a part of. If you would like to have a stall or would be interested in helping out, please contact Tara or Gemma here at Blair Park. We would also be very grateful for any raffle or tombola prize donations. Raffle tickets are also now on sale. Please speak to Tara or Gemma if you would like to purchase these. 15<sup>th</sup> Dec – Christmas Meal We are having our annual Christmas meal for the residents at the Jenny Wren at 12.30 pm. Please contact us if you would like to attend with your relative or would like your relative to be a part of this event. 

17th Dec - Christmas Panto - 4.30 pm This year's panto from our visiting theatre company is 'Aladdin' and promises to be an afternoon full of laughs and smiles. Tickets are available from Gemma or Tara. 





## **Getting in Touch**

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