

# Hillbeck Newsletter

June 2025

We hope you enjoy reading about all the exciting things that happen at Hillbeck where everyone is made to feel welcome with our warm and friendly atmosphere.



## Internal Activities

Both activities ladies organise a range of activities that take place every morning and afternoon... These include the multi-games table, Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair Exercise's, Board Games, Nail painting for the ladies and much more. Should your loved one have any particular interest then please speak with Louise or Lisa

## Birthday's This Month

2<sup>nd</sup> - Jean  
5<sup>TH</sup> - Doreen  
8<sup>th</sup> - Helen  
14<sup>th</sup> - Alan L  
16<sup>th</sup> - Adrian

## Quote of the Month

"Queen of blossoms and fulfilling flowers, what pretty music shall we charm the hours!"

# Getting to know our staff

## Employee of the month



Alice



Reshma

Alice was nominated by her colleagues as she is very approachable, kind and caring.

Reshma was nominated as she is very hard working and caring. Reshma has recently become a flexi senior and is progressing very well.

Well done ladies!!

## Hillbeck News

During May we had a great time making bunting for the V.E Day celebrations. We had the lovely Georgina come and perform for us. There were songs from the 40's & 50's we all enjoyed a sing along and a bit of dancing.

We had an American themed lunch, hot dogs with all the toppings, chicken strips with fries, key lime pie & ice cream. As you can imagine this went down a treat and was enjoyed by all.

We were visited by Animalia Encounters, animals at Hillbeck are always a big hit, as you can see from the photos, we thoroughly enjoyed it and are looking forward to the next time they visit.

We have been making the most of the beautiful sunshine that we have had this month by spending time out relaxing in the court yards.

Some of the residents went on an outing to Mote Park. We took a picnic for lunch, food for the ducks and enjoyed the tasty treats with a cup of tea, finishing the trip with a walk around.





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## What's Coming up in June

16<sup>th</sup> - Kevin Walsh at 14.30

24<sup>th</sup> - Mexican themed lunch

25<sup>th</sup> - Holy communion at 14.15

Date to be confirmed - A sea side outing



Kevin and Leanne's door is always open for you should you have any concerns.

Once again thank you for all your ongoing to support.



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