

THE OAST NEWSLETTER



January 2024

What we got up to in December



Christmas Party and Christmas day











Whats Happening this month

17th Singer Rob T

20th Reiki

Seated dance

31st Debbie Jazz singer

Every week Benny the therapy

dog

Hairdress weekly

Daily activities

Empolyee of the Month

Hari



This January, why not start the year with an empty jar and fill it with notes about good things that happen. Then, on New Years Eve, empty it and see what awesome stuff happened that year.

