# Blair Park

CHARING HEALTHCARE

# Newsletter

September 2024 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



# Residents celebrating their birthday this month are...



Len - 9th



Jean - 12th



Wendy – 12<sup>th</sup>



Jackie – 23<sup>rd</sup>



Audrey - 26th



Chris - 29th

Wishing you all a very happy birthday xx

# A little preview of what we got up to in August...

We celebrated the birthdays of Betty, Marcie, Doreen and Linda this month. Betty was 100 years young and celebrated with a party and entertainment from Storm King on the 11<sup>th</sup>.

We continued with our virtual round the world tour by travelling to Hawaii and had virtual tours of the islands. We watched the movie "Lilo and Stitch", "Blue Hawaii" and "Moana" as well as participating in entertaining beach games.

A Hawaii day on 16<sup>th</sup> August saw staff dressing up and having plenty of fun and games which included a limbo competition.

We also explored our creative talents making fruit kebabs and flower garlands.

We held our annual summer fair on Saturday, 24<sup>th</sup> August. It may have been wet and dismal outside, but we certainly brought the sun inside with a raffle, tombola, delicious cakes, burger van and fantastic stalls. We were entertained by the fabulous Rick Boxall, whose singing was enjoyed by all.

An enormous thank you to all our family, friends, visitors, staff and volunteers who made this such a lovely memorable event.

All monies raised will be going to our Residents' Fund to enable us to purchase exciting resources for further enriching activities.



























































## Coming up in the future

September will see us heading off to Australia, enjoying virtual tours, concerts at the Sydney Opera House as well as Australian themed crafts and baking!

On the Monday, 9th we will be visited by a 'drum fit' workshop.

On Tuesday, 24<sup>th</sup> we will be having our Australian-themed dinner.

Wednesday, 25<sup>th</sup> September will have some special Australian guests from "Creepy Claws Experiences" visit.

We will also be enjoying the use of our Blair Park Pub with beer and nibbles afternoons and great entertainment from Farli on the 26<sup>th</sup>.

There is lots for us to look forward to!

Thursday, 31st October – Halloween Party with fancy, dress, buffet and entertainment. Tickets are £5.00 per person.

Thursday, 19<sup>th</sup> December – Christmas lunch at the Jenny Wren. More details to follow.

# \*Friends & Family\*

We would like to welcome all our new residents and their relatives to Blair Park.

We are hoping to start a vegetable or herb garden in the coming months and are looking at buying a small pop-up greenhouse. If you have any old plant pots, seed trays, soil or seeds you could donate, it would be appreciated.

With the weather being so fabulous, we are using our garden more. Please can you make sure your loved one has sun cream and a hat (named) please.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We have activities planned so please check the activities board when you come and visit your relative.

We are asking for donations of clean, clear round plastic drinks bottles for a future activity. There will be a box left in reception for these. Thank you.



### **Getting in Touch**

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