Blair Park

CHARING HEALTHCARE

Newsletter

ノンシンシン

October 2025 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month are...



Wishing you all a very happy birthday xx

A little preview of what we got up to in September...

In September, our country of choice was Turkey where we had virtual tours round the country. We also designed Turkish outfits during our arts and crafts sessions.

We also enjoyed a very relaxing Turkish spa experience with facemasks, hand massages and nails done.

We went to The Light cinema and watched "The Duke".

John Fitness joined us to help keep us all motivated and moving.

We also managed a few trips to the park and the tea rooms.

The staff enjoyed another team-building exercise which was lots of fun for all, especially the residents watching.

An update on the carnival last month – WE WON!!!

We came 1st in the Community Pick Award and 2nd in the Chairperson's Choice Award. Well done to all who participated and Thank You to all who voted for us.



V

シンシン









レントレントレントレントレントレント

Septem Sersin













ノノノノノノノノ

レンシン

GO LAM BULUNU 12TH SEPTEMBER

TEANS

NEVER GIVE UP





シシン













シンシン

ノンノンノンノンノン







ととととととととととととととと













HARVEST FOOD
COLLECTION DISPLAY

Your foll

HELLO
HELLO
JEANON

* PUMPEN

JEANON
**

ノノノノノ





Coming up in the future

October is a busy month. Most of our activities will be based on autumn.

We have a cinema trip planned to watch "Pride and Prejudice".

Our harvest day with staff dressing as scarecrows is on Thursday, 9th October.

We have another team building activity on the 10th October.

John fitness will be in for more exercising.

Our Halloween Party is on the 31st October. If you would like your loved one to dress up please bring in named items by Wednesday, 29th October please.

We are excited about our new venture of Seniors & pre-school afternoons which will start on Monday 13th October at 1:45pm, they will be held monthly moving forward. We will be having pre-school children coming in to join the residents with some fun activities which we feel will benefit everyone.

This year we are hoping to have poppies for sale for Remembrance Day which will be in the reception area. We have contacted the Royal British Legion asking for them to bring us some. We will keep you posted. Dates for the future: 9th Oct – Scarecrow Dress-up day 10th Oct - Staff team-building 13th Oct - Seniors & Pre-school afternoon 31st Oct - Halloween Party 6th Dec - Christmas Fair 17th Dec - Christmas Panto

Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

ノノノノノノ

We have a harvest display in reception with all goods donations going to a local food bank. Please donate if you are able; we would appreciate it.

シンシンシン

W

ノンシン

₩

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned so please check the activities board when you come and visit your relative.

We have had a little revamp in the home and have a wonderful new reading corner which we are all really pleased with. This has become a lovely social area for our residents.

Tickets are on sale for our Halloween Party at £5 pp. If you would like to dress up and join us for some spooky fun and buffet, please see Tara or Gemma.



Getting in Touch

Blair Park Care Home, 2 Beechwood Avenue, Crown Road, Milton Regis, Sittingbourne, Kent. ME10 2AL

Tel: 01795 423695 Email: blairpark@charinghealthcare.co.uk Website: www.charinghealthcare.co.uk