# Blair Park

CHARING HEALTHCARE

# Newsletter

August 2025 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month are...

Marcie

Daisy



Linda

Wishing you all a very happy birthday xx

# A little preview of what we got up to in July...

In July we headed off to the beautiful country of Greece with themed activities around this in keeping with our Round the World theme.

We enjoyed a fun Grease, the film, themed day with staff dressing up accordingly and we turned the dining room into a 1950s style diner where we enjoyed hot dogs, burgers, chips and milkshakes for lunch. The staff entertained us with a sing-a-long and dancing in the afternoon.

We also watched Mamma Mia which is set in Greece.

We had a Greek tapas tasting afternoon where the residents tried flat bread, feta cheese, olives and vegetable sticks with humous.

Along with these, we had a wonderful picnic lunch at the park where we enjoyed our sandwiches, played games and were lucky enough to have been bought ice creams from a passing gentleman which was very much appreciated by us on a very hot day. A huge "Thank you" to him.

John G Fitness came in to do music and movement in another fun activity which is enjoyed by all.

Trips to the local tea rooms and the park have taken place this month as well as the firm favourites of Bongo and Quizzes.

Also this month, the staff had their first team building activity which was a big hit with the staff who had a lot of fun building a bridge from paper and sellotape. The winning teams received an appreciation badge which you will see on their uniforms. We are hoping there will be more as we continue with this activity which we hope will build good working relationships.











































































































## Coming up in the future

As we fast approaching August and our attention is very much on our two big events this month.

The Summer Fête on Saturday, 16<sup>th</sup> August and Sittingbourne Carnival on Sunday, 24<sup>th</sup> August.

Summer Fête – We have lots booked in for this including a burger van, cake stall, ice cream stand, Avon and craft stalls. We will be having our usual raffle and tickets are on sale now.

We will also have the fantastic Criterion Strummers in to entertain us.

Sittingbourne Carnival – We have a float entered for this and the theme is purple and dementia awareness. We are all really excited about being a part of this wonderful community tradition and to be able to include the residents in this.

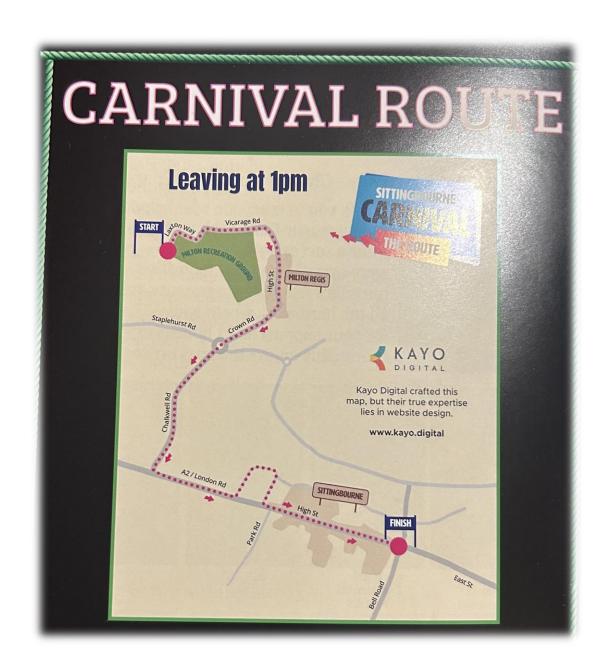
We will be centring our activities around summer time in August with picnics, garden beach themed party and a sunglasses and cocktails afternoon. We will also have a fun Blair Park take on the lovely legs bikini contest.

## Dates for the future

Saturday, 2<sup>nd</sup> August – Residents' Family meeting starting at 11.00 am. Tea and cakes provided.

Saturday, 16th August - Summer Fête starting at 2.00 pm

Sunday, 24<sup>th</sup> August – Sittingbourne Carnival procession starting at 1.00 pm from Milton Rec (route map below).



## \*Friends & Family\*

We would like to welcome all our new residents and their relatives to Blair Park.

Tickets for the Summer Fête raffle are now on sale. All proceeds go to the Residents' Fund to help improve their environment and towards extra entertainment.

All donations for the raffle will be gratefully received and appreciated. Please invite friends and family to come along and make this a success.

We have the carnival coming up on Sunday, 24<sup>th</sup> August. We still need volunteers to help with this event, either to escort residents or transport them from the finish line back to Blair Park or even help decorate the float. Any help is really appreciated even if it's only for an hour. Please see Tara or Gemma if you can assist.

Thank you.

With the temperatures raising can we please ask you to supply a named sunhat and sunscreen for your loved one so they are able to enjoy going outside. We cannot

allow them outside without both on. Thank you.

Tea room and park trips will now be added to our activities weather depending.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

Please keep an eye out for emails and posters around the home on upcoming events.

Our Bingo prizes are getting low. If you would like to donate something for this, we again would be very grateful.

We would also appreciate any donations towards our raffle for the summer fair.



## **Getting in Touch**

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