



## Newsletter

### December 2023 Issue

Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park, we hope you enjoy!



Residents celebrating their birthday this month are...

21st - Ray

Wishing you a very happy birthday xx

## A little preview of what we got up to in November...

This month we celebrated the birthdays of Mo, Peggy, John and Joan.

We went to watch the dementia friendly screening of Father of the Bride at the cinema. The residents also had coffee and cake.

We also took some of the residents to the local coffee shop as they love getting out and about.

Storm King came to sing to us with a lovely afternoon of singing and dancing.

We enjoyed activities such as music and movement, Bingo, games and puzzles, the magnetic boards, arts and crafts, reminiscences with back in time music and so much more.

We also had fish and chip Friday which always goes down a treat.

Dancing Gems came to dance for us. It was amazing and a pleasure to have them do this for us. There were lots of smiles and fun by all.























るするからからからからずらずらず





### Coming up in the future

\*\*\*\*\*\*\*

Our Christmas Fayre is Saturday, 2<sup>nd</sup> December from 2.00 pm to 4.00 pm. Chamonix will be in to provide entertainment on the day so please come along and support us. We will be having a raffle so please see Donna or Tara for tickets. They are £2.00 a strip or 6 strips for £10.00.





On Tuesday, 5th December, we will be having a residents' circle meeting.

Our Christmas Panto is on Monday, 11<sup>th</sup> December at 5.00 pm. Tickets are £5.00 per person so please let Donna or Tara know if you would like a ticket.





On Wednesday, 13th December we have and outing to The Light in Sittingbourne for their dementia friendly showing of White Christmas. If you would like to attend, please let Donna or Tara know as we need to book tickets with the cinema. They are £5.00 each.

On Tuesday, 19<sup>th</sup> December, we are

going to the Jenny Wren for a Christmas lunch.



Please could you let us know if you are attending so we can confirm the seating. The table is booked for 12.00 noon.

\*\*\*\*\*\*\*\*



On Friday, 22<sup>nd</sup> December, we are having a Christmas party with a buffet. Our Drag Queen, Miss Chamonix and the Mayor will be joining us for the party. Tickets, again, are £5.00 per person and include the entertainment and buffet. Please come along as it will be a really fun time. See Donna or Tara for tickets.

Santa will also be visiting to give the residents presents from all of us at Blair Park.





We would like to thank The Giving Tree at Dunelm Mill for doing loads of gifts for us this year which I'm sure the residents will enjoy.

We are having our New Year's party on Saturday, 30<sup>th</sup> December. Tickets are £5.00 per person and include entertainment from Storm King, a buffet and wine. Please let Donna and Tara know if you are interested in coming.



# In the Spotlight... Our new staff members



Alicia



Gabie



Athena



Kim

Welcome to the team!!





#### **Getting in Touch**

Blair Park Care Home, 2 Beechwood Avenue, Crown Road, Milton Regis, Sittingbourne, Kent. ME10 2AL

Tel: 01795 423695 Email: blairpark@charinghealthcare.co.uk Website: www.charinghealthcare.co.uk