

# Hillbeck Newsletter

July 2025

We hope you enjoy reading about all the exciting things that happen at Hillbeck where everyone is made to feel welcome with our warm and friendly atmosphere.



## Internal Activities

Both activities ladies organise a range of activities that take place every morning and afternoon...  
These include the multi-games table, Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair Exercise's, Board Games, Nail painting for the ladies and much more. Should your loved one have any particular interest then please speak with Louise or Lisa

## Birthday's This Month

5<sup>th</sup> - John. D

22<sup>nd</sup> - Wendy

22<sup>nd</sup> - Lynda

## Quote of the Month

"My eye's do see, my ears do hear, I am still me so let's be clear, my memory may fade, my walk may slow, I am me inside, don't let me go"

## Getting to know our staff.

### Employee of the month



Lisa has been nominated for her great work ethic and commitment to her role, always ensuring that our residents are well cared for.

Emilija was nominated as she has really stepped up the last few weeks helping to cover cook shifts, her meals have been enjoyed by all residents.

Well done ladies!

Over the last few weeks we have had a few new staff join the team... Diane and Sabrina have joined the kitchen and Charlotte and Kirsty joined the night care team.

Leanne our new deputy manager who has joined manager Kevin and Stacey our head of care forming our new management team.

## Hillbeck News

Firstly, we would like to start off by welcoming our new resident Bill, we hope you will be very happy here at Hillbeck.

We have been spending lots of time in the garden enjoying the beautiful weather. We made up some colourful hanging baskets for the front of the home and also our lovely volunteer Elaine has been helping with the courtyard flowerbeds. Thank you, Elaine.

We have purchased a couple of paddling pools for our residents to dip their toes in to cool down on the hot days which has gone down well with all. On the days that have been a little cooler they have been enjoying playing volleyball with beach balls in the courtyard.

We started a new knitting club which is held on Thursday mornings. All family and friends are welcome to come along! It has brought back lots of lovely memories for the ladies.

We would like to thank Joyce Handford for all her hard work with helping, she has spent lots of her time making individual bags for each resident. Thank you, Joyce!

We had entertainment from Kevin Walsh, Kevin hasn't been in for some time. As always, he had residents and staff up dancing the afternoon away.

We got out our sun hats, applied the sunscreen, hopped on the minibus and headed to Leysdown-on-sea. It was a little breezy, but the sun was trying to shine. We enjoyed a stroll along the sea front followed by the best fish and chip lunch!

We made in back home in time for tea and biscuits.

All the residents were so grateful to of been invited.

Our Mexican themed lunch of Chilli, rice and tortilla chips was a welcomed change for our residents and all are looking forward to a Lithuanian feast next month.







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## What's Coming up in July

11<sup>th</sup> - Boat trip

15<sup>th</sup> - Jason Allen

16<sup>th</sup> - Andrew the Barber

17<sup>th</sup> - Lithuanian themed lunch

22<sup>nd</sup>, 23<sup>rd</sup> & 24<sup>th</sup> - Chiropodist

Kevin, Leanne and Stacey's door is always open for  
you should you have any concerns.

Once again thank you for all your ongoing to support.



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