The Oast, Newsletter

May 2025



What we got up to in April

On 14th we did some gentle exercises...





Good Friday was a super busy day, we had fish and chips from the chippy, an Easter Bonnet parade and raffle with chocolates galore...













We had Reiki with Nick



We also played games...





And some lovely sunny days



We saw Benny the therapy dog



We celebrated Angela's birthday



What we look forward to in May:

- 1st Mick Abbott singing
- 5th, Leo and his guitar
- 8th VE Day buffet lunch and celebrations
 - 14th Kevin Walsh
 - 19th Peter Kneebone
 - 29th John Boyd Fitness

Thank you for all your continued support