

Blair Park



CHARING HEALTHCARE
committed to care and support

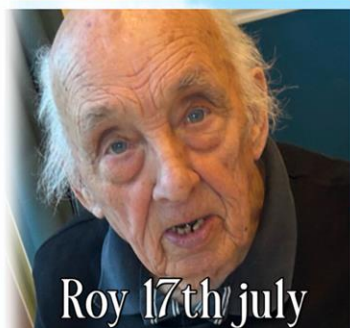
Newsletter

July 2025 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month
are...



Wishing you all a very happy birthday xx

A little preview of what we got up to in June...

In June we had a little mix it up month which has given us a little break from our round the world theme.. This will resume in July.

With the amazing weather we have had some wonderful trips to the park and local tea rooms as well as garden time enjoying the sunshine.

We had our trip to the cinema for a dementia friendly screening of "Marigold Hotel" which was enjoyed by all.

We celebrated Father's Day with memory posters and a pub afternoon.

Our young readers returned this month for the reading with friends activity which is a huge hit with both our residents and the children.

We held our Ascot themed horse racing afternoon which was a lot of fun. Unfortunately, our jockey, Gemma, fell at the first hurdle (very intentional and staged) much to the delight of all watching. Lots of laughter all round and pleased to announce both jockey and horse were fine.

We had a wonderful afternoon of singing once again with the fabulous Rick Boxall.

We also enjoyed a fantastic trip to Leysdown this month with 9 of our residents who had a brilliant day out enjoying the warm weather. We had a little walk along the promenade and beach plus a delicious fish & chip picnic lunch. It was a great day with plenty of smiles.

Our first ever staff culture day, although with extremely hot weather, was a big success with wonderful entertainment from our drummer.

Incredible food was brought in by staff which tasted amazing. There was a great party atmosphere and an amazing effort from staff with their outfits. The incredible support and passion they showed getting involved in this event making it the fun day that it was. A huge thank you to them all. You are fantastic!!

A walk in the park



2nd June







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FATHER'S DAY
FUN AND GAMES
JUNE 13TH



JUNE 13TH



BUS TRIP INTO TOWN

JUNE 16TH





RACE DAY
17TH
JUNE



PLACE YOUR BETS
RACE DAY 17TH JUNE

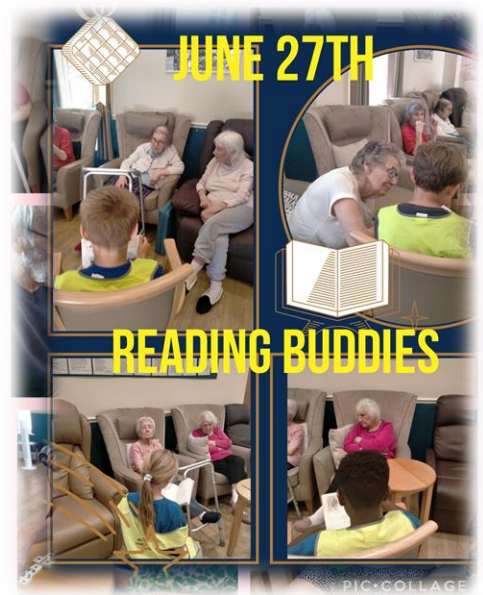
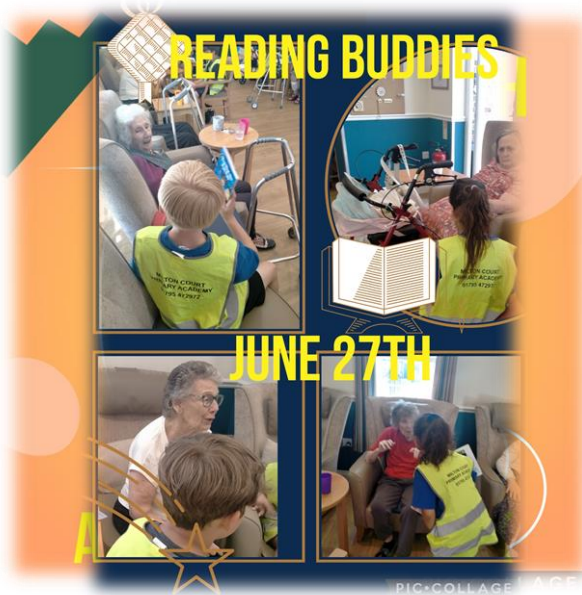






TRIP TO LEYSDOWN 25TH JUNE











Coming up in the future

As we head into July our focus is very much on the two main events we have planned in August; our Summer Fayre and the Sittingbourne Carnival. Emails and reminders to follow on both of these.

We will also be continuing our around the world theme and travelling off to the stunning area of Greece where we will enjoy lots of fun activities around this. We will also have a few staff dress-up days for Abba and Greece (Grease) days. Please come along if you are able; these days are always lots of fun for all.

We also have another trip to Leysdown planned for Wednesday, 9th July. If you would like to join us and bring your loved one, please let myself or Gemma know. The extra hands are always welcome and it allows us to have the opportunity to include and take more residents with us.

Weather permitting garden time and local park / tearoom trips will also continue.



Dates for the future

Saturday, 16th August – Summer Fête

Sunday, 24th August – Sittingbourne Carnival

Family Photo Shoot – Date to be confirmed

Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

Emails have been sent regarding our upcoming events and activities.

As some of you may be aware, our Manager, Louise, has very kindly donated a wonderful huge doll's house a little while ago which she got for the home. All it needed was a little TLC.

Over the last few weeks it has been given lots of love and attention by one of our lovely volunteers, Lynne, who has given it a fresh new look with paint inside and

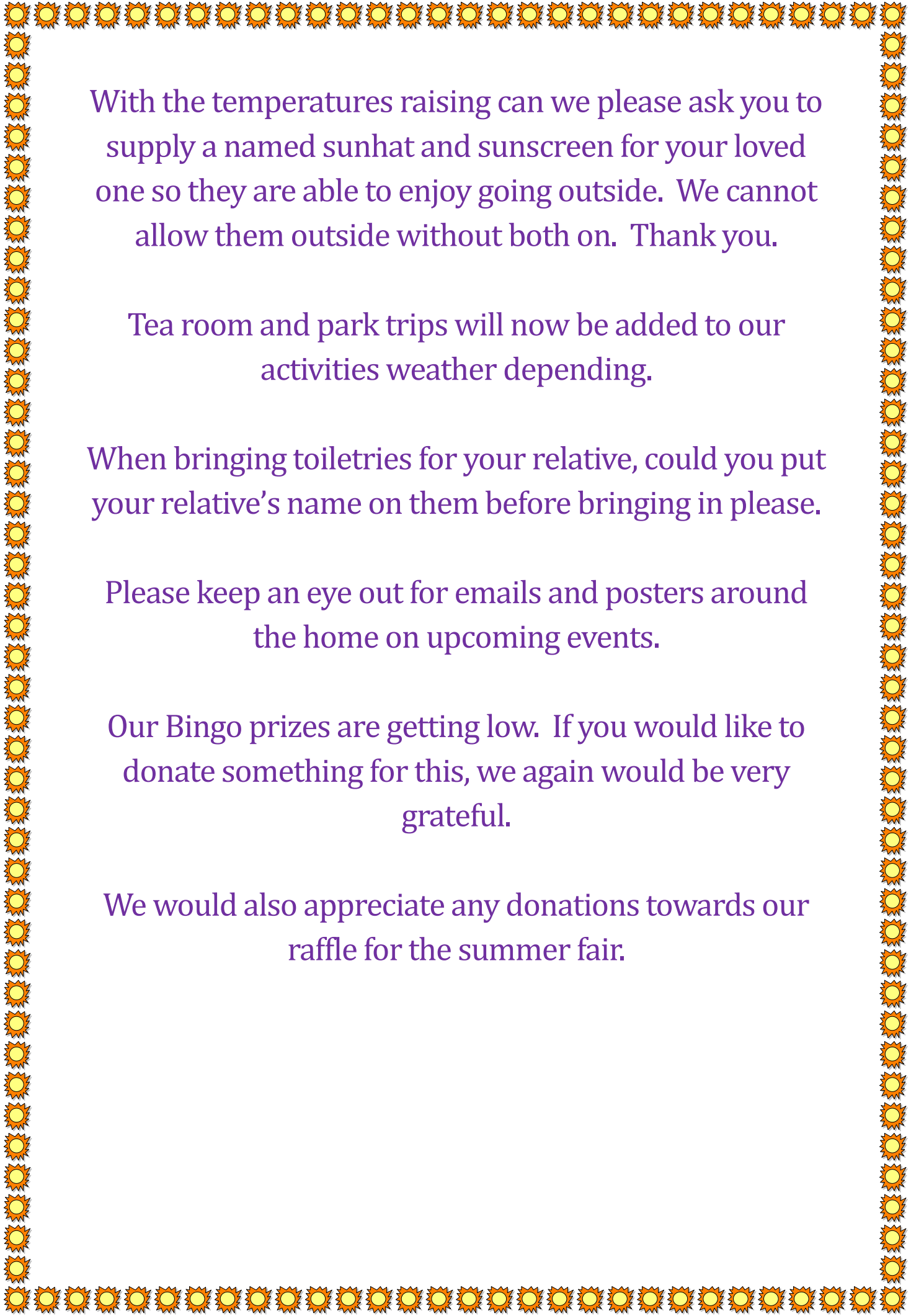
out by hand and, with the help of a resident, has painstakingly made sets of miniature curtains and matching tie-backs. The house has a whole new identity and looks fabulous. Its name is Blair Cottage. We are very grateful to Lynne for all her time and help in giving us a beautiful dolls house which the residents can enjoy.



Lynne is also going to work on giving the house some wooden furniture.

If anyone has some bits of 2 x 2 wood they no longer require, we would love it if you could donate it to us to help with making this furniture.

We have the carnival coming up on 24th August. If you are able to help us with this, it would be greatly appreciated. This can be decorating the float, helping the residents while on the float or even getting them to and from the home to the float and back.



With the temperatures raising can we please ask you to supply a named sunhat and sunscreen for your loved one so they are able to enjoy going outside. We cannot allow them outside without both on. Thank you.

Tea room and park trips will now be added to our activities weather depending.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

Please keep an eye out for emails and posters around the home on upcoming events.

Our Bingo prizes are getting low. If you would like to donate something for this, we again would be very grateful.

We would also appreciate any donations towards our raffle for the summer fair.



Thank You
FOR YOUR
SUPPORT

Getting in Touch

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