## Park View

## Newsletter



#### October 2025 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Park View, where everyone is made to feel welcome with our warm, friendly atmosphere, a real home away from home for all.

Residents celebrating their birthday this month are...

4<sup>th</sup> Peggy 6<sup>th</sup> - Kim 10<sup>th</sup> - John 13<sup>th</sup> Val F 31<sup>st</sup> - Glynis

#### **EMPLOYEE OF THE MONTH GOES TO...**

## Thank you to Mel, for all of your hard work.





#### October 2025 Entertainment

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 WORLD COFFEE DAY BINGO QUIZ JIGSAWS	2 YOGA WITH ROSA ARTS AND CRAFTS	3 MAD HATTER DAY ALICE THEMED GROUP GAMES HATTERS TEA AND NATTER	4 WORLD ANIMAL DAY	5 PAMPER AFTERNOON
6 SMILE DAY MOVE WITH MAZ SMILEY PICTURE BINGO HAPPY ART	7 GREASY FOOD DAY MOVE WITH MAZ FOOD QUIZ FRY UP LUNCH MAGAZINES AND NATTER AFTERNOON	8 BRING YOUR TEDDY TO WORK DAY BEAR QUIZ LEO SINGER	9 YOGA WITH CLEMMIE AUTUMN MENTAL AGILITY	10 MACMILLIAN COFFEE AFTERNOON - 2PM BRING AND BUY CAKE SALE	11 CHOCOLATE CUP CAKE DAY MOVE WITH MAZ CUPCAKES AND COFFEE	12 KAROKE AFTERNOON
13 MOVE WITH MAZ AUTUMN PICTURE BINGO BOULE JIGSAWS	14 MUSIC THEREPY WITH CLAIRE 11AM DIWALLI DECORATIONS	15 NUMBER BINGO ACTION STICKS SPRING BULB PLANTING	16 YOGA WITH ROSA AUTUNM GAMES AND PUZZLES	17 WEAR SOMETHING BRIGHT DAY DIWALLI CRAFTS	18 NEWS AND NATTER ART AFTERNOON	19 SALVATION ARMY VISIT
20 DIWALLI CELERATIONS	21 MUSIC THERAPY WITH CLAIRE PUMPKIN GOLF PUMPKIN DECORATING	22 DOUBLE BINGO QUIZ ART AFTERNOON	23 YOGA WITH CLEMMIE BALANCE AND COORDINATION GAMES	24 KNOCK KNOCK JOKES DAY JOKES AND MAGIC FUN BOX	25 MOVE WITH MAZ SING A LONG GARDEN TIDY UP	26 MONTHLY MATINEE SINGING IN THE RAIN
27 MOVE WITH MAZ HALLOWEEN CRAFTS AND DECOATIONS	28 CARTOON DAY MOVE WITH MAZ CARTOON MEMORY GAMES	29 GRANDPARENTS DAY REMINISCE WITH ROSA PETER LE BONE SINGS	30 YOGA WITH ROSA AUTUNM GAMES HALLOWEEN CRAFTS PUMPKIN DECORATING	31 HALLOWEEN TEA PARTY ALL WELCOME SPOOKY QUIZ	1	2

Dates for your diary:

2pm - 10<sup>th</sup> October – MacMillian Coffee Afternoon 2.30pm - 31<sup>st</sup> October - Halloween Tea Party



























### Dotty the Therapy Dog















#### Yee Haw Cowboy Day!!!





















# Autumn Arts & Crafts











Bath-salt Jars





Move to the Music



















#### Rosa's & Marion's Round Up

Hi All,

We have been very busy, we started off the month with cake decorating afternoons, which everyone enjoyed (especially when we ate the cakes afterwards!) Of course and had a lovely cup of tea with them served in proper China tea cups, which is how it should be done, delicious!

It has been quite an arts and craft month. We have decorated some jars ready for our craft sale table and we have filled them with bath salts, which will make a great handmade gift at Christmas and everyone who participated were very proud of the results. We also made some lavender bags, the smell made us all feel very nostalgic, happy and very relaxed!

We have made some beautiful suncatchers which now adorn our window and give us the sense of Autumn. We will be doing some more autumn-based activities and Halloween arts and crafts and games.

We had another visit from Mark and his mini steam engines which were a big hit for our residents.

Great fun with our regular Yoga sessions with Clemie, everyone is so relaxed after some Yoga and Meditation. Claire came in to do a music therapy session on our Cowboy Day! Everyone had an amazing time, the room was full of smiles as you will see from the photos, our residents all suit a cowboy hat!

We enjoyed our visit from the Salvation Army and look forward to another visit this month!

Karaoke has been very popular this month, our residents do like a good old singsong and it gets them up and dancing about!

This month we will be having a MacMillan coffee afternoon, Bulb Planting afternoon, Halloween Party, singers and lots more. Please see the calendar or look for the posters in the home for dates and further info! We hope you can join us!

Love as always

Rosa & Marion xxxxx