

# Park View Newsletter

March 2025 Issue



*Throughout our newsletter you can expect to read a little bit about what goes on here at Park View, where everyone is made to feel welcome with our warm, friendly atmosphere, a real home away from home for all.*

**Residents celebrating their birthday this  
month are...**



*4<sup>th</sup> - Pat T*  
*11<sup>th</sup> - Shirley*  
*13<sup>th</sup> - Vera*  
*24<sup>th</sup> - Mary*  
*31<sup>st</sup> - Valentina*



**EMPLOYEE OF THE MONTH GOES TO...**

Thank you, Helen, for all of your hard  
work.



# March 2025 Entertainment

In-house activities are as follows: -

Mondays & Tuesdays – Move it Mornings with Marion

Wednesday, Thursday & Fridays – Rosa’s Relax Afternoons!

Scrabble

Jenga

Puzzles

Word Searches

Art and Crafts

Reminiscent Games

Quizzes

Bingo

Mature Projects

Observation Games

Nostalgic Fairground Games

Cooking

**Exercise & Yoga – 6<sup>th</sup> & 20<sup>th</sup> at 11am**

**Singer/Entertainers**

**Alex -7<sup>th</sup> at 2pm**

**Leo – 18<sup>th</sup> at 2pm**

**Friday 28<sup>th</sup> March**

**Mother’s Day Afternoon Tea Party 2pm – 4pm £5.00 per person**









# Rosa's & Marion's Reflection

Hello All,

One of the residents Sons, Doug made us some wooden window boxes and the residents have been decorating by painting, printing and decoupage them. They will take pride of place on the window sills throughout the Home.

During February we did some lovely Valentine's Day arts and crafts, which we proudly displayed around the Home and some lovely flowers that are now displayed in Reception.

We also kept with the Valentines theme with some mental agility games which the residents found very enjoyable.

Jigsaws have become quite a hit this month with many residents enjoying doing them.

Following the success of last month's cake decorating session we had an afternoon making sandwiches and another with tea and scones (all in vintage china cups of course) which the residents enjoyed making and eating.

We are trying to incorporate doing everyday activities like making sandwiches and buttering scones to help keep our residents involved in doing everyday simple tasks!

Marion has started doing a 15 minute of light armchair exercises each morning to help get our residents moving. Together with our fortnightly Yoga and Meditation and our entertainment, there has been A LOT of extra moving around which is very beneficial to the health and wellbeing of our residents.

This month we will be concentrating on Spring so we will be doing more arts and crafts and other activities to reflect the change in Season. This will definitely brighten the place up and get our creative juices flowing.

Future events will involve a pancake filling afternoon and flower arranging for our new window boxes.

Please see Activities or Reception for tickets for our Mother's Day tea party with vintage tea cups and lace doyleys, to be held on 28<sup>th</sup> March.

With love as always,

Rosa and Marion xxx