

The Oast, Newsletter

August 2025



What we got up to in July...

We had three birthdays to celebrate this month, which means lots of cake!

Astrid ...



Kevin ...



Barry



Lots of cake meant lots of happy faces ...





We had games ...



And puzzles ...



As always a super sing -a -long with Kevin ...

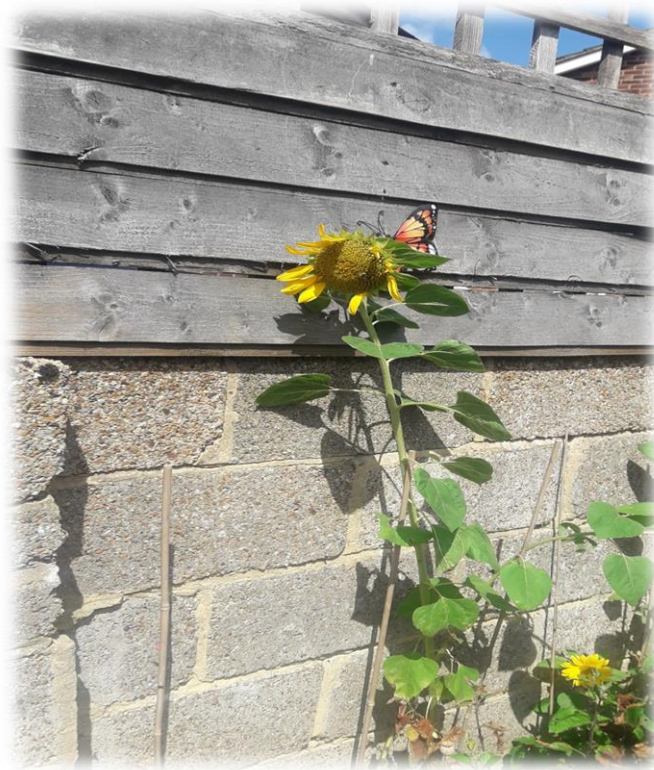


Seated dance and exercise ...

Benny the therapy dog made his weekly visits ..



And the Sunflowers are coming along nicely !!...



What we look forward to in August ;

2nd , Kevin will be singing

13th , David will entertain us

21 st , John Boyd fitness

24th , Leo and his guitar

August also sees birthdays for Irene, Audrey and Trevor.

Thank you for all your continued support , and don't
forget to save the date for our **rescheduled** Summer
party , Saturday August 30th