# Hillbeck Newsletter

## August 2022

We hope you enjoy reading about all the exciting things that happen at Hillbeck and what we have coming up.





#### **Internal Activities**

We have a range of activities taking place every morning and afternoon... These include Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair Exercise's, Games and much more.

Peter Kneebone – 1<sup>st</sup> August
Elisha – 5<sup>th</sup> August
Kevin Walsh – 15<sup>th</sup> August
Morning Outing to Dobbies – 17<sup>th</sup> August
Afternoon Tea/Annie Riley – 19<sup>th</sup> August
Sarah Starkey – 22<sup>nd</sup> August
Holy Cross Service – 26<sup>th</sup> August

### Birthday's This Month

Kath –  $12^{th}$  August Esme –  $22^{nd}$  August Rose –  $27^{th}$  August Eileen –  $30^{th}$  August

## Quote of the Month

When you are caring for a person, remember that EVERYONE has memories & history.

Stories waiting to be told!

## Getting to know our staff

#### Employees of the month





Lisa Gemma

To all of the staff, thank you as always for all you do!

We can't do this without all the team.

#### Hillbeck News

We have had a packed out month of entertainment, all residents and staff had a good sing-a-long and a sneaky dance.

Jasmine came in and we had a beach party in the garden, staff and residents wore grass skirts and garlands.

We had Mock-tails in the sun and the residents loved joining in with the popular songs whilst relaxing at the beach party.

Kevin Walsh came in on the 4<sup>th</sup> July celebrations, Sarah Starkey, Rick Steele, Annie, Elisha, Jason and even Elvis was in the building to entertain us.

It is great to see the residents beam with smiles and joy once the music starts and the dancing begins.

The residents enjoyed completing puzzles, playing your cards right and many other activities throughout the month.

A few residents enjoyed the Oomph Trip out to Headcorn Tea rooms, coffee / Tea and cake had by all.

The hot weather has been exhausting for us all here at Hillbeck but we managed to stay cool with lots of fluids and ice lollies.



























