# The Oast,

## Newsletter

September 2024



## Residents celebrating their birthday this month are...

Mary September 3rd

Clive September 13th

Vera September 19th

Joyce B September 22nd

#### What we got up to in August .....

August 5<sup>th</sup> Seated Dance



August 7<sup>th</sup> singer David



#### August 9th Peter Kneebone



August 11<sup>th</sup> Reiki with Nick



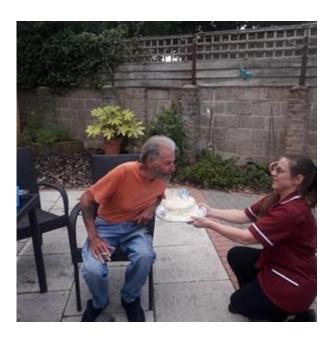
#### August 20th Music and Mindfulness with Alison



August 28th Rob T



#### Games and Birthdays!





















#### **August 31st Summer Garden Party BBQ**

### What a wonderful afternoon we had, thank you to all staff for their hard work!

A big thank you for all the generous raffle prizes and monetary donations from the resident families

A big thank you for the beautiful horseshoe earrings raffle prize from The Scarlet Ribbon

Thank you to Cheesecake Please for your generous voucher raffle prize

Thank you to the YMCA Loose for the free family skate session raffle prize

Thank you to Kirsty for the body shop goodies for the raffle.

#### What we look forward to in September:

- September 2<sup>nd</sup> Seated Dance
  - September 5<sup>th</sup> PJ & Rose
- September 10<sup>th</sup> Music & Mindfulness with Alison
  - September 17<sup>th</sup> Animals Encounters
    - September 18th David sings
    - September 22<sup>nd</sup> Reiki with Nick
    - September 24th Peter Kneebone
    - September 25<sup>th</sup> Victoria singer
    - September 30<sup>th</sup> Seated Dance

Weekly visits from our hairdressers and Benjy the Therapy dog

We also have lots of activities to look forward to Bingo, Quizzes, games and flower arranging

Welcome Sarah H to her new role as activities coordinator although she will continue to work a night in the week. We hope she enjoys her role in activities.