

Park View Newsletter



November 2024 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Park View, where everyone is made to feel welcome with our warm, friendly atmosphere, a real home away from home for all.

**Residents celebrating their birthday this
month are...**



3rd - Gillian
12th - Brenda
13th - Ena
15th - Frank
16th - Valarie

EMPLOYEE OF THE MONTH GOES TO...



Thank you, Kirsty, for all of your hard work.



October 2024 Entertainment

In-house activities are as follows: -

Scrabble

Jenga

Puzzles

Word Searches

Art and Crafts

Reminiscent Games

Quizzes

Bingo

Mature Projects

Observation Games

Indoor Golf

Singalong with Rosa

7th & 21st – Exercise & Yoga (11am)

27th – Leona - Singer (2pm)















Rosa's Round Up

Hi All,

October has been lovely, the weather mild and the falling and changing colours of the leaves, magical! To mark the change of season we have been playing many autumnal games for the residents to get a sense of the season, mostly mental agility, memory and cognitive games and puzzles. The residents get a real sense of achievement completing them. We have displayed the Arts and Crafts works around the home and they are amazed at their artistic abilities and proud of their achievement!

We have had some amazing singers this month, they got everyone dancing, or moving around in their seats, it's so lovely to see the residents really enjoy themselves and some has a good old singalong too!

We introduced our new exercise lady at the beginning of the month, she incorporated some Yoga and Meditation. The session, which everyone found ultra relaxing, was filled with gentle stretching and breathing.

We had a fantastic Halloween with a smashing buffet of spooky food, and later in the day a Halloween Tea Party with family members enjoying lots of spooky cakes and fine china. Good fun was had by all! Thanks to all those who supported us, a massive thank you to the kitchen staff and to Kali, Karen and Marion for the spooky cakes and sweets...you're the best!

Until next month.....

With love, Rosa xxxx