## The Vale Newsletter



Welcome to The Vale's July Newsletter, we hope you enjoy!

This month we spent a lot of time in the garden as the weather was so good.









Wendy enjoying the blossoms in the garden.

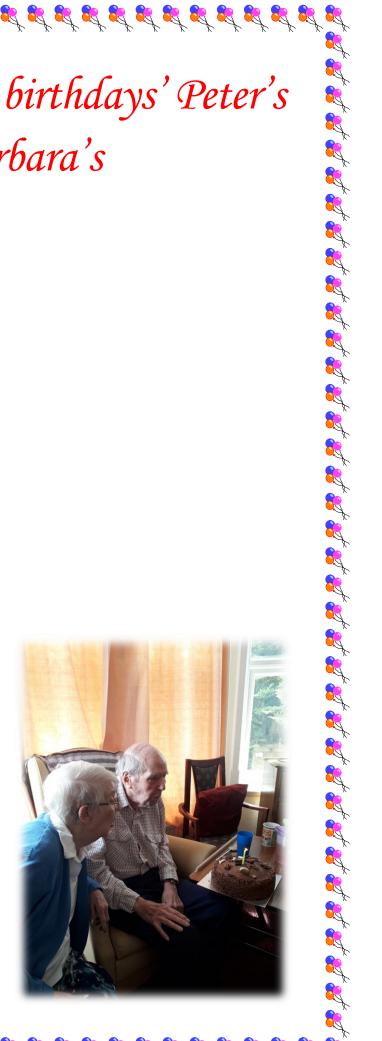


## Alison visited every Wednesday for music and mindfulness sessions



## We celebrated two birthdays' Peter's and Barbara's





Upcoming birthdays and entertainment

Tuesday 13<sup>th</sup> August 2:30pm Peter Kneebone Monday 19<sup>th</sup> August Pam's birthday Friday 23<sup>rd</sup> August chiropodist Friday 30<sup>th</sup> August Georgina (singer) Hairdresser visits every other Thursday from 8<sup>th</sup> August.

Events and birthdays in September

Tuesday 10<sup>th</sup> September animal encounters

Wednesday 11<sup>th</sup> September Chris Gillard

Wednesday 18<sup>th</sup> September Marco magician

Thursday 19<sup>th</sup> September Allans birthday and

reminiscence morning

Friday 20<sup>th</sup> September sponsored walk

Sadly this month we lost one of our much loved residents.

RIP GINGE



Our deepest condolences to Ginge's family and friends he will be greatly missed by us all.

Employee of the month.....

Suguna, well done and thank you for your continued hard work at The Vale.



Here is what some work colleagues said about Suguna.....

Suguna hasn't been with us long but has already come a long way. Her confidence has really grown and is a very hard worker.

Suguna always has a smile on her face.

Suguna is very caring.





September 21<sup>st</sup> is national Alzheimer's day

On Thursday the 19<sup>th</sup> at 11am we would like you to join us for tea/coffee cake for a reminiscence morning please could you bring any old pictures or any significant to your loved ones for us to talk about.

## Sponsored walk

On the 20<sup>th</sup> of September for world Alzheimer's day Gracie and maybe a few other staff will be taking part in an independent sponsored walk of Mote Park to raise some extra funds for our residents so we can do something special. If anyone would like to donate/sponsor, please enquire at the vale or via email/telephone.

Lastly thankyou all for your continued support we look forward to seeing you over the coming weeks.

The vale

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