

CHARING HEALTHCARE

committed to care and support

Newsletter

May 2024 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month are...



Polly – 1st May



Dot - 6th May



Phylis - 9th May



Audrey P - 18th May



Joan I – 31st May

Wishing you a very happy birthday x



March saw us heading to The Netherlands as part of our round the world activity. We have had virtual tours of Amsterdam, the Keukenhof Gardens and Anne Frank's house. We also watched the film "Anne Frank".

We enjoyed a Dutch themed lunch on 18th April where we had Dutch Stomppot with Rockworst and Dutch breakfast cake (mashed potatoes, vegetables and sausage followed by ginger cake). We had Dutch hagleslag (fairy bread or bread with chocolate sprinkles) with our tea.

We had fun making tulip flowers, windmills and colouring Dutch themed pictures.

With the sun starting to appear, we managed to take a trip to the local park. Hopefully the weather will improve enough so we can do more trips this month. This is great exercise and good for self-esteem.

We enjoyed a trip to the cinema in Sittingbourne to see "Easter Parade" on Wednesday, 17th April.

The amazing Keeley entertained us all with her singing when she came on Friday, 19th April.

We had our Cheese & Wine afternoon on Friday, 26th April. Thank you to all who came.











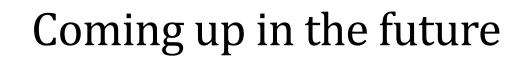












In May we will be enjoying the delights of Italy where there will be more virtual tours and activities around Italy including making pizzas and having an Italian themed lunch / tea.

The chiropodist will visit on 1^{st} May and the hairdresser will be in on Thursday mornings.

We have the dementia friendly cinema showing of "On the Town" on Wednesday, 8th May. There is a £5.00 carer fee and this includes free tea or coffee and a cake midway through the film.

Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

Our building works are very nearly finished. We would like to thank you for your patience through this and also with the parking situation which is also due to improve soon.

We would like to thank the builders for the wonderful work they have done to make our home light, bright and airy. We would ask that you please park in the bays marked off in the car park. As we head into May our focus turns to warmer weather and the summer which means there will be more outdoor activities. With the garden almost completed we are getting excited about being able to sit outside and use this fantastic new space (weather permitting). Please ensure your relative has a sunhat and sun cream which are labelled. We would be grateful for any donations of plants / flowerpots you may have to make the space even better. When bringing toiletries for your relative, could you put your relative's name on them before bringing in please. We are running very low on Bingo prizes so if you have anything suitable you could donate, it would be very much appreciated. We have activities planned so please check the activities board when you come and visit your relative.



Getting in Touch

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