# Blair Park

CHARING HEALTHCARE

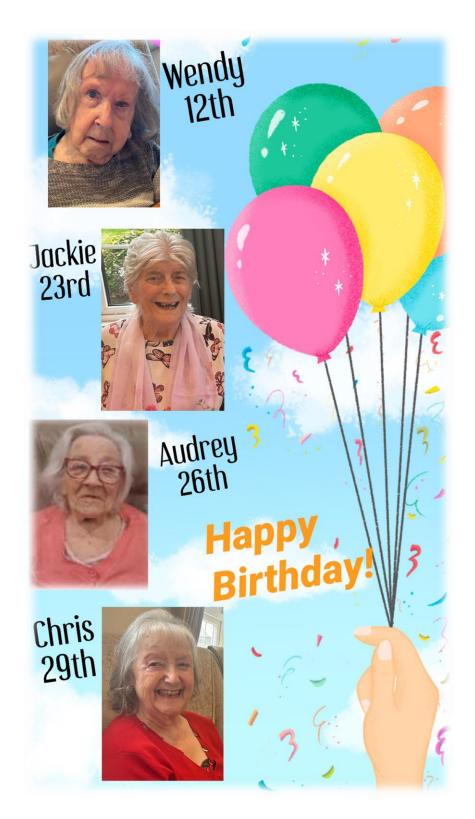
## Newsletter

September 2025 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month are...



Wishing you all a very happy birthday xx

# A little preview of what we got up to in August...

August has been a very busy month for us at Blair Park. We had our activities centred around the summer.

We held our Relatives' family meeting on Saturday, 2<sup>nd</sup> August. Thank you to all who attended.

We have enjoyed making fruit smoothies to drink, had an ice cream station, bikini drawing / contest, Bingo, quizes as well as making flowers for the float we have secured for the Sittingbourne Carnival.

The barber visited us and is due again at the end of September.

We had our 2<sup>nd</sup> staff team building activity with the winning team's poster now up on display in the home.

Our Summer Fair was on Saturday, 16<sup>th</sup> August, we had a lovely day. Thank you for all the donations towards this event and to those who came along on the day to support us. We raised £402.30 to go in our Residents's Fund. Also a huge thank you to staff and helpers on the day and to the amazing Criterion Strummers who were brilliant as always in keeping us entertained. Also, thank you to the stall holders that attended.

We had Peter Kneebone in this month also.

Sunday, 24<sup>th</sup> August was carnival day and WOW! What a day it was. We had the sun shine and a brilliant atmosphere.

The float looked fantastic. We managed to have 13 residents take part in the parade which was an awesome achievement. Their enjoyment and enthusiasm to be part of it and the smiles on their faces is what it is all about. It made all the hard work and organising worth it.

Again, a huge thank you to all the staff and family members that helped on the day. Without your support it wouldn't have been possible and, of course, to our absolutely awesome residents. I cannot stress how incredibly proud of you all I am. Especially all our walkers who walked the entire route with the float.

### YOU ARE ALL OUTSTANDING!!!

Thank you to all the other agents that made it possible to do:

The Criterion Strummers for joining us on the float and providing entertainment;

I Cars, Swale for the taxis to get us all home;

Delivery Demons for the lorry and driver for our float;

2316 (Sheppey) Squadron Royal Air Force Air Cadets for lending us chairs for the residents to use on the float

And

Sittingbourne and District Carnival and Court Association for allowing us to take part in this magical day.

Dana goes on maternity

Jana goes on maternity

can't

leave we wish her well & can't

leave to meet her baby boy

wait to meet her baby 31st July





























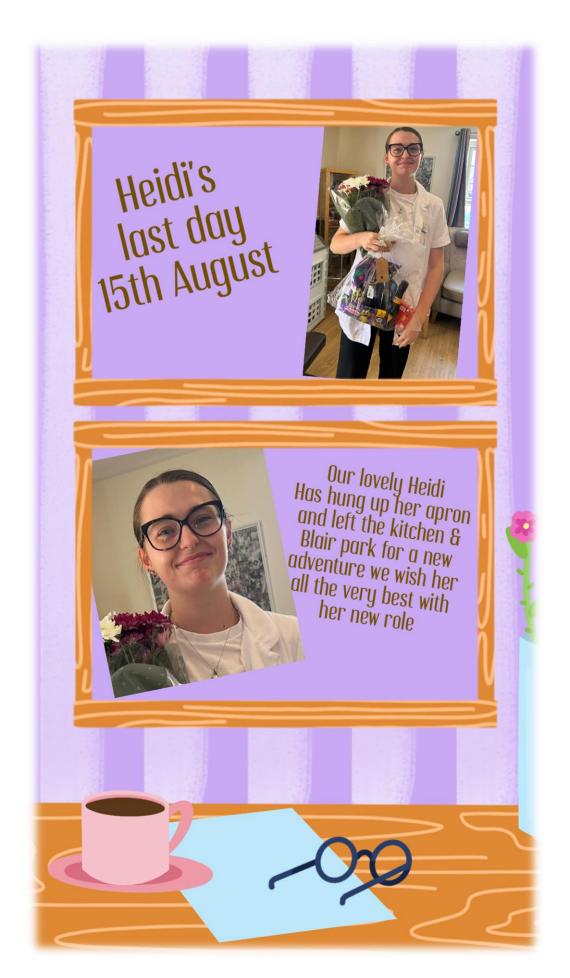
























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Coming up in the future

With the 'ber' months coming we head off to Turkey in September as part of our round the world travels.

John G Fitness will also be in in September and the Dementiafriendly cinema trips start again. If you would like to join us for this trip, please let Tara or Gemma know asap.

October will be spooky fun and Halloween. Then it will be fireworks night and the Christmas meal at the Jenny Wren, Sittingbourne, our Christmas fair and panto.

Dates for the future:

5th Sep – John G Fitness

10th Sep – Dementia-friendly cinema – "The Duke"

22<sup>nd</sup> Sep – Barber

31st Oct - Halloween Party

6th Dec - Christmas Fair

17th Dec - Christmas Panto

\*Friends & Family\*

We would like to welcome all our new residents and their relatives to Blair Park.

We will soon be collecting for the Harvest Festival table in October for a local foodbank. If you would like to bring in non-perishable items we would appreciate it.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned so please check the activities board when you come and visit your relative.



### **Getting in Touch**

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