# Hillbeck Newsletter

#### October 2025

We hope you enjoy reading about all the exciting things that happen at Hillbeck where everyone is made to feel welcome with our warm and friendly atmosphere.





#### Internal Activities

Both activities ladies organise a range of activities that take place every morning and afternoon...

These include the multi-games table, Bingo, Arts & Crafts, Quiz's,

Sing-a-longs, Armchair Exercise's, Board Games, Nail painting for the ladies and much more. Should your loved one have any particular

interest then please speak with Louise or Lisa

#### Birthday's This Month

2<sup>nd</sup> - Carole 4<sup>th</sup> - Maureen 11<sup>th</sup> - Aileen 29<sup>th</sup> - Jill 30<sup>th</sup> - Pat 31<sup>st</sup> - Glenda

#### Quote of the Month

"The closest thing to being cared for is to care for someone else"

## Getting to know our staff







We would like to welcome to the Hillbeck team Erin, Samiyah and Fleur.

### Employee of the month



Sarah has been awarded employee of the month for being helpful to her colleagues she is kind, caring and a great chef who always thinks of others.

#### Hillbeck News

We have had such a busy month. We have been out for autumn walks to the garden centre, Fed coffee shop on Bearsted green and costa coffee. The residents have really enjoyed getting out for fresh air, a cup of tea and cake. This month we have had two singer's Claire who was fantastic, she had lots of us up dancing to some old classics. We also had Kevin Walsh in to sing to celebrate Pam's 90<sup>th</sup>

On Tuesday the 23<sup>rd</sup> we had our first residents meeting and got some really good feedback from menu choice, activities, trips out and how they feel about the home in general. It was very productive.

Birthday.

We have been on two trips this month, the first was to little potters where the residents got to paint their own piece of pottery which they really enjoyed. After pottery we headed off for afternoon tea which was very nice, we can't wait to go back.

The second trip was to Maidstone Museum, we also visited the Sue Ryder charity shop, St Francis church and Harlequins fancy dress shop then topped off with lunch at the glass house pub.

We have brought some new gadgets for the residents to use which has been great fun.

Our Chinese themed lunch went down a treat, and was enjoyed by all, we had lots of clean plates.

















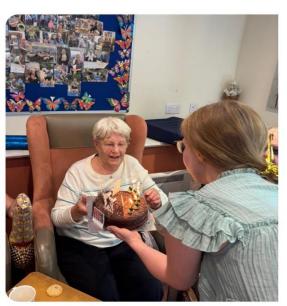




























































## What's Coming up in October

Hair dresser comes every Friday

22<sup>nd</sup> - Holy communion

24th - Church service

28th - Residnet's meeting

 $31^{\text{st}}$  - Hallowen party - singing by Elisha at 2.30pm

Outing dates for October to follow

Heather, Laura and Lauren's door is always open for you should you have any concerns.

Once again thank you for all your ongoing to support.



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