

# Blair Park



# Newsletter

February 2024 Issue

*Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!*



Residents celebrating their birthday this month  
are...

**Eileen**



**Agnes**



Wishing you a very happy birthday x

# A little preview of what we got up to in January...

We started the New Year with lots of ideas for the coming months and the remainder of 2024

We celebrated the birthdays of Pat, Marie, Glenys and Derek.

We held our Residents' meeting with some of the residents in our new pub area which they all enjoyed.

We also had a Residents' Family meeting where we shared our ideas and upcoming events. A BIG thank you to all who attended.

This month we had the hairdresser, who comes in weekly, the barber, who is monthly, and the chiropodist visit all our residents.

Keely came to entertain our residents with singing. Some even joined in so a good time was had by all.

We also had our first Fish 'n' Chip Friday which went down well.



Happy birthday  
to you



Pats birthday  
5th January  
2024

PIC-COLLAGE



Happy birthday  
Derek  
26-1-24

16TH JANUARY



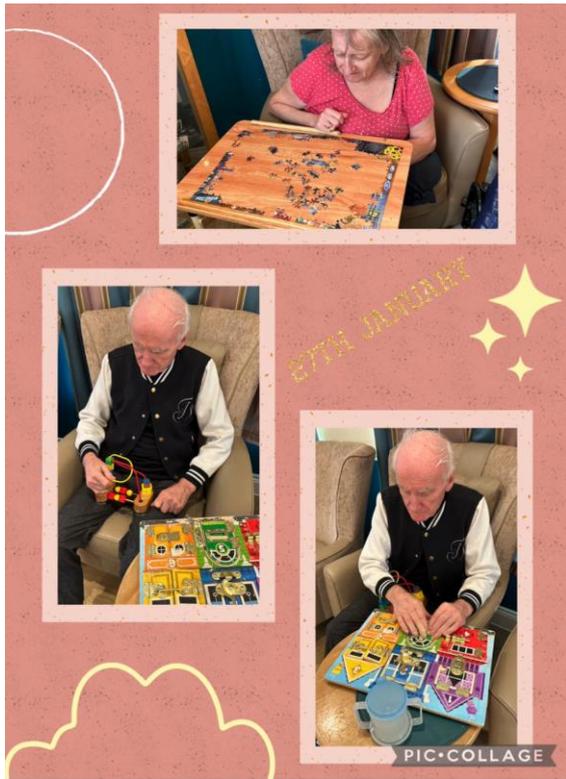
HAPPY  
BIRTHDAY  
TO YOU  
101  
TODAY



PIC-COLLAGE







# Coming up in the future

February will see us travelling around the world as our main activity. We will be starting in London and this will include virtual tours, arts and crafts, sampling that location's food and more.

Our Dementia Friendly cinema outing is on 7<sup>th</sup> February and we are going to see "His Girl Friday".

We are having a special awards night for staff on Friday, 16<sup>th</sup> February at 7.00 pm. This will be a black-tie event and will celebrate contributions made by Blair Park staff. The Mayor of Sittingbourne will be presenting the awards. Emails have gone to families with invitations and the nominations so please look out for them. They are headed "Home Full of Stars".

Upcoming entertainments are:

- 14<sup>th</sup> – Peter Kneebone
- 16<sup>th</sup> – Fish 'n' Chip Friday
- 23<sup>rd</sup> - Barber
- 27<sup>th</sup> – River Rodents

Moving forward – our activity hours have changed and there will no longer be activities on the weekend. This is to allow



families to come and spend time with their relatives without distractions.

Afternoon teas can be booked in 1 ½ hours slots on a Saturday. These will cost £5.00 per person and the café area will be made available for you. These will need to be booked at least 24 hours in advance please so you can have plenty of time with your relative.

Our new Sweet Shop area is almost complete and will be open to residents and staff once a week for them to purchase items. The Sweet trolley will now go round once a week.



## \*Friends & Family\*

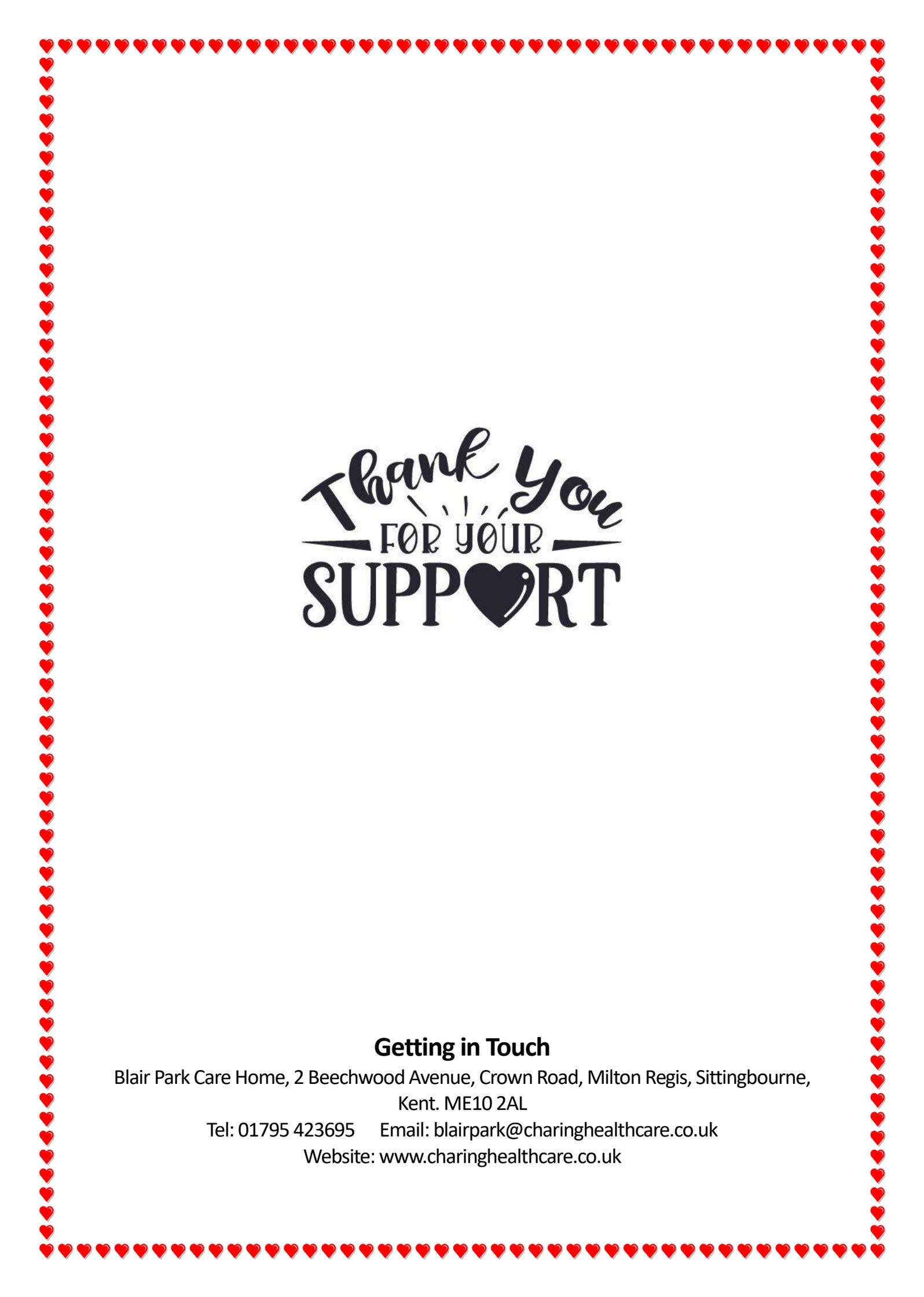
We would like to welcome all our new residents and their relatives to Blair Park.

Our building works are continuing to progress well. They are continuing the works upstairs and have almost finished. They will then start on enlarging the courtyard area.

When bringing toiletries for your relative, could you put your relative's name on them before bringing in please.

We are now in the winter season so please be mindful of colds, flu and Covid-19 and try to avoid bringing them into the home.

We have activities planned so please check the activities board when you come and visit your relative.



Thank You  
FOR YOUR  
SUPPORT

**Getting in Touch**

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