

# The Oast Newsletter

June 2025



# What we got up to in May

On 2<sup>nd</sup> we rolled out our Friday Tuck Trolley which everyone loves...



We did gentle exercises on May 2<sup>nd</sup>....



A treat for the ladies with nail painting..





We had a lot of games this month...









Many sunny days , including Al Fresco lunch ....





We did some crafting ...





On May 8<sup>th</sup> we had a very special VE Day....

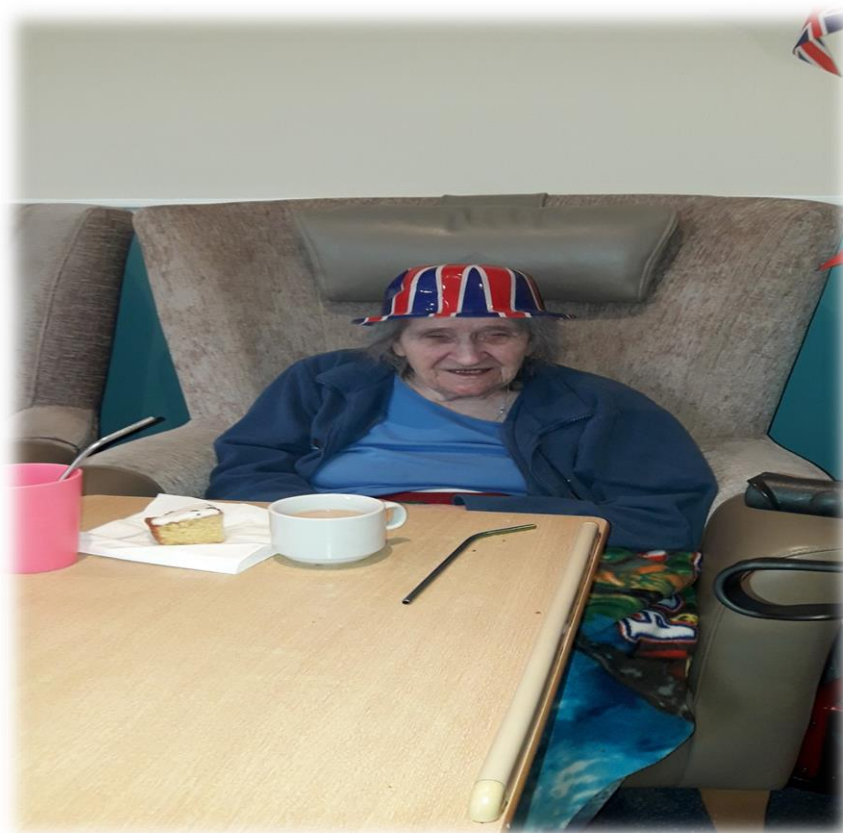












We finished the month with Reiki with Nick....



What we look forward to in June :

- Birthdays for June and Celia
  - Kevin singing on 12<sup>th</sup>
  - David will sing on 19<sup>th</sup>
    - Peter on the 23<sup>rd</sup>
- Chirpodist visiting on 11th

Thank you for all your continued support , and don't forget to save the date for our Summer BBQ, Saturday August 2<sup>nd</sup>