# Blair Park

### Newsletter

#### March 2024 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



### Residents celebrating their birthdays this month are...



Ruth – 21st March



 $Ed - 22^{nd}$  March

Wishing you a very happy birthday x

## A little preview of what we got up to in February...

This month we started our round the world trip. We started in London and had great fun making and packing our suitcase for our virtual trip. We did lots of activities including a trip to London Zoo and the Tower of London which was enjoyed by all. Within the London theme, we made Peg Soldiers, decorated cakes and biscuits, and had a sing-a-long with Chas & Dave in our pub area.

The residents celebrated Pancake Day with amazing pancakes on the 13<sup>th</sup> and then celebrated Valentine's Day with cupcakes and chocolate boxes.

We celebrated the birthdays of Eileen C and Agnes.

The sweet shop opened this month and has been a big hit with residents and staff.

The barber and hairdresser have been in to pamper the residents.





) ) ) )

























Music &  $\int$ not emen 24









MAGNETIC BOARDS 7TH\*FEB

PIC.COLLAGE

⋇





OLLAGE

























































### Coming up in the future

In March you will see us heading to Ireland on our round the world trip. We will have virtual activities and also St Patrick's Day celebrations.

We are having a special awards night for staff on Friday, 8<sup>th</sup> March at 7.00 pm. This will be a black-tie event and will celebrate contributions made by Blair Park staff. The Mayor of Sittingbourne will be presenting the awards.

Upcoming entertainments are: 10<sup>th</sup> March – Mother's Day & Irish stew 13<sup>th</sup> – chiropodist 19<sup>th</sup> - - solo guitar / singer 21<sup>st</sup> – Ruth's birthday 22<sup>nd</sup> – Barber 29<sup>th</sup> – Easter Bunny Mother's Day To celebrate Mother's Day

> afternoon tea slots are available to book from Monday 11th March £5pp



### \*Friends & Family\*

We would like to welcome all our new residents and their relatives to Blair Park.

Our building works are continuing to progress well. They are continuing the works upstairs and have almost finished. They will then start on enlarging the courtyard area.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We are now in the winter season so please be mindful of colds, flu and Covid-19 and try to avoid bringing them into the home.

We have activities planned so please check the activities board when you come and visit your relative.



#### **Getting in Touch**

Blair Park Care Home, 2 Beechwood Avenue, Crown Road, Milton Regis, Sittingbourne, Kent. ME10 2AL Tel: 01795 423695 Email: blairpark@charinghealthcare.co.uk Website: www.charinghealthcare.co.uk