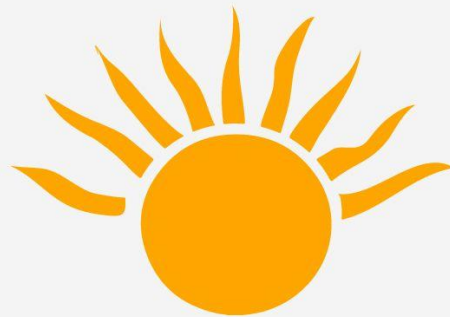


# The Oast



**AUGUST 2022**

# INSPIRATIONAL QUOTE



**Summer is singing with joy, and  
the beaches are inviting you with  
dancing waves.**

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**DEBASISH MRIDHA**

# WHAT HAVE WE BEEN UP TO THIS MOTH.....

THIS MONTH WE TRAVELLED TO THE COUNTRY SPAIN. RESIDENTS LEARNT LOTS OF WORDS AND PHRASES "BUENOS DISA. BUENAS TARDES" GOOD MORNING AND GOOD AFTERNOON. THEY HAD TAPAS TUESDAY WHERE THEY HAD POTATOES BRAVOS, GARLIC MUSHROOMS AND GARLIC BREAD WITH CHURROS FOR PUDDING. THEN FRIDAY THEY TRIED CHICKEN AND CHORIZO IN WHITE WINE SAUCE WITH BOOZY PINEAPPLE FOR PUDDING. THAT AFTERNOON WE HAD SINGER KEVIN WALSH IN WHERE HE TRIED HIS HAND AT A FEW SPANISH SONGS WHILST THE RESIDENTS DRANK SANGRIA. NEXT WE ARE OFF TO AUSTRALIA.

THIS MONTH WE HAVE HAD SINGERS SARAH IN AND RICKI STILL PLAYING HIS GUITAR.

WE HAVE HAD OUR OOMPH TRIP TO NOTCUTS. IT WAS MEANT TO BE CAPSTONE PARK BUT IT WAS TOO HOT FOR OUR RESIDENTS TO BE OUT IN SO WE CHOSE TO GO SOMEWHERE WITH SHADE. WE HAD A NICE SHOP AND BROUGHT BACK BIRD SEEDS TO FEED THE BIRDS AND HAD TEA AND CAKE IN THE CAFÉ.

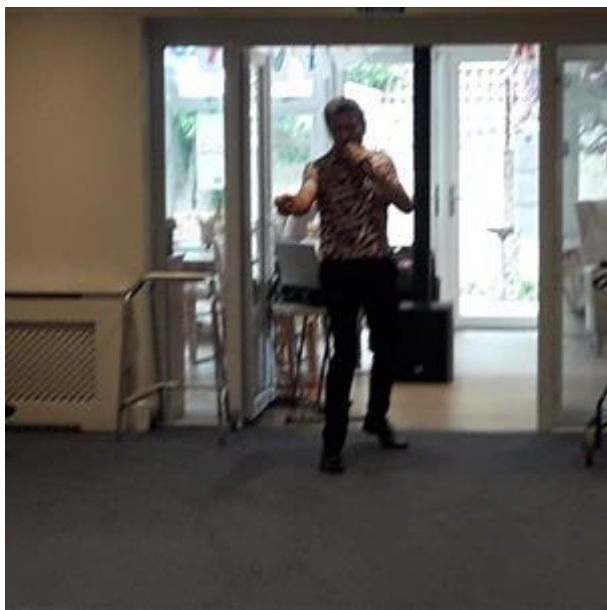
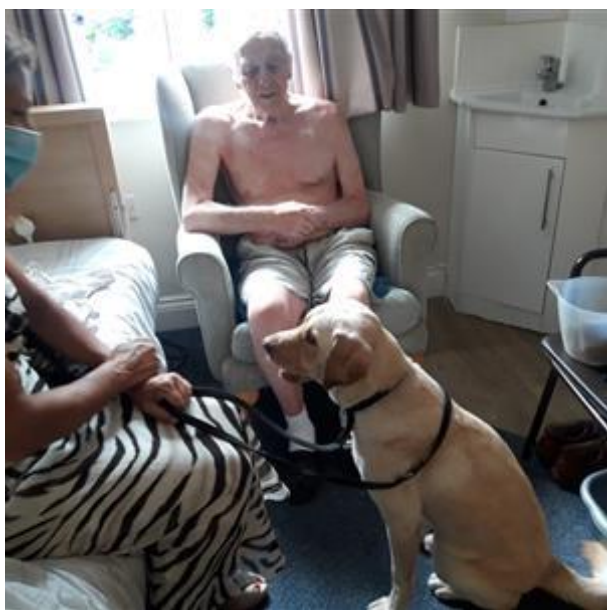
HUGO THE LABRADOR DOG HAS BEEN IN GIVING EVERYONE CUDDLES AND LETTING THEM STROKE HIM.

WE ARE BUSY PREPARING FOR OUR SUMMER FETE ON AUG 12TH PLEASE LET STEPH AND SARAH KNOW IF YOU ARE COMING. WE STILL NEED DONATIONS AND TABLES IF ANYONE CAN HELP.

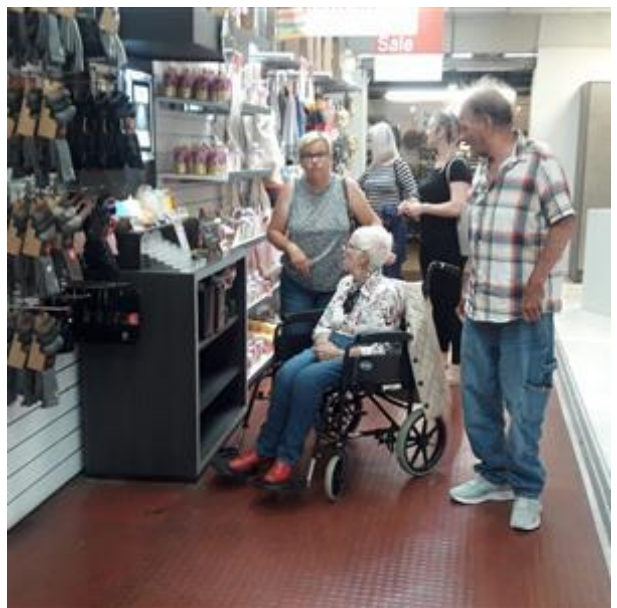
MID KENT COLLEGE DONATED A CARE PACKAGE TO OUR RESIDENTS CONSISTING OF SWEETS AND TREATS, GIFTS AND LOVELY MESSAGES. BIG SHOUT OUT TO THEM!

WE HAVE UMBRELLAS AND GAZEBOS UP IN THE GARDEN NOW FEEL FREE TO SIT OUT IN THE GARDEN WHEN YOU VISIT.

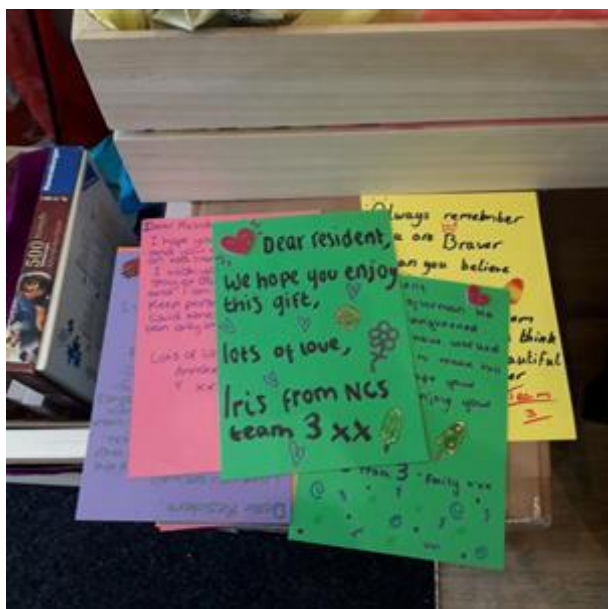
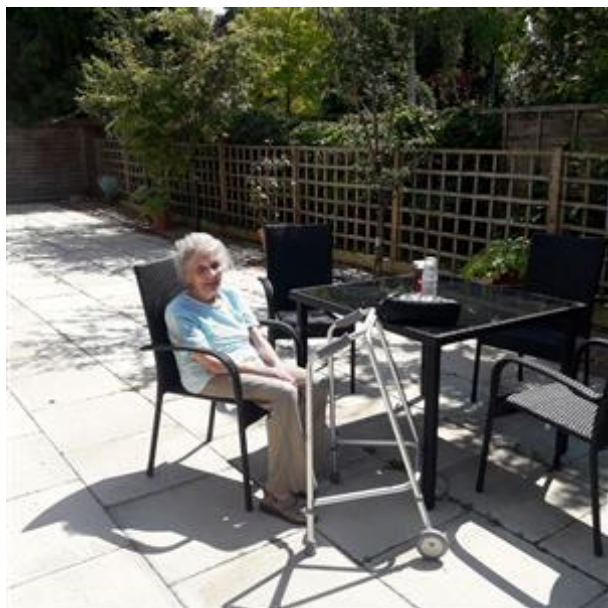
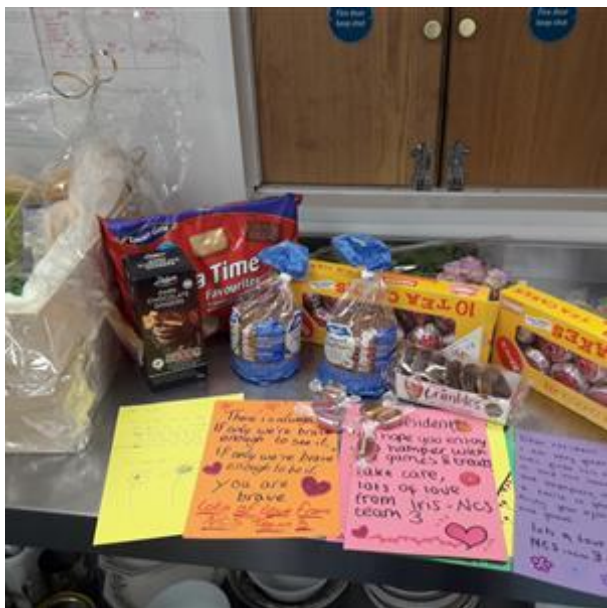














## **RESIDENT OF THE MONTH**

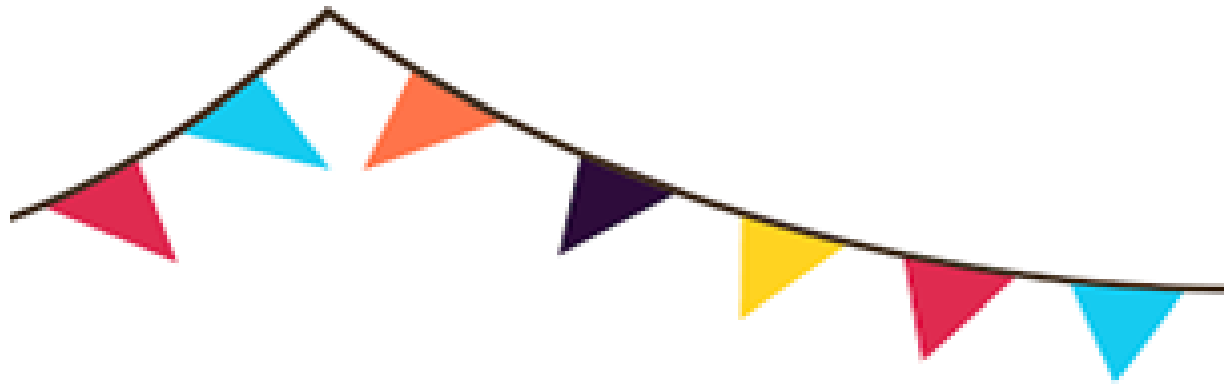
### **INTRODUCING TREVOR**



TREVOR IS A NEW RESIDENT HERE AT THE OAST AND A PLEASURE TO HAVE. HE SAYS “ I LIKE IT HERE AS I CAN COME AND GO AS I PLEASE. IF I WANT TO GO TO THE SHOP I CAN AND THE GIRLS HELP ME. IF I NEED A CIGARETTE I CAN. IT GIVES ME A SENSE OF FREEDOM AND THEY ENCOURAGE ME TO WALK AROUND. THE STAFF ARE GREAT , YOU CAN HAVE A LAUGH WITH THEM. I LIKE THAT”

TREVOR WAS IN THE ROYAL NAVY FOR MANY YEARS. HE WAS CHIEF FOR OVER 10 YEARS FOLLOWED BY A 2<sup>ND</sup> ASSISTANT MEDICAL STAFF. WHEN HE LEFT THE NAVY HE SAID “I WAS A JACK OF ALL TRADES” ELECTRICIAN, LORRY DRIVER, PLUMBER ETC.

“ I ENJOY IT HERE THE OAST IS 1000 TIMES THE BEST PLACE I HAVE BEEN TO”



YOU ARE INVITED TO  
THE OAST'S SUMMER  
FETE



IN THE GARDEN ON  
FRIDAY 12<sup>TH</sup> AUGUST  
FROM 1PM

