

The Oast, Newsletter

February 2025



Residents celebrating their birthday this month
are...

David - Feb 6th

, Regine - Feb 26th

Gill - Feb 26th

What we got up to in January

January 9th we had Kevin singing to us



On the 16th we listened to Peter



On the 16th we had music and mindfulness with Alison ...





We had arts and crafts





Games





And lots of dancing...



And of course seated exercises



We celebrated a long service award for our House Keeping team member Lalita who has been with us for over 5 years . Congratulations Lalita!



Weekly visits continued from our hairdressers and Benjy the Therapy dog .

What we can look forward to In February :

- February 6th, exercise and fitness with John
 - February 6th Kevin Walsh singing
- February 11th , Music and Mindfulness with Alison
 - Valentines Day, Leo and his guitar
 - February 16th , Peter sings
 - February 17th , Seated dance
 - February 23rd , Irish Dancing Display
- February 24th, Animalia Encounters with Naomi
 - February 26th PJ and Rose