# The Oast, Newsletter

September 2025



# What we got up to in August...

We had three birthdays to celebrate this month, Irene



Audrey



### Trevor



We did some great exercises with John Boyd Fitness...





Some lovely quality time with Benny the Therapy dog ..





We did have some games ...Bingo and dominoes,





### And we did some gardening and much needed watering



Kevin sang for us



### And photograph of the month without a doubt



We also welcome to new staff members to our kitchen team, Carol and Jacob.

What we look forward to in September;

August 30<sup>th</sup>, The Oast Summer Party and Buffet
September 8<sup>th</sup>, Seated Dance with John Boyd
September 15<sup>th</sup> Animalia Encounters
September 17<sup>th</sup> Peter Kneebone

September we will celebrate also birthdays for Clive, Vera and

## Joyce who will be 107 years old !!!

Thank you for all your continued support