# The Oast, Newsletter

### December 2024



Residents celebrating their birthday this month are....

Ruby, December 4<sup>th</sup>

Dorothy, December 28th

## What we got up to in November .....

November 5th, we had Music and Mindfulness with Alison...

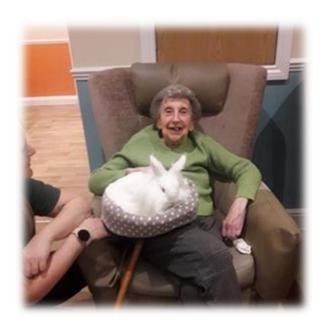




### On the 6<sup>th</sup> we welcomed David...



### On November 13<sup>th</sup> we saw lots of animals ....







# On the $28^{\text{th}}$ we had a great sing a long and dancing afternoon with Kevin





On the  $16^{th}$  we celebrated Daphnes birthday ....





On the 19<sup>th</sup> we sang with Peter ...

### And we played games all month !....







### We also welcomed Kayce to our caring team in November.

### What we look forward to in December:

- ullet December  $2^{nd}$ , seated fitness with John
  - December 4th, Miss Holiday sings
    - December 11<sup>th</sup>, David sings
- December 12<sup>th</sup> The Shetland Pony Christmas Visit
  - December 14<sup>th</sup>, Peter sings
  - December 19th Seated Dance

On December 7<sup>th</sup> we have The Oast Christmas party from 12 to 4pm and we hope many of our families will join us.

On December the staff here will be singing Christmas Carols to the residents!

Weekly visits continued from our hairdressers and Benjy the Therapy dog

Finally , we would like to wish all our families and friends and very Happy Christmas and Peacful new year.

