

Blair Park



Newsletter

March 2025 Issue.

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month
is...

Ruth



Wishing you all a very happy birthday xx

A little preview of what we got up to in February...

In February we continued with our round the world theme and headed to chilly Iceland.

We have been very crafty this month making Valentine's hearts and doing some Icelandic themed colouring alongside wordsearches.

Frozen was this month's film which was thoroughly enjoyed alongside some delicious ice cream snacks.

A few of us headed of to The Light cinema in Sittingbourne to watch "Mary Poppins" at the dementia friendly screening where we had fun singing along and enjoying tea/coffee and cake.

Terry's retirement party was a great success with musical entertainment from the wonderful Chamonix. It was very much enjoyed by Terry, our residents and staff. We all wish her well in the future.

We also enjoyed some pampering and relaxation during our spa day and experienced our wonderful new look beauty room. We also had some fitness exercises with John from G Fitness.

Rick Boxall also entertained us all for Agnes's 80th birthday. This was another fantastic afternoon where she celebrated with family, friends and staff.



Making hearts
4th February



Arts and crafts
Valentines hearts
6th February



Happy birthday
13th February



Make A Wish!





Frozen film
with ice
cream
18th February



UNWIND

BLAIR PARK
Spa experience



Blair park spa
19th
February



UNWIND



SWEET SHOP

FEBRUARY
19TH

PIC•COLLAGE











NEW LOOK

BEAUTY ROOM



A visit to the new look beauty salon

February 24th

PIC•COLLAGE





Reading 28th
February



Poem reading
28th February

Employee of the Month...

This Month's winner is

Tara



Tara has supported the management very well in the last month in her activity role and her exceptional help in the kitchen.

Very well deserved, Congratulations!!

Coming up in the future

In March we are travelling to Scotland for the next leg of our round the world trip. We will have a virtual tour and try our hand at our own version of the Highland Games!

We will experience virtual Hogmanay Celebrations and the musical talents of Scotland's very own Red Stuart!

Scottish themed arts and crafts will be taking place including tartan paper weaving and making Empire biscuits.

There are some special events to celebrate in March which includes Pancake Day on March 4th with our own pancake station.

Our church service will be on Thursday, 6th March.

On Monday, 17th March we will celebrate St Patrick's Day with a day trip to Ireland. It will be a wear it green day for staff and will watch The Lord of the Dance show. A donation of £1.00 for the Residents' Fund would be appreciated.

On Friday, 21st we will be having fish and chip Friday takeaway lunch.

Tea room trips are planned, and musical entertainment will be provided by Annie Riley as well as fun and music with Tina and the Drumfit workshop as well as a visiting band.

We will also have a visit from our Milton Court Primary School Reading Buddies on Friday, 28th March and every Friday moving forward.

We still have spaces available for Mother's Day Afternoon Tea on Sunday, 30th March. Teas are £5.00 per person.

Dates for the future

Friday, 18th April – Easter Bonnet Parade and party with entertainment and a buffet. Tickets are £5.00 per person

Saturday, 16th August – Summer Fête

Sunday, 24th August – Sittingbourne Carnival

Family Photo Shoot – Date to be confirmed



Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

Emails will be sent out regarding booking a care review for your relative. We can be flexible around your availability.

We will be holding an Easter raffle so any donations will be gratefully accepted.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned so please check the activities board when you come and visit your relative.



Thank You
FOR YOUR
SUPPORT

Getting in Touch

Blair Park Care Home, 2 Beechwood Avenue, Crown Road, Milton Regis, Sittingbourne,
Kent. ME10 2AL

Tel: 01795 423695 Email: blairpark@charinghealthcare.co.uk

Website: www.charinghealthcare.co.uk