

The Vale Newsletter

February 2023



*Welcome to The Vale's January Newsletter, we
hope you enjoy!*

What we got up to in January...

*Chris Gillard came to sing a selection of 50's
and 60's numbers*



*Working off the Christmas calories with
G Fitness*



A few activities staff and residents got up to....



In the spotlight this month...

Linimol Cheruvalliyil Joseph



*What people have said they like and admire about
Linimol....*

Very Supportive

Nothing is ever too much trouble

Has come really far, it's been great watching her confidence grow

Always has a smile on her face

She always makes me a lovely cuppa

Hardworking

Upcoming Events.....

2nd February - The right step dance school

6th February- G Fitness

7th February- Elvis Tribute

8th February - Chris Gillard Singer

11th February- Peter Kneebone

13th February - G Fitness

16th February- Keeley Turner Singer

17th February- SpecSavers

13th February - G Fitness

22nd February – Mario- The Magician

23 February- The right step dance school

23rd February – Elvis Tribute

23 February - The right step dance school

27th February- Keeley Turner Singer

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