

Blair Park



CHARING HEALTHCARE
committed to care and support

Newsletter

September 2023 Issue

*Throughout our newsletter you can expect to read a little bit about what goes on here at Blair Park
We hope you enjoy!*



Residents celebrating their birthday this
month are...

12th Jean & Wendy

23rd Jackie

26th Audrey O

We wish you a very happy birthday xx



A little preview of what we got up to in August...

We celebrated Betty's 99th birthday this month with a singer, Tricky Trev.

We went on a few trips this month to the beach, cake & coffee shop, the park, shopping, the church and had ice creams. The residents had so much fun and laughter.

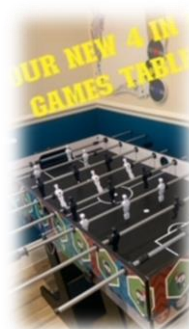
We did music and movement, played Bingo, did quizzes, games and puzzles, played football on our new football table, had the magnetic boards out, did knitting and weaving and played cards. The church also came to visit for Holy Communion.

Once a month, on a Friday, we have Fish & Chips from the chippy. The residents love this (see picture below in main photos).

We have finished our Memory Lane Café (see pictures below). If you would like afternoon tea in this area with your relative, please let us know for us to set this up for you.



We have a new 4-in-1 games table which will be so much fun for the residents to play plus a magnetic dart board.





The barber and hairdresser came to visit. The barber is next in on 19th September.

The hairdresser comes every Thursday for the ladies.

The chiropodist is next due in the end of September.

Our new bar has arrived and is in place in the area with the dart board. Our sweet shop is also in place. The backdrops for these have gone to print and will be put up once they have arrived.

On Friday, 15th September from 2.00 pm to 4.00 pm, Chamonix is coming to entertain us again. If you would like to come, tickets are £5.00 per person and include nibbles and a drink plus an amazing show. Please see Tara or Donna if you are interested. We appreciate all the support given.

We are having our postponed Dementia Walk in the Park on Saturday, 23rd September starting at 2.00 pm. Can you please help with pushing wheelchairs, raising money for the home. Please see Tara or Donna for sponsor forms if you are doing the walk. Even if you just attend on the day to help out, we really appreciate your support.

We have lots of birthdays to celebrate in September. They are: Jean, Wendy, Jackie, Audrey O and our manager, Louise.

We had a relative's meeting on Wednesday, 30th August where families were updated with what's happening in the home. There was also the chance to meet members of the team. Thank you for your continued support. We couldn't do this without it.



Friday 4th August
indoor games
**3 things I am
grateful for today**



Firstly, I am
grateful
for...laughter



I am also
grateful
for...friendship



Finally, today
I felt gratitude
when...I saw
happy faces

PIC•COLLAGE

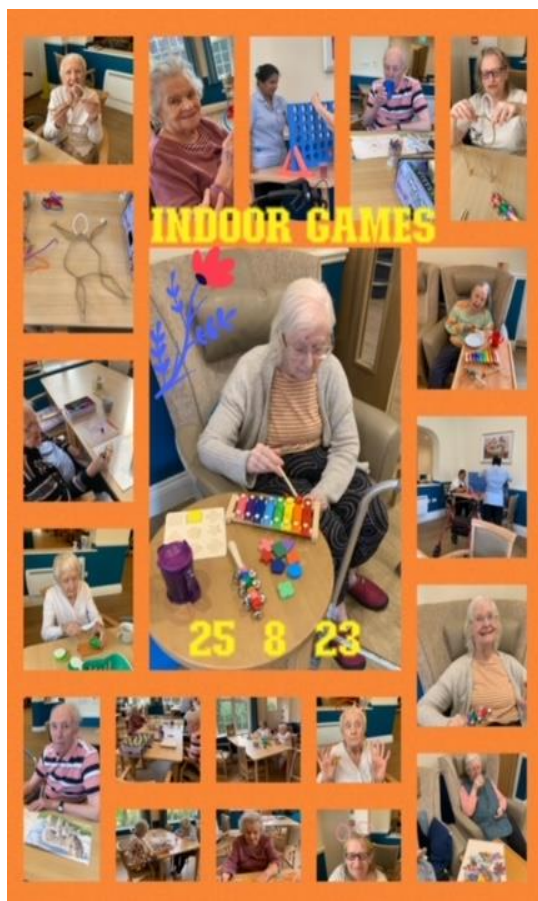


HAPPY
BIRTHDAY
to you









In the Spotlight this month
is...

Scott



We would like to give a warm welcome to Scott. He has joined our team as our new Maintenance Operative. You will see him around the building carrying out maintenance works swiftly and without too much disruption to our residents.

Welcome!!



Friends & Family

We would like to welcome all our new residents and their relatives to Blair Park.

We also have some new members of staff. They are: Alicia and Norah – healthcare assistants; Gemma – housekeeping and Scott – Maintenance. Welcome to them all.

Our building works are continuing to progress well. They are continuing the works upstairs. They are hoping to have finished by Christmas.

Our recent relative's meeting was not very well attended and for us to continue with this, it would be appreciated if more families could attend. These meetings are to keep families informed as to what is happening in the home and to also meet our Heads of Departments. A lot of effort is put in to keep families updated and your support is appreciated. To this end, we will be sending out a survey shortly asking when would be the best time for us to have these meetings.

Consent forms will be emailed out shortly regarding the Autumn Covid booster, the flu vaccine and the shingles vaccine. We would appreciate these being returned promptly so we can organise the date with the relevant parties to come and administer.

Finally, the stairs with the stair chair are not in use due to the building works along that corridor.

We have activities planned so please check the activities board when you come and visit your relative.



Day trips
will be weekly
and will be with
with Donna &
Tara

The bottom section of the yellow box contains four small rectangular images arranged in a 2x2 grid. The top-left image shows a garden centre with various plants and a sign that says "Garden centre". The top-right image shows a beach with people and a sign that says "Beach". The bottom-left image shows a park with a large tree and a sign that says "Park". The bottom-right image shows a coffee shop with a sign that says "COFFEE SHOP".

LET'S
SUN
SHINE

A large, stylized sun with a smiling face and radiating lines, positioned to the right of the text "LET'S SUN SHINE".

HATS & SUN TAN
LOTION IS IN THE
GARDEN BOX

Five stylized trees of different shapes and colors (green, blue, and brown) are arranged in a row at the bottom of the box.

TUCK SHOP
EVERY TUESDAY &
SUNDAY AFTERNOON

PRINGLES 1.20
CHOCOLATE 1.30
DRINKS 1.00





Thank You FOR YOUR SUPPORT

Getting in Touch

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